Himalayan Health Exchange

2019-2020 International Health Camps Schedule:

Himalayan Health Exchange will organize the following medical/dental camps in the remote Trans-Himalayan regions of north India and Indo-Tibetan Borderlands in 2019. Participation is open to physicians/residents, dentists, pharmacists, nurses & medical, dental, physician assistant, public health, pharmacy and nursing students. Each camp is designed to provide care to approximately 1,500 underserved patients and an opportunity for hands-on clinical experience to participants. Student participation is limited to 25 on each trip.

**Note:** Participants are responsible for arranging their own funding to meet expedition costs and must be willing to put in a minimum of 6-8 hours of clinical work, each day, for the duration of each clinical period.

**Outer Himalayas (Winter Camp):** Medical/Dental camp in the north Indian State of Himachal Pradesh
February 1-February 28, 2019 & 2020

**Dharamsala:** A 4-week medical expedition to Dharamsala (north India), home to The 14th Dalai Lama and Tibetans in Exile. April 1-April 28, 2019 & 2020

**Pangi Valley:** Medical and Dental trek through the remote Pangi Valley. June 7 – June 27, 2019

**Medical & Anthropology:** A 3-week clinical and cultural anthropology field expedition to the Trans Himalayan region of Indo-Tibetan Borderlands. June 25 - July 15, 2019

**Spiti, Indo -Tibetan Borderland:** Ancient Tibetan kingdom of ‘Guge’ along Indo-Tibetan Borderlands. July 12 – August 2, 2019

**Kargiakh:** High-altitude medical/dental trek to a remote Trans-Himalayan tribal village located in southern Zanskar. August 1-August 28, 2019

**Tibetan Settlements:** Medical/dental trek to the Tibetan refugee settlements and villages of North Indian Himalayas. October 1– October 28, 2019

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