The Vermont Area Health Education Centers (AHEC) Network presents the

CONFERENCE DESCRIPTION
The thirteenth annual Vermont Area Health Education Centers (AHEC) Geriatric Conference will be a one-day symposium covering practical and innovative approaches to the medical care of older adults. Physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other health professionals with an interest in the care of older adults are encouraged to attend. The agenda will feature a keynote presentation on healthy aging, including factors that lead to healthy aging and steps to support the goals of older adults for healthy aging. There will also be presentations on obesity, sleep, and driving. The afternoon session will include a panel discussion on the management of controlled medications in the older adult with a history of substance use disorder. Participants will have the opportunity to choose two of three concurrent sessions. The common theme for the concurrent sessions is managing transitions of older adults across health service areas. There will be a session on managing patients with dementia and behaviors in the nursing home, hospital planning and difficult discharge, and outpatient care to reduce emergency room visits. Time for discussion and questions has been built into the schedule.

Vermont AHEC improves access to primary care through its focus on workforce development; it is a partnership between the Northern Vermont AHEC, Southern Vermont AHEC, and Lerner College of Medicine at The University of Vermont. AHEC believes that success in healthcare innovation, transformation, and reform depends upon an adequate supply and distribution of well-trained healthcare professionals.

LEARNING OBJECTIVES
At the end of this conference, participants should be able to:
1. Identify key features of healthy aging and steps that health professionals can take to promote healthy aging.
2. Describe the impact of obesity on the health of older adults.
3. Describe the management of insulin in the elderly.
4. Explain the process by which cognitive drivers may influence health care outcomes (psychosocial) and for whom.
5. Describe the challenges of caring for older adults with prescription medications and substance use disorder.
6. Describe the challenges and solutions regarding the transitions of select groups of older adults from the outpatient setting, the nursing home, and the hospital.

REGISTRATION
$250 for physicians, $175 for other health professionals and medical residents and $75 for students (proof of full-time student status required). The fee includes the online course syllabus, continental breakfast, lunch and coffee breaks. Enrollment is limited; please register by March 31, 2018. An additional $50 will be added after that date. Refunds may be obtained, minus a $50 administrative fee, if written notice of cancellation is received by March 31, 2018. Refunds are not available after that date.

COURSE #18-801-64

VERMONT GERIATRICS CONFERENCE
April 11, 2018
Hampton Inn Colchester, Vermont

FACULTY
John Bari, MD, FACP, AGSF
Associate Professor, Medicine and Geriatric Medicine, Dartmouth School of Medicine and Dentistry, Hanover, NH

Valerie Coyle, RN
Case Manager, Social Work, Health Care Services, Vermont Cancer Center, Burlington, VT

Susan Friedman, MD, MPH
Assistant Professor, Medicine, Mount Sinai School of Medicine, New York, NY

Nicole Hackney, APRN
Psychiatric Nurse Practitioner, Northshore Urgent Care, Burlington, VT

John Poquette, RN
Retail Community Pharmacy, Rutland Pharmacy

Holly White, MD, MHS, MEd
Associate Professor, Medicine, Duke University School of Medicine, Durham, NC

Nicole Hackney, APRN
Psychiatric Nurse Practitioner, Northshore Urgent Care, Burlington, VT

UNIVERSITY OF VERMONT/ UVM MEDICAL CENTER FACULTY
Richard Dickhaut, RN, CCM
Supervisor, Case Management, UVM Medical Center, Burlington, VT

Shadn Eldakar-Hoh, MD, MSc
Associate Professor, Medicine and Geriatrics, University of Vermont, Burlington, VT

Heather Finley, BSN, RN
Clinical Assistant Professor, Neurological Sciences, UVM Medical Center, Burlington, VT

Wally Palumbo, DO
Physician, Nursing, UVM Medical Center, Burlington, VT

Richard Finlayson, MD, MMed
Associate Professor, Medicine, UVM Medical Center, Burlington, VT

The Vermont Academic Geriatric Education Program (VAEP)
John Bari, MD, FACP, AGSF
Associate Professor, Medicine and Geriatric Medicine, Dartmouth School of Medicine, Hanover, NH

Barbara Mckemmy, RN, BSN, MSN
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Lorettta Myers, RN, MS, LHRN
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Iowa Mireles, MD, MPH
Associate Professor, Internal Medicine, UVM Medical Center, Burlington, VT

Mary Val Palumbo, DO, APRN, GNAP
Physician, Nursing, UVM Medical Center, Burlington, VT

Gerry Lanker, RN, BSN
Clinical Nursing Educator, VNA of Chittenden and Grand Isle Counties, South Burlington, VT

Lorettta Myers, RN, MS, LHRN
Clinical Instructor, Nursing and Health Sciences, UVM Medical Center, Burlington, VT

Heather Zuk, OT
Certified Driver Rehabilitation Specialist, VT Driving School Instructor
7:30 am  Registration, Exhibits & Continental Breakfast

8:00  Welcome & Introduction
Isaura Menezes, MD, MPH

8:05  KEYNOTE
Healthy Aging: What Do We Mean, and How Can We Promote It?
Susan Friedman, MD, MPH
Heidi White, MD, MHS, Med

9:05  Obesity in the Elderly
John Batis, MD, FACP, AGSF

10:05  Break and Exhibits

10:20  Sleep Medication: To Use or Not to Use, That is the Question
Heather Finley, PhD, CBSM
Gary Starecheski, RPh

11:20  Driving and the Elderly
Patrick McManamon
Heather Zuk, OT

12:20 pm Lunch (provided)

1:10  Managing High Risk Medications in the Elderly: Prescribing, Diversion and Education
Barbara McKenney, RN, BSN
John Paquette, RPh
Richard Pinckney, MD, MPH
Ellen Watson, MS, APRN

2:30  Break and Exhibits

3:45  Case-Based Concurrent Sessions:
1. Outpatient Care — The Role of Caregiving in Reducing Emergency Room Visits
2. Hospital Planning and Discharge Challenges
3. Nursing Home Care — Caring for Patients with Dementia and Behaviors: When to Send/Not Send to the Emergency Room
Mary Val Palumbo, DNP, APRN, SNP-BC
Valerie Cote, BS
Nicole Hackney, APRN
Loretta McManus, RN, MS, LNHA

3:55  Case-Based Concurrent Sessions:
Care Transitions
Repeat of 2:45 Sessions

5:00  Conference Adjourns

ACCREDITATION
In support of improving patient care, the Robert Larmer, M.D. College of Medicine at The University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been reviewed and is acceptable for up to 7.25 Nursing Contact Hours.

Breakout Sessions: Registrants will attend two of three breakout sessions offered. Please rank order your preferences from 1 (most) to 3 (least desirable). There is limited enrollment in each session. Based on receipt of registration, every effort will be made to provide you with your preferred sessions.

REGISTRATION FORM
Vermont Geriatrics Conference - April 11, 2018

Required for program's grant funding; information will be reported in aggregate.

Gender:  Female  ☐  Male  ☐  Prefer Not to Answer  ☐
Age:  <20 Years  ☐  20-29 Years  ☐  30-39 Years  ☐  40-49 Years  ☐  50-59 Years  ☐  60 or older  ☐  Prefer Not to Answer  ☐
Ethnicity:  Hispanic or Latino  ☐  Not Hispanic or Latino  ☐  Prefer Not to Answer  ☐
Race:  African American  ☐  American Indian/Alaskan Native  ☐  Asian  ☐  Native Hawaiian or Pacific Islander  ☐  White  ☐  More Than One Race  ☐  Prefer Not to Answer  ☐
Worksite Info:  Academic Institution  ☐  Community Mental Health  ☐  Federally Designated Practice (FQHC/CHC/RHC)  ☐  Government  ☐  Hospital-Owned Practice  ☐  Private Practice  ☐  Public Health  ☐  School-Based Practice  ☐  Other (Please Specify):  ☐

Please select one option that BEST applies to your position:

Advocacy  ☐  Health Care Administration  ☐  Health Care Delivery  ☐  Health Care Policy  ☐  Health Promotion/Education  ☐  Mental Health/Substance Abuse  ☐  Outreach  ☐  Primary Care  ☐  Public/Community Health  ☐  Student  ☐  Other (Please Specify):  ☐

Name (As you would like it to appear on name tag & CME Certificate):

Degree:  DO  ☐  MD  ☐  DNP  ☐  DPA  ☐  PharmD  ☐  PhD  ☐  JD  ☐  Other (please specify):

Your Worksite:

Address:

City:  State:  Zip:

Phone:

Email Address:

Role of Caring in Reducing ER Visits
Hospital Planning/Discharge Challenges
Nursing Home Care — When to Send to ER

Registration Fee Summary
$250 Physicians
$175 Other Health Professionals and Residents
$275 Students
Add $35 after March 23, 2018

Payment Method
To pay by credit card, please visit us on-line at: www.med.uvm.edu/cme
To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM Continuing Medical and Interprofessional Education
401 Water Tower Circle, Suite 102
Colchester, Vermont 05446

Phone: (802) 656-2293 Fax: (802) 656-1925
Online: www.med.uvm.edu/cme

Registration requested by March 23, 2018

SYLLABUS
The conference syllabus will be available as an electronic download with presentations as PDF files. Please bring your laptop/electronic device to view presentations as well as to complete the electronic conference evaluations. You will receive a notification via email prior to the conference start date with instructions for accessing the presentations. Printed syllabus, paper evaluations, and paper CME certificates will no longer be available.

CONFERENCE LOCATION
The conference will be held at the Hampton Inn in Colchester, Vermont.