

## **Himalayan Health Exchange**

### **2019-2020 International Health Camps Schedule:**

Himalayan Health Exchange will organize the following medical/dental camps in the remote Trans-Himalayan regions of north India and Indo-Tibetan Borderlands in 2019. Participation is open to physicians/ residents, dentists, pharmacists, nurses & medical, dental, physician assistant, public health, pharmacy and nursing students. Each camp is designed to provide care to approximately 1,500 underserved patients and an opportunity for hands-on clinical experience to participants. Student participation is limited to 25 on each trip.

**Note:** Participants are responsible for arranging their own funding to meet expedition costs and must be willing to put in a minimum of 6-8 hours of clinical work, each day, for the duration of each clinical period.

**Outer Himalayas (Winter Camp):** Medical/Dental camp in the north Indian State of Himachal Pradesh  
**February 1-February 28, 2019 & 2020**

**Dharamsala:** A 4-week medical expedition to Dharamsala (north India), home to The 14<sup>th</sup> Dalai Lama and Tibetans in Exile. **April 1-April 28, 2019 & 2020**

**Pangi Valley:** Medical and Dental trek through the remote Pangi Valley. **June 7 – June 27, 2019**

**Medical & Anthropology:** A 3-week clinical and cultural anthropology field expedition to the Trans Himalayan region of Indo-Tibetan Borderlands. **June 25 - July 15, 2019**

**Spiti, Indo -Tibetan Borderland:** Ancient Tibetan kingdom of 'Guge' along Indo-Tibetan Borderlands.  
**July 12 – August 2, 2019**

**Kargiakh:** High-altitude medical/dental trek to a remote Trans-Himalayan tribal village located in southern Zaskar. **August 1-August 28, 2019**

**Tibetan Settlements :** Medical/dental trek to the Tibetan refugee settlements and villages of North Indian Himalayas. **October 1– October 28, 2019**

#### **For details contact**

Ravi Singh e-mail: [info@himalayanhealth.com](mailto:info@himalayanhealth.com) website: [www.himalayanhealth.com](http://www.himalayanhealth.com)

Phone: (404) 929-9399

Or

Denton Shanks DO MPH

Assistant Professor & Family Physician | Department of Family Medicine

The University of Kansas Medical Center

e-mail: [denton.shanks@gmail.com](mailto:denton.shanks@gmail.com)