COURSE DESCRIPTION
This is the eleventh meeting of this highly acclaimed conference which previous attendees have praised for its quality and usefulness. This year’s conference will feature lectures on a broad variety of topics from a clinical and public health perspective.

AUDIENCE
Pediatricians, Family Medicine Physicians, Nurses and Other Primary Care Providers, Mental Health Professionals, Educators, and Social Workers.

OBJECTIVES
The objective of this conference is to equip primary care clinicians and other professionals with updated knowledge on issues related to child mental health and to provide practical and updated strategies for the assessment and treatment of many of the most common childhood psychiatric conditions and problems. Specific topics to be addressed at this year’s conference include stealing, distinguishing ADHD from anxiety, using technology in mental health treatment, and “deprescribing” psychiatric medications.

Emphasis will focus on incorporating strategies within the practical confines of a busy outpatient setting. Treatment options, both pharmacological and non-pharmacological, will be presented. There will also be opportunities for small group discussion of your specific clinical questions.

At the end of the conference, participants should be able to:
1. Recognize when a patient’s psychiatric medications could be tapered and how to do it.
2. Describe a clinical approach to a child who steals.
3. Identify specific questions to help make the differential diagnosis between ADHD and Anxiety Disorders.

REGISTRATION & CANCELLATION
All course materials, continental breakfast and coffee breaks are included. Refunds, less a $75 administrative fee, are available if cancellation is made prior to April 5, 2017. No refunds are possible after that date.
PROGRAM SCHEDULE

7:30am Registration and Continental Breakfast
8:15 Opening Comments
  David Retzew, MD
8:30 What’s Hot in Child Psychiatry
  James Hudziak, MD
9:15 Approach to Stealing
  Allison Hall, MD
10:00 Childhood Adversity: The Neuroscience of Risk and Resilience
  Robert Althoff, MD, PhD
10:45 Break
11:00 Principles of ‘Deprescribing’
  David Retzew, MD
11:45 Lunch (on own)
1:00pm Panel Discussion for Clinical Questions
  David Retzew, MD
  Sarah Guth, MD
  Robert Althoff, MD, PhD
  Allison Hall, MD
  Stephanie Bless, FNP-BC
1:30 No Tags: Helping Children with Tactile Hypersensitivities
  Andrew Rosenfeld, MD
1:45 Break
2:00 Adolescent Substance Abuse
  Maya Strange, MD
2:30 Happy, Healthy Kids: Is There An App For That?
  Christopher Archangeli, MD
3:00 Break
3:15 Breakout Session A
  A. Psychiatric Treatment in Pregnancy: A Case-Based Review
     Sarah Guth, MD
  B. ADHD or Anxiety? Working Through A Common Question in Primary Care
     David Retzw, MD
3:45 Breakout Session B
  A. Psychiatric Treatment in Pregnancy: A Case-Based Review
     Sarah Guth, MD
  B. ADHD or Anxiety? Working Through A Common Question in Primary Care
     David Retzew, MD
  C. Meditation/Mindfulness: Evidence and Integration into Practice
     Andrew Rosenfeld, MD
     Stephanie Bless, FNP-BC
4:00 Break
4:15 Breakout Session A
  A. Psychiatric Treatment in Pregnancy: A Case-Based Review
     Sarah Guth, MD
  B. ADHD or Anxiety? Working Through A Common Question in Primary Care
     David Retzew, MD
  C. Meditation/Mindfulness: Evidence and Integration into Practice
     Andrew Rosenfeld, MD
     Stephanie Bless, FNP-BC
5:00 Conference Adjourns

ACCREDITATION

The Robert Larner College of Medicine at The University of Vermont is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCMCE), to provide continuing medical education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Credit applications for Social Work, Psychology and Mental Health are pending approval.

This program has been reviewed and is acceptable for up to 6.5 Nursing Contact Hours.

CONFERENCE LOCATION

The conference will be held at the Hampton Inn in Colchester, VT.

Take Exit 16 from I-89 and turn north on Route 7. Turn right onto Lower Mountain View Drive.

A limited number of rooms with reduced rates has been reserved for conference registrants at the Hampton Inn. Please make your hotel reservations directly with the hotel (802-655-6177) prior to April 7th and indicate your participation in this conference to receive special rates ($119 single - quad occupancy per room, per night). Rooms cannot be guaranteed after April 7, 2017.

NEW THIS YEAR! ELECTRONIC VERSION OR FLASH DRIVE

The conference syllabus will be available as an electronic download with presentations as PDF files (included with your registration fee); or on a Flash Drive with presentations as PDF files ($15 extra charge). Please plan to bring your laptop or electronic device with you to the conference to view both the conference material as well as to complete the online conference evaluations via the UVM CME credit system. You will receive an email notification (via the email you used to register for this conference) about a week prior to the conference on how to access the presentations that will be available for downloading. Please note: printed syllabus, paper copies of evaluations and paper CME certificates will no longer be provided.

To pay by credit card, please register on-line by visiting our website at www.med.uvm.edu/cme and select the "Child Psychiatry Conference."

To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to:

Mail to: UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT 05401
Phone: (802) 656-2292 Fax: (802) 656-1925

REGISTRATION FORM - Child Psychiatry

Name: ____________________________
Degree: ______ MD _____ DO _____ ND _____ FA _____ FNP _____ PA _____ RVN _____ Other
Address: ___________________________
City: ____________________________ State: ______ Zip: __________
Phone: ______ Area Code: __________
Email: __________________________
Specialty: ________________________

Contact Hours. This program has been reviewed and is acceptable for up to 6.5 Nursing Contact Hours.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

NEW THIS YEAR! Syllabus Options (Choose only one)

1. Receive syllabus Electronically and will bring my electronic device (no charge)
2. Receive syllabus on a Flash Drive and will bring my electronic device - $15

Late Fee: After April 5, 2017 - Add: $50

$ ______ TOTAL DUE

Payment Method

1. To pay by credit card, please register on-line by visiting our website at www.med.uvm.edu/cme and select the "Child Psychiatry Conference."

2. To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to:

Mail to: UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT 05401
Phone: (802) 656-2292 Fax: (802) 656-1925

Course #17-801-57