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The University of Vermont
CONTINUING MEDICAL EDUCATION
128 Lakeside Avenue, Suite 100
Burlington, Vermont 05401

**Annual Update on
Women's Health
Conference
September 7-9, 2016**

**DoubleTree Hotel
South Burlington, VT**

University of Vermont College of Medicine
presents

Annual Update on Women's Health Conference



**Concurrent Workshops!
September 7-9, 2016
DoubleTree Hotel
South Burlington, Vermont**

This conference includes 1 credit in Prescribing Controlled Substances.

Course Description

The breadth and complexity of issues surrounding women's healthcare makes it increasingly difficult for healthcare professionals to remain current. Guidelines and recommendations for routine care in pregnancy, adulthood, menopause and beyond are constantly being updated. The goal of this conference is to incorporate several important healthcare issues from various specialties and illustrate how they uniquely impact women.

This conference is designed to bring together experts from a variety of disciplines to discuss advances in women's healthcare in one concise meeting. Workshops have been added to facilitate greater participation and interaction among attendees. This conference is intended for physicians, advance practice providers, midwives, nurses, students and other allied healthcare professionals who provide care for women.



Course Objectives

- At the conclusion of this conference, participants should be able to:
- * Review up-to-date management of abnormal vaginal bleeding, diabetes in pregnancy, hyperlipidemia, opiate addiction treatment in pregnancy, pelvic organ prolapse, fibromyalgia and more.
 - * Describe health issues specific to women including ovarian cancer, non-contraceptive benefits of contraception, weight loss surgery, pelvic congestion syndrome, thyroid disease in pregnancy, common non-cancerous vulvar conditions, helping women succeed at breastfeeding and vitamin supplementation.
 - * Participate in workshops on health benefits of prenatal and postnatal yoga, RUDs and endometrial biopsies, human trafficking, infertility, office management of first trimester miscarriage, and eating disorders.

Workshops

Participants will be able to choose two workshops - 1 from 3 choices given concurrently over 2 sessions. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices.

Registration

Tuition: \$450 Physicians (postmarked by August 4)
\$350 Other Health Professionals (postmarked by August 4)

The course fee includes tuition, comprehensive course syllabus via electronic file transfer, continental breakfasts, coffee breaks and lunch on Thursday for registrants.

Refunds: Refunds, minus an administrative fee of \$75, will be made only if notice of cancellation is received in writing by **August 15, 2016. Refunds are not possible after that date.**

Course Director

Anya S. Kourtas, MD, FAAP, IBCLC
Associate Professor, Family Medicine
University of Vermont College of Medicine

Guest Faculty

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|---|---|
| <p>Seda Ebrahimi, PhD
Cambridge Eating Disorder Center
Cambridge, MA</p> <p>Susan Chase Lacey, E-RYT, RPTY, BCYT, CD, CCE
Evolution Prenatal & Family Yoga Center
Burlington, VT</p> <p>Christine A. Murray, MD
Northeastern Reproductive Medicine, PLLC
Colchester, VT</p> | <p>Linda Prime, MD
Professor, Family Medicine & Community Health
Mount Sinai School of Medicine
Medical Director, Reproductive Health Access Project
The Institute for Family Health
New York, NY</p> <p>Kelley A. Saiz, MD
Assistant Professor, Obstetrics & Gynecology
Boston University School of Medicine
Diplomate of the American Board of Addiction Medicine
Director, Project RESPECT: Substance Use Disorder Treatment in Pregnancy
Boston Medical Center
Boston, MA</p> |
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University of Vermont/UVM Medical Center Faculty

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| <p>Julie E. Adams, MD
Associate Professor, Vascular Surgery
Program Director, General Surgery Residency</p> <p>Giselle D'Erigo, PharmD, BCACP
Assistant Professor, Pharmacy
Albany College of Pharmacy and Health Sciences
Pharmacist Clinician</p> <p>Rachel R. DSanto, MD
Clinical Assistant Professor
Family Medicine, UVM
Medical Co-Director, North Country Hospital Primary Care</p> <p>Elise N. Everett, MD
Associate Professor, Gynecologic Oncology, Obstetrics & Gynecology</p> <p>Patrick M. Forgione, MD, FACS
Associate Professor, Surgery
Director, Surgical Simulation</p> <p>Matthew P. Gilbert, DQ, MPH
Associate Professor, Medicine
Department of Endocrinology
Program Director, Fellowship in Endocrinology and Diabetes</p> <p>Seth P. Harlow, MD
Associate Professor, Surgery
Division Chief, Surgical Oncology</p> <p>Sarah E. Hudson, MD
Assistant Professor, Family Medicine</p> <p>Friederike K. Keating, MD
Associate Professor, Medicine
Division of Cardiology
Director, Nuclear Cardiology and Stress Laboratory
Program Director, Cardiovascular Fellowship</p> | <p>Clara M. Keegan, MD
Assistant Professor, Family Medicine</p> <p>Chi Chi Lapp, MD
Associate Professor, Rheumatology & Immunology</p> <p>Katherine M. Mariani, MD
Assistant Professor, Family Medicine
Medical Director, South Burlington Family Medicine</p> <p>Tracey S. Maurer, MD
Assistant Professor, Obstetrics & Co-Medical Director, Vulvovaginitis Clinic</p> <p>Laura F. McGeeva, MD
Assistant Professor, Medicine
Division of Dermatology</p> <p>Cate Nicholas, MS, PA, EdD
Assistant Professor, Family Medicine
Director, Simulation Education and Clinical Simulation Laboratory</p> <p>Julie K. Phillips, MD
Assistant Professor, Maternal Fetal Medicine, Obstetrics & Gynecology</p> <p>Rebecca M. Shaffer, MD
Assistant Professor, Obstetrics, Gynecology & Reproductive Sciences</p> <p>Elinabeth K. Wegner, MD
Associate Professor, Obstetrics, Gynecology & Reproductive Sciences
Generalist Division Director
Director, Gynecologic Ultrasound</p> |
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Wednesday, September 7

11:30am	Registration/Exhibits
12:00pm	Welcome Anya Koutras, MD, FAAFP, IBCLC
12:15	Side Effects Can Be a Bonus! Benefits of Contraceptives Beyond Pregnancy Prevention Katherine Mariani, MD
1:00	Diabetes in Pregnancy Julie Phillips, MD
1:45	Abnormal Vaginal Bleeding Elisabeth Wegner, MD
2:30	Break/Exhibits
3:00	Hypertension and Hyperlipidemia Management in Premenopausal Women Friederike Keating, MD
3:45	Treating Opioid Use Disorder in Pregnancy Kelley Sata, MD This talk has been approved for 1 credit in Prescribing Controlled Substances.
4:45	Weight Loss Surgery in Women Patrick Forgione, MD, FACS
5:30	Adjourn

Thursday, September 8

7:30am	Continental Breakfast/Exhibits
8:00	Welcome Anya Koutras, MD, FAAFP, IBCLC
8:15	Ovarian Cancer: Top 25 Questions Asked by Patients Elise Everett, MD
9:00	Common Dermatologic Concerns in Women Laura McGevna, MD
9:45	Pelvic Organ Prolapse Rebecca Shaffer, MD
10:30	Break/Exhibits
11:00	Breast Cancer Screening Guidelines Seth Harlow, MD
11:45	Fibromyalgia in Women Chi Chi Lau, MD
12:30pm	Lunch (provided)

1:15 Exhibits/Free Time

Workshops - Participants will select one from each session (Indicate Selections on Registration Form)

1:45	Concurrent Session I: Human Trafficking Rachel DiSanto, MD and Cate Nicholas, MS, PA, EdD Understanding Eating Disorders Seda Ebrahimi, PhD Office Management of First Trimester Miscarriage Linda Price, MD
3:15	Break/Exhibits
3:30	Concurrent Session II: Prenatal and Postnatal Yoga: Benefits and Practice Susan Cline Lucey, E-RYT, RPTY, RCYT, CD, CCE IUDs and Endometrial Biopsies Sarah Hudson, MD and Clara Keegan, MD Update on Infertility Management Christine Murray, MD
5:00	Adjourn

Friday, September 9

7:30am	Continental Breakfast/Exhibits
8:15	Thyroid Disease in Pregnancy Matthew Gilbert, DO, MPH
9:00	Pelvic Congestion Syndrome Julie Adams, MD
9:45	Helping Patients Succeed with Breastfeeding Anya Koutras, MD, FAAFP, IBCLC
10:30	Break, Exhibits and Hotel CheckOut
11:00	Common Non-Cancerous Vulvar Conditions Tracey Maurer, MD
11:45	Vitamin Supplementation in Women Giselle DEpiro, PharmD, BCACP
12:30pm	Conference Adjourns

Accreditation

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Vermont College of Medicine designates this live activity for a maximum of **15.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Request for assignment of ACOG Cognate Credits is pending.

This program has been reviewed and is acceptable for up to 15.25 Nursing Contact Hours.

The University of Vermont-Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation.

Conference Location

The conference will be held at the DoubleTree Hotel in South Burlington, VT. Take Exit 14E from I89. Merge onto Williston Road. The hotel will be just past Dorset Street on the right.

A limited number of rooms with reduced rates has been reserved for conference registrants at the DoubleTree. Please make your hotel reservations directly with the hotel (802-658-0250) prior to August 8 and indicate your participation in this conference to receive special rates (\$143 single - quad occupancy per room, per night). Rooms rates cannot be guaranteed after August 8, 2016.



Conference Syllabus

(Electronic Download/Printed Syllabus)

Please indicate on the registration panel if you wish to receive the conference syllabus as an Electronic Download with presentations as PDF files (no charge); or for an additional \$15, receive a traditional syllabus binder with printed handouts, six slides to a page. Should you choose the Electronic Version of the conference syllabus, please bring your laptop or electronic device to view the presentations. There will not be extra copies of the printed syllabus available.

Course #17-801-47

REGISTRATION FORM - Women's Health

On Line: www.uvm.edu/medicine/cme

Name (As you would like it to appear on Nametag & Certificate) _____
Degree: MD DO PA NP RN Other _____
Address _____
City _____ State _____ Zip _____
Phone _____ Specialty _____
Email _____

Registration Fees:

- _____ \$450 Physicians
- _____ \$350 Other Health Professionals
- _____ \$150 Residents (Verification by Program Director Required)
- _____ Electronic Download of Syllabus - no charge
- _____ \$15 Optional - CP/Printed Syllabus
- _____ Late Fee: Add \$75 if postmarked after August 4, 2016
- _____ \$ Total Due

Workshop Interest

Please rank order your workshop preferences from 1 (most) to 3 (least desirable) in each session. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. Workshop assignments will be made in order of registration receipt.

Session I (1:45 - 3:15) Session II (3:30 - 5:00)

- _____ Human Trafficking _____ Yoga: Benefits and Practice
- _____ Eating Disorders _____ IUDS/Biopsies
- _____ 1st Trimester Miscarriage Mgt. _____ Infertility Mgt.

Please check if you would like AAFP credits: Yes No

Payment Method

- To pay by credit card, please register on-line by visiting our website at www.uvm.edu/medicine/cme and select the "Annual Update on Women's Health Conference".
- To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100, Burlington, VT 05401
Phone: (802) 656-2292 Fax: (802) 656-1925