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**VERMONT GERIATRICS
CONFERENCE**

A p r i l 1 3 , 2 0 1 6

The Essex
Essex, Vermont



CONFERENCE DESCRIPTION

The eleventh annual Vermont Area Health Education Centers (AHEC) Geriatrics Conference will be a one-day symposium covering practical and innovative approaches to the medical care of older adults. Physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other health professionals with an interest in the care of older adults are encouraged to attend. This year's morning agenda focuses on interesting medical issues that are commonly addressed in primary care practice, including an emerging model of rehabilitation following diagnosis and treatment of cancer, common neurologic conditions in the elderly, infectious disease in the elderly, and behavior economics relevant for geriatrics. Updates regarding the relevance of PT/OT, geriatric audiology, and medication management in the elderly will be topics of afternoon concurrent sessions. The symposium will end with a panel discussion that will focus on Support and Services at Home (SASH) and its outcomes for improved health care. Participants will have the opportunity to choose two of three concurrent sessions. Ample time for discussion and questions has been built into the schedule.

Vermont AHEC improves access to primary care through its focus on workforce development; it is a partnership between the Northeastern Vermont AHEC, Champlain Valley AHEC, Southern Vermont AHEC, and the University of Vermont College of Medicine AHEC Program. AHEC believes that success in healthcare innovation, transformation, and reform depends upon an adequate supply and distribution of well-trained healthcare professionals.

LEARNING OBJECTIVES

- At the end of this conference, participants should be able to:
1. Discuss evaluation and appropriate interventions for neurologic and infectious disease conditions in the elderly.
 2. Describe behavioral economics as it relates to geriatrics.
 3. Discuss a rehabilitation model for cancer survivors.
 4. Explain concepts of medication management in the elderly.
 5. Describe the use of PT/OT in the elderly.
 6. Create good audiology practices using current information.

REGISTRATION

\$250 for physicians, \$175 for other health professionals and medical residents and \$75 for students. The fee includes the comprehensive course syllabus, continental breakfast, lunch and coffee breaks. Enrollment is limited; please register by April 1. An additional \$50 will be added after that date.

Refunds may be obtained, minus a \$50 administrative fee, if notice of cancellation is received by March 21, 2016. Refunds are not available after that date.

CONFERENCE LOCATION

The conference will be held at The Essex in Essex Junction, Vermont, located at 70 Essex Way.

FACULTY

KEYNOTE

Susan G. Lakoski, MD, MS

Associate Professor, Clinical Cancer Prevention & Cardiology Director, FIT-Heart Program, Cancer Prevention Center The University of Texas MD Anderson Cancer Center Houston, TX

Eric Y. Chang, MD
SASH Medical Fellow

Robin D. Edelman, MS, RD, CDE
Health Systems Program Administrator
Vermont Department of Health

Kristi M. Poehlmann, RN
SASH Health Systems Educator

**UNIVERSITY OF VERMONT/
UVM MEDICAL CENTER FACULTY**

Elizabeth J. Adams, AuD, CCC-A
Clinical Professor, Communication Sciences and Disorders
Audiologist, Eleanor M. Luse Center for Communication

Christopher J. Grace, MD
Professor, Medicine
Division Chief, Infectious Disease Clinic

Nicola P. Hawko, OTR/L
Outpatient Clinical Lead

E. Rosy Hill, MD
Assistant Professor, Medicine
Medical Director, Green Mountain Nursing Home

Virginia L. Hood, MBBS, MPH, MACP
Professor, Medicine

Christopher A. Jones, DPhil
Assistant Professor, Surgery and Economics
Director, Global Health Economics Unit
Office of Clinical & Translational Science

Isaura B. Menzies, MD, MPH
Assistant Professor, Medicine
Medical Director, Starr Farm Nursing Center

William W. Pendlebury, MD
COURSE DIRECTOR
Professor Emeritus, Pathology, Neurological
Sciences & Medicine
Director, UVM Center on Aging
Medical Director, UVM Medical Center Memory Program

Catherine F. Shearer, MPA, PT, GCS
Therapy Research Educator
Geriatric Clinical Specialist

Rup Tandan, MD, FRCP
Professor, Neurological Sciences
Director, Neuromuscular Program &
ALS Center of Excellence

SCHEDULE

REGISTRATION FORM
Vermont Geriatrics Conference - April 13, 2016

- 7:30 AM Registration & Continental Breakfast
- 8:00 Welcome & Introduction
William Pendlebury, MD
- 8:05 KEYNOTE
Healthy Aging for Cancer Survivors:
A Primary Care Update
Susan Lakoski, MD, MS
- 9:05 Common Neuromuscular Disorders
in the Aging Population
Rup Tandan, MD, FRCP
- 10:05 Break and Exhibits
- 10:20 Infectious Diseases in Geriatrics
Christopher Grace, MD
- 11:20 Rewards, Incentives and Applied
Behavioral Economics
Christopher Jones, DPhil
- 12:20 PM Lunch (provided)
- 1:20 Concurrent Breakout Session I
1. PT/OT and the Geriatric Patient
Nicola Hawko, OTR/L
Catherine Shearer, MPA, PT, GCS
2. What Every Health Professional Should
Know about Hearing Loss in Older Adults
Elizabeth Adams, AuD, CCC-A
3. Medication Management in the Elderly
Rosy Hill, MD
Isaura Menzies, MD, MPH
- 2:25 Concurrent Breakout Session II
1. PT/OT and the Geriatric Patient
Nicola Hawko, OTR/L
Catherine Shearer, MPA, PT, GCS
2. What Every Health Professional Should
Know about Hearing Loss in Older Adults
Elizabeth Adams, AuD, CCC-A
3. Medication Management in the Elderly
Rosy Hill, MD
Isaura Menzies, MD, MPH

- 3:25 Break and Exhibits
- 3:45 Panel:
Hypertension Management:
Housing as a Platform for Change
Eric Chang, MD
Robin Edelman, MS, RD, CDE
Virginia Hood, MBBS, MPH, MACP
Kristi Poehlmann, RN
- 5:00 Conference Adjourns

Course #16-801-64

ACCREDITATION

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians.
Determination of credit is pending.

This program has been reviewed and is acceptable for up to 7.25 Nursing Contact Hours.

The University of Vermont-Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Credit is pending for the following providers: Nursing Home Administrator, Pharmacy, Physical Therapy, Psychology and Social Work.

Determination of Pharmacotherapeutic Credit is pending.

Name (As you would like it to appear on name tag & CME Certificate)

Degree: MD DO ND PA NP RN PhD
 Other (please specify)

Your Worksite

Address

City State Zip

Phone Specialty

Email Address

Initials Last 4 digits of SSN (for CME tracking purposes)

Breakout Sessions: Registrants will attend two of three breakout sessions offered. Please rank order your preferences from 1 (most) to 3 (least desirable). There is limited enrollment in each session. Based on receipt of registration, every effort will be made to provide you with your preferred sessions.

PT/OT

Hearing Loss

Medication Management

Registration Fee Summary

- \$250 Physicians
 \$175 Other Health Professionals and Residents
 \$75 Students
 Add \$50 after April 1, 2016

Payment Method

- To pay by credit card, please visit us on-line at:
www.uvm.edu/medicine/cme

- To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT 05401

Phone: (802) 656-2292 **Fax:** (802) 656-1925
Online: www.uvm.edu/medicine/cme

Registration requested by April 1, 2016

Required for program's grant funding; information will be reported in aggregate.

- Gender: Female
 Male
 Prefer Not to Answer

- Age: <20 Years
 20-29 Years
 30-39 Years
 40-49 Years
 50-59 Years
 60 or older
 Prefer Not to Answer

- Ethnicity: Hispanic or Latino
 Not Hispanic or Latino
 Prefer Not to Answer

- Race: African American
 American Indian/Alaskan Native
 Asian
 Native Hawaiian or Pacific Islander
 White
 More Than One Race
 Prefer Not to Answer

- Worksite Info: Academic Institution
 Community Mental Health
 Federally Designated Practice (FQHC/CHC/RHC)
 Government
 Hospital-Owned Practice
 Private Practice
 Public Health
 School-Based Practice
 Other (Please specify)

Please select one option that BEST applies to your position:

- Advocacy
 Health Care Administration
 Health Care Delivery
 Health Care Policy
 Health Promotion/Education
 Mental Health/Substance Abuse
 Outreach
 Primary Care
 Public/Community Health
 Student
 Other (Please specify)