

VCHIP VDH COVID-19 Q&A Chat May 18, 2022

Disordered Eating Conference

Can you put the link for the eating disorder in the chat?

Registration link for Caring for Adolescents and YA with Disordered Eating:

https://vsc.zoom.us/webinar/register/WN_dcVxV4ivS_ie7lu4NKcpTA

Here is the flyer: http://contentmanager.med.uvm.edu/docs/ed_training_flyer_2022-5-23/vchip-documents/ed_training_flyer_2022-5-23.pdf?sfvrsn=a77ed08f_2

Thank you.

Infant Formula

Does anyone know - is there an actual difference between “toddler formula” and infant formula?

Stephanie Winters, Vermont Medical Society: Toddler formulas are not recommended for infants. However, if you absolutely have no other choice, toddler formula is safe for a few days for babies who are close to a year of age - <https://www.healthychildren.org/English/tips-tools/ask-the-pediatrician/Pages/are-there-shortages-of-infant-formula-due-to-COVID-19.aspx>

Thanks, Stephanie! I'll have to look up what the differences are. I always thought it was just a marketing thing.

Stephanie Winters, Vermont Medical Society: I wish I had more information on the actual difference - quick read is a difference in phosphorus, calcium and iron....

The saving grace for us has been our wonderful WIC nutritionist who so diligently responds to parents' concerns, our concerns, and is on a first name basis with the grocery store managers. Just yesterday, she brought a bag of 22 kcal preemie formula for a specific patient to be picked up that afternoon by family during an appointment. Wonderful collaboration. Get WIC in your office.

Breana Holmes, MD, VCHIP: Thank you so much for that feedback- I will share with WIC team!

Stephanie Winters, Vermont Medical Society: That is so wonderful to hear!! What a beautiful relationship and collaboration for the infants and families of Vermont!!!

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Boosters

Can we start scheduling patients for boosters?

Becca (Rebecca) Bell, MD, UVM Medical Center: ACIP meeting tomorrow.

Thanks.

Merideth Plumpton, RN, Vermont Department of Health: FDA approved but ACIP is meeting tomorrow. We need to wait for ACIP and CDC to give recommendations.

Becca (Rebecca) Bell, MD, UVM Medical Center: I will just add that we haven't had any unvaccinated children in the PICU with COVID this whole pandemic. So vaccination definitely key - especially for kids with obesity.

Becca, vaccinated or unvaccinated?

Becca (Rebecca) Bell, MD, UVM Medical Center: Vaccinated!

PAXLOVID™

Can we discuss PAXLOVID in children over 12 and 40 kg? In the list of high risk to progress to severe disease are ADHD, learning disabilities, birth defects, etc. Is there much information in giving it to this age group?

Becca (Rebecca) Bell, MD, UVM Medical Center: Thanks for asking this. I did not realize this. Maybe Ben can weigh in? I am wondering too about these indications. Hearing a lot about PAXLOVID rebound as well.

Benjamin Lee, MD, UVM Children's Hospital & Larner COM Dept. of Pediatrics: The CDC list of risk factors for people with disabilities qualifies this: Disabilities. People with some types of disabilities may be more likely to get very sick from COVID-19 because of underlying medical conditions, living in congregate settings, or systemic health and social inequities, including:

Benjamin Lee, MD, UVM Children's Hospital & Larner COM Dept. of Pediatrics: So the list should not be taken as a blanket statement, but to consider based on the patient's specific scenario. I would not consider a teenager with well-controlled ADHD to be at any higher risk.

Agreed with the well-controlled ADHD comment—clinical judgement around SI risk is needed in screening decisions.

Benjamin Lee, MD, UVM Children's Hospital & Larner COM Dept. of Pediatrics Sorry, my comment was in response to the PAXLOVID question.

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What patients should we really consider?

Becca (Rebecca) Bell, MD, UVM Medical Center: Great question. We will discuss this at the end of call.

Breana Holmes, MD, VCHIP add on: Ben Lee spoke of the complexities of the clinical decision-making around PAXLOVID on this call- for further information, consider listening to the recording. The primary algorithm is whether a pediatric patient meets CDC criteria and is sick enough to be near hospitalization- if so, try PAXLOVID (although pills cannot be crushed so route of administration is challenging for some children) Rebound symptoms after PAXLOVID treatment is a real phenomenon and can be problem.

Dr. Greta Spottswood, MD MPH Presentation on *Caring for Patients with Suicidality in Primary Care*

Becca (Rebecca) Bell, MD, UVM Medical Center: Firearm safe storage counseling VCHIP module:

https://www.med.uvm.edu/vchip/projects/injury_prevention

Becca (Rebecca) Bell, MD, UVM Medical Center: NEW AAP module on firearm safe storage counseling (free! MOC! & don't need to be AAP member) <https://shop.aap.org/safer-storing-firearms-prevents-harm/>

Breana Holmes, MD, VCHIP: That is so beautiful- Never Worry Alone.

One of my colleagues already used CPAP last week and had an incredibly positive experience! This is really an amazing addition to MH care in peds.

Can you repeat the email for the psych consult service please?

Greta Spottswood, MD, MPH (she/her): aquinn@chcb.org Annie Quinn is the fantastic administrative assistant who can get the paperwork to you to register your practice.