

49th Annual Family Medicine Course

All times below are EST

Monday, June 5, 2023 (Optional) Pre-Conference Workshop

7:30AM Continental Breakfast for Pre-Conference Attendees

8:00-4:30 Mastering Early Goals of Care Conversations (Lunch Included)

Benjamin R. Clements, MD

Assistant Professor of Family Medicine, Robert Larner M.D. College of Medicine at the University of Vermont (UVM)

Tuesday, June 6

11:45-1:00PM REGISTRATION

12:50-1:00 Opening Remarks

Anya S. Streeter, MD, FAAFP, IBCLC

UVM Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising

1:00-1:45 Headache Management Pearls for Primary Care

Allyson B. Bazarsky, DO

UVM Assistant Professor of Neurological Sciences

1:45-2:30 Celiac Disease: A Clinician and Patient Perspective

Marty Linseisen, MD

Emergency Medicine

Copley Hospital

2:30-2:45 BREAK

2:45-3:30 Urgent Care Potpourri

Jennifer B. Bamford, MD

UVM Assistant Professor of Family Medicine

Urgent Care Family Medicine

3:30-4:15 Top 5 Things to Consider in the Care of Your Frail Elderly

Alison Mercier, MD

UVM Assistant Professor of Family Medicine

4:15-5:00 Myth Busters for Primary Care

Kirsten Berggren, PhD, APRN

Urgent Care Family Medicine

Northwestern Medical Center

5:00 ADJOURN

Wednesday, June 7

7:30AM **CONTINENTAL BREAKFAST**

8:00-8:45 **Menopause and HRT**

Jane G. Conolly, MD

UVM Assistant Clinical Professor of Obstetrics & Gynecology

8:45 - 9:30 **The Costs of Connection: Social Media & Youth Mental Health**

Jeremiah E. Dickerson, MD

UVM Assistant Professor of Psychiatry

9:30-10:15 **HIV Prevention Update**

Devika Singh, MD, MPH

UVM Assistant Professor of Medicine

Infectious Disease

10:15-10:30 **BREAK**

10:30-11:15 **Top Five Updates from 2023 ADA Standards for Diabetes**

Benjamin R. Clements, MD

UVM Assistant Professor of Family Medicine

11:15-12:00PM **Anti-fat Bias in Medicine**

Michelle Dorwart, MD, MPH

Family Medicine Physician

Community Health Centers Burlington

12:00-1:30 **LUNCH (on your own)**

1:30-3:00 **CONCURRENT SESSIONS I**

a. Shoulder Exam

Kimberly A. Sikule, MD, CAQSM

UVM Assistant Professor of Family Medicine

b. LARC Procedure Workshop

Clara M. Keegan, MD, FAAFP

UVM Associate Professor of Family Medicine

Kathryn Grenoble, MD

UVM Family Medicine Resident

Jennifer Scontras, MD

c. POCUS - Point of Care Ultrasound for the Lung – Hands-On Workshop

Benjamin R. Clements, MD

UVM Assistant Professor of Family Medicine

d. Alcohol and Substance Use Disorders: Best Practice and Case Review

Michelle L. Cangiano, MD
UVM Associate Professor of Family Medicine

Alicia A. Jacobs, MD
UVM Associate Professor of Family Medicine
Vice Chair, Clinical Operations
Special Liaison to OneCare Vermont

3:00-3:30

BREAK

3:30-5:00

CONCURRENT SESSIONS II

a. Shoulder Ultrasound Workshop

Kimberly A. Sikule, MD, CAQSM
UVM Assistant Professor of Family Medicine

b. EKG Cases

Robert M. Lobel, MD
UVM Assistant Professor of Cardiovascular Medicine

c. Nerve Block Trigger Point Injections for Headaches

Allyson B. Bazarsky, DO
UVM Assistant Professor of Neurological Sciences

b. Allyship

Anthony R. Williams, MD
UVM Assistant Professor of Family Medicine

5:00 ADJOURN

**“Vermont Day” Joint Session with Vermont AAFP at the Family Medicine Course
Thursday, June 8, 2023**

7:15AM

CONTINENTAL BREAKFAST

7:45

Introductory Remarks – Anya S. Koutras, MD, FAAFP, IBCLC

Welcoming Remarks – Anne Morris, MD, President, Vermont Academy of Family Physicians

8:00-8:45

Abortion in America after Dobbs

Clara M. Keegan, MD, FAAFP
UVM Associate Professor of Family Medicine

8:45-9:30

Vermont’s Act 39

Jaina Clough, MD
UVM Assistant Professor of Medicine

Diana Barnard, MD
UVM Associate Professor of Family Medicine

9:30-10:00

BREAK & EXHIBITS

10:00-10:45

Psychedelics in End-of-Life Care

Robert Gramling, MD, DSc
UVM Professor and Research Director

Holly & Bob Miller Chair in Palliative Medicine, Department of Family Medicine

10:45-11:30 **Keynote: Family Medicine IS High Value Care**

Thomas Peterson, MD

UVM Chair and Morris Goldman '29, MD '32 Professor of Family Medicine

11:30-11:45 **Family Medicine Department Awards**

11:45-1:15PM **LUNCH**

1:15-2:00 **Breast Cancer - What Doctors with Breast Cancer Want You to Know**

Mario Trabulsy, MD

Lecturer

UVM College of Nursing & Health Sciences

2:00-2:45 **Lead Poisoning: The Hidden Pandemic**

Jessica L. Faraci, MD

Family Medicine Physician

Mid Coast Hospital, MaineHealth

Clinical Instructor, Tufts Maine-Track

2:45-3:45 **Harm Reduction for Non-Prescribed Opioid Use**

(This talk has been approved for 1.0 credit in Prescribing Controlled Substances and .75 Pharmacotherapeutic credit.)

Eli Goldberg, MD

UVM Family Medicine Chief Resident

3:45-4:15 **BREAK & EXHIBITS**

4:15-5:30 **Journal Club 2023**

John G. King, MD, MPH

UVM Professor of Family Medicine

Associate Dean for CMIE

5:30 **Adjourn**

Friday, June 9

7:30AM **CONTINENTAL BREAKFAST**

8:00-8:45 **Viral URI's**

Jessica L. Faraci, MD

Family Medicine Physician

Mid Coast Hospital, MaineHealth

Clinical Instructor, Tufts Maine-Track

8:45-9:30 **Treatment of Resistant Hypertension**

Chidinma N. Enyinna, MD

UVM Assistant Professor of Medicine

Division of Nephrology

9:30-10:15 **Rational Approaches to Cirrhosis in Primary Care**

Steven Lidofsky, MD, PhD

UVM Professor of Medicine

Director of Hepatology

10:15-10:30 **BREAK**

10:30-11:15 **Skin Disease and Metabolic Disorders**

Mary E. Maloney, MD

UVM Clinical Professor of Medicine, Division of Dermatology

11:15-12:00 **Vaccine Update: Tips for Primary Care**

Kathryn Grenoble, MD

UVM Family Medicine Resident

12:00PM **CONFERENCE ADJOURNS**