

## TRANSFORMING PRIMARY CARE & BEHAVIORAL HEALTH

October 20-21, 2016

The Essex, Essex Junction, Vermont

### **OPTIONAL TWO-PART WORKSHOP: THURSDAY, October 20** **Staying Ahead of Integration: It's the Process Not the Provider**

#### **Workshop Description**

The goal of behavioral health integration in primary care is the seamless delivery of medical, behavioral, mental health and substance misuse care with well-functioning clinical, operational and financial processes that produce Triple Aim outcomes. Significant planning, design and implementation efforts are needed to integrate these primary care services. Integration efforts (sometimes called Collaborative Care) have lacked such initial and ongoing attention.

This workshop is offered to primary practice teams who want to define their current state of integration and lay out the steps to integration as identified in the Behavioral Health Integration Toolkit. The outcome of this workshop will be a detailed plan to support an integration project within the practice. Attendees may opt to attend only workshop Part One or attend both Part One and Part Two. **(Please note: you must attend Part One in order to attend Part Two.)**

Rodger Kessler, PhD, ABPP, Connie van Eeghen, DrPH, Sarah Scholle, DrPH, MPH, Dale Stafford MD and Candace Collins, MS-MIT will lead practice teams consisting of at least one primary care provider, at least one clinical staff member of the practice (nurse or rooming staff), and a behavioral health clinician who is working, or plans to work, in the practice. Other practice members can be included as appropriate. Team members can expect to work through the initial steps in the toolkit to tailor a plan to implement in their practice setting. In addition to planning, we will discuss the potential for ongoing consultation.

**Workshop Attendees: (Note: Preparatory work will be requested prior to attending workshop. You will receive a notification via email that the materials will be available for downloading once registration for workshop is received. Please download and complete the preparatory work and bring with you to the workshop.)**

Three attendees from each practice is recommended (if only two from a practice attending, please contact the UVM CME Office at 802-656-2292 with questions): **Enrollment is limited, register early!**

#### **Part One ONLY:**

Physicians - \$75; Other Healthcare Professionals - \$50

#### **Part One & Part Two: (Register a group of 3 from the same practice, receive \$100 discount off the group total.)**

Physicians - \$150; Other Healthcare Professionals \$100

- Primary Care Provider
- Clinical Staff Member of the Practice (nurse or rooming staff)
- Behavioral Health Clinician

#### **Workshop Objectives Part One:**

- Assess the current degree of integration of the practice.
- Identify the opportunity for further integration within the practice.
- Define the prerequisites for increasing integration in the practice.
- Identify a plan for initiating a team-based project to increase integration.

#### **Workshop Objectives Part Two:**

- Identify tactics for increasing integration in the practice.
- Identify tools for team development.
- Describe the current process of care and its challenges.