Course Description

Please join us for this 23rd annual conference! This conference will provide anesthesiologists, nurse anesthetists, and anyone with an interest in the field of anesthesia with practical reviews and timely, informative clinical updates on a variety of topics of current interest. Participants will be able to identify and discuss recent developments and trends through comprehensive didactic sessions. Faculty includes recognized experts in their fields, both on a national level and from the University of Vermont. The atmosphere will be friendly and informal and there will be ample time for questions and discussion with faculty and colleagues.

Course Objectives

- Describe the indications for blood component transfusion.
- Discuss the role for new anticoagulant reversal alternatives.
- Describe the impact of morbid obesity on obstetric and anesthetic outcomes.
- Discuss ultrasound evaluation of fluid responsiveness.
- Describe ultrasound-guided methods for central venous catheter placement.
- Describe the origins of “pain as the fifth vital sign” and its unintended consequences on public health.
- Discuss common controversies and topics of discussion between surgeons and anesthesiologists.
- Recognize the signs and symptoms of fatigue and burnout and develop strategies to mitigate the development of burnout.
- Describe the components of enhanced recovery including multimodal analgesia.
- Discuss data surrounding opioid prescription for post-operative pain in opioid naïve patients.
- Discuss the different constraints for NORA case management relative to OR case management.

Accreditation

In support of improving patient care, The Robert Larner, M.D. College of Medicine at the University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 17 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been reviewed and is acceptable for up to 17 Nursing Contact Hours.

MOCA 2.0® credit will be offered after successful completion of the evaluation component for an additional fee of $25.

This conference includes 3 credits in Prescribing Controlled Substances and 1 credit in Hospice, Palliative Care, Pain Management.

Credit for other providers is pending.
Course Directors

J. Matthew Fisher, MD  
Assistant Professor, Anesthesiology  
The Robert Larner, M.D. College of Medicine at  
The University of Vermont

Robert K. Williams, MD  
Professor, Anesthesiology & Pediatrics  
The Robert Larner, M.D. College of Medicine at  
The University of Vermont

Guest Faculty

Simon C. Hillier, MD  
Professor, Anesthesiology & Pediatrics  
Geisel School of Medicine at Dartmouth  
Pediatric Anesthesiologist  
Dartmouth-Hitchcock Medical Center  
Lebanon, NH

Mark A. Levine, MD  
State of Vermont  
Commissioner of Health  
Professor, Medicine  
The Robert Larner, M.D. College of Medicine at  
The University of Vermont

Stephen D. Surgenor, MD  
Professor, Anesthesiology  
Geisel School of Medicine at Dartmouth  
Dartmouth-Hitchcock Medical Center  
Lebanon, NH

Andreas H. Taenzer, MD, MS  
Associate Professor, Anesthesiology & Pediatrics  
The Dartmouth Institute for Health Policy and Clinical Practice  
Geisel School of Medicine at Dartmouth  
Director, CHaD PainFree Program  
Dartmouth-Hitchcock Medical Center  
Lebanon, NH

Christopher A. Yen, MD  
Assistant Professor, Anesthesiology  
Geisel School of Medicine at Dartmouth  
Anesthesiologist, Intensivist  
Section Chief, Critical Care Medicine  
Dartmouth-Hitchcock Medical Center  
Lebanon, NH

The Robert Larner, M.D. College of Medicine at the University of Vermont/University of Vermont Medical Center Faculty

Kevin R. Abnet, MD  
Associate Professor, Anesthesiology

Melissa A. Covington, MD  
Assistant Professor, Anesthesiology  
Program Director, Pain Medicine Fellowship

C. Matthew Kinsey, MD, MPH  
Assistant Professor, Pulmonary & Critical Care Medicine  
Director, Interventional Pulmonary

Bridget M. Marroquin, MD  
Assistant Professor, Anesthesiology

Donald M. Mathews, MD  
Professor and Chair, Anesthesiology  
Anesthesiology Healthcare Service Leader

William C. Paganelli, MD, PhD  
Associate Professor, Anesthesiology  
Director, Anesthesia Informatics

Carlos A. Pino, MD  
Associate Professor, Anesthesiology  
Director, Center for Pain Medicine

Mitchell H. Tsai, MD, MMM  
Associate Professor, Anesthesiology, Orthopaedics and Rehabilitation (by courtesy), and Surgery (by courtesy)

Christopher M. Viscomi, MD  
Associate Professor, Anesthesiology  
Associate Editor, Journal of Regional Anesthesia and Pain Medicine

Ralph W. Yarnell, MD  
Associate Professor, Anesthesiology
Register Early!

Vermont Perspectives in Anesthesia

March 7-11, 2018
Stowe, Vermont
This conference includes 3 credits in Prescribing Controlled Substances and 1 credit in Hospice, Palliative Care, Pain Management.
Wednesday, March 7
4:00-7:00PM  Conference Registration

Thursday, March 8
6:30AM  Continental Breakfast and Exhibits
7:00  Introductory Remarks
Drs. Fisher and Williams
7:15  Transfusion Therapy: Optimal Use of Blood Products
Stephen Surgenor, MD
8:15  Obstetric Anesthesiology: The Triple Threat
Bridget Marroquin, MD
9:15  What Can Your Anesthesia Information System Do for You?
William Paganelli, MD, PhD
10:15  Recess
4:00PM  Refreshments and Exhibits
4:30  HOCUS POCUS —Point Of Care Ultrasound-Guided Resuscitation
Christopher Yen, MD
5:30  Pain Monitors: Science or Science Fiction?
Donald Mathews, MD
6:30  Adjourn

Friday, March 9
6:30AM  Continental Breakfast and Exhibits
7:00  Hips and Knees - What is Best Practice?
Simon Hillier, MD
8:00  Pain as the Fifth Vital Sign: The Making of a Public Health Disaster
Christopher Viscomi, MD
This talk has been approved for 1 credit in Prescribing Controlled Substances.
9:00  Stuff Surgeons Say
Andreas Taenzer, MD
10:00  Recess
4:00PM  Refreshments and Exhibits
4:30  Airway Disasters
Matthew Kinsey, MD
5:30  Fatigue and Burnout: It’s All Around Us
Ralph Yarnell, MD
6:30  Adjourn
Saturday, March 10

6:30AM       Continental Breakfast and Exhibits
7:00          Enhanced Recovery 2018: What You Need to Know
              Christopher Viscomi, MD
8:00          Postoperative Prescribing of Opioids - What Should Be the
              Role of the Anesthesiologist?
              Carlos Pino, MD
              This talk has been approved for 1 credit in Prescribing Controlled Substances.
9:00          When the Right Goes Wrong
              Kevin Abnet, MD
10:00         Recess
4:00PM        Refreshments and Exhibits
4:30          The Olga Torbin Memorial Lectureship:
              Presented by the Senior Anesthesia Resident Winner of
              Best Grand Rounds 2017-2018
5:30          The 23rd Annual Johns’ Fund Lectureship
              Vermont’s Response to the Opioid Crisis
              Mark Levine, MD
              This talk has been approved for 1 credit in Prescribing Controlled Substances.
6:30          Reception (Families Welcome)

Sunday, March 11

7:30AM        Continental Breakfast and Exhibits
8:00          NORA: Where No One Can Hear You Scream
              Mitchell Tsai, MD
9:00          The Challenge of Perioperative Pain Management in
              Buprenorphine Patients
              Melissa Covington, MD
              This talk has been approved for 1 credit in Hospice, Palliative Care,
              Pain Management.
10:00         Conference Adjourns
Hotel Information
A block of beautifully appointed rooms has been reserved at the Stowe Mountain Lodge in Stowe, Vermont. Please make your reservations directly with the Lodge (802-760-4755 or 888-478-6938) prior to January 20, 2018 and indicate your participation in the Anesthesia Conference to receive special discounted rates: $315 plus 10% state and local tax for single or double occupancy for studio accommodations. Suites are also available for an additional cost. There is a $15 daily parking charge. Room rates cannot be guaranteed after January 20. To ensure room choice and availability, it is recommended that you make your room reservations as soon as possible.

Registration
Tuition Fee is $675 for physicians, $550 for nurse anesthetists, and $450 for physicians-in-training for registrations postmarked by February 8th. Fee includes all course materials, continental breakfasts, coffee breaks each day, and the Johns’ Fund Reception on Saturday evening. Refunds, minus an administrative fee of $75, will be made only if notice of cancellation is received in writing by February 8, 2018. Refunds are not possible after that date.

Conference Syllabus (Electronic Download)
The conference syllabus will only be available as an electronic download with presentations as PDF files. Please plan to bring your laptop or electronic device with you to the conference to view both the conference materials as well as to complete the online conference evaluations via the UVM CMIE credit system. You will receive an email notification (via the email you used to register for this conference) about a week prior to the conference start date that presentations will be available for downloading. Please note: Printed syllabus, paper copies of evaluations and paper CMIE certificates will not be provided.

Transportation
Stowe is 10 minutes north of exit 10, I-89 on Route 100. The local roads leading to the Stowe Mountain Lodge are clearly marked. Burlington International Airport at Burlington, Vermont is served by several major airlines. Car rental or taxi to Stowe is available. Consult your travel agent or airline reservation desk for information. You may wish to rent a car for the 45 minute trip from Burlington to the hotel and to take advantage of the many fine restaurants and shops in Stowe Village and the surrounding area.

Stowe Mountain is now EPIC!
Stowe is now part of the Vail Resorts family. EPIC passholders can ski Stowe at no extra charge!

If you prefer a more limited pass, a single all-purpose voucher will provide the group discount rate for each person who plans to ski or ride, rent equipment, take a lesson and/or participate in any of the children’s lesson programs. Only one voucher is needed per person, regardless of how it is to be used. For more Stowe information: www.gostowe.com

Stowe’s interconnected cross-country ski centers provide one of the largest, most diverse trail systems in the United States. More than 150km of groomed and 100km of back-country trails criss-cross Stowe’s landscape.

The Stowe Mountain Lodge offers extensive recreational facilities and superb artisan inspired cuisine. A world class spa, heated pool with swim out access and full service fitness center are located on-site.

The Jackson Arena in Stowe Village has public skating hours and Nichols Lodge offers snowmobile rentals and their own trail system. In addition, there are plenty of boutiques and lots of après ski activity in Stowe Village. Call the Stowe Area Association at (802) 253-7321 for information or visit their website at www.gostowe.com.

Conference # 18-801-05
NAME

DEGREE  ☐ MD  ☐ CRNA  ☐ AA  ☐ Other 

ADDRESS

CITY  STATE  ZIP

PHONE  FAX

EMAIL

Registration Summary:
Registrations postmarked on or before February 8, 2018:
☒ $675 Physicians
☒ $550 Nurse Anesthetists
☒ $450 Physicians-in-training*

*Verification by Program Director Required.

☒ $25 - Yes, I would like MOCA 2.0® Credit:
If yes: please provide your ABA ID #. If you do not know your ABA ID #, please call the ABA Communications Center at 866-999-7501 to obtain it.
ABA ID #: ________________________________

Registrations postmarked after February 8, 2018:
☐ Add $75.00

$__________ Total Due

_____ # Attending Saturday’s Johns’ Fund Lectureship Reception
(Families welcome)

CRNA’s: In order to award credit, the AANA requires that we provide them with documentation of nurse anesthetist attendance at the sessions. CRNA certificates of attendance will be available following the conference. Please include your AANA Membership #.

AANA Membership #_______________________________________

Pre-Order Discount Ski Ticket Vouchers (Prior to February 16th)

Discounted ski ticket vouchers will be available at registration. Vouchers may be used toward purchase of lift tickets, rentals, lessons, and children’s programs (pre-registration required). Payment will be made directly to the Mountain. For detailed information about the voucher program, visit our conference webpage at www.med.uvm.edu/cme and scroll to the Anesthesia Conference. If you ask to receive the ski vouchers before the conference, they will be mailed by February 16th.

☐ Need Vouchers Early  _________ # Vouchers Needed

Payment Method:

☐ To pay by credit card, please register online by visiting our website at: www.med.uvm.edu/cme and select the Anesthesia Conference.

☐ To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM CMIE
401 Water Tower Circle, Suite 102, Colchester, VT 05446
Phone: (802) 656-2292  Fax: (802) 656-1925

REGISTRATIONS ARE REQUESTED BY FEBRUARY 16, 2018.