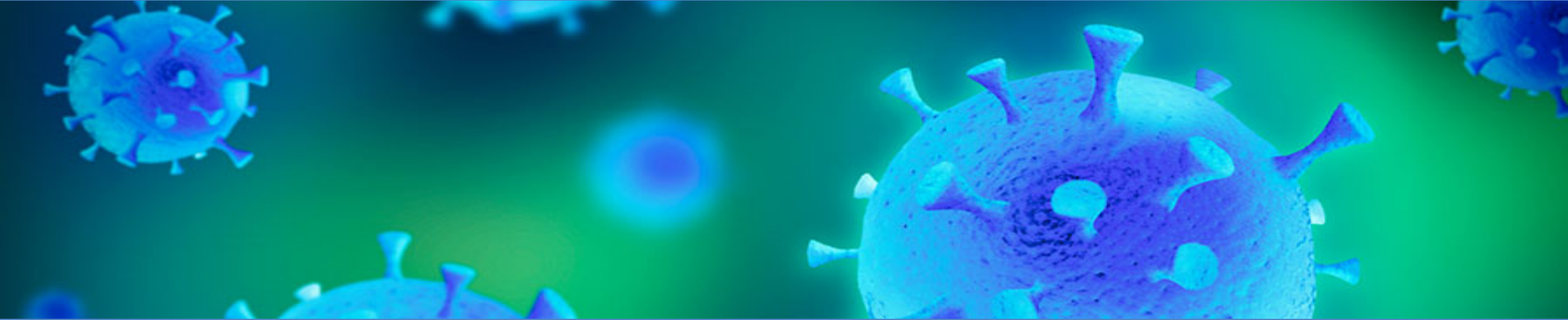


VCHIP / CHAMP / VDH COVID-19 UPDATES



Wendy Davis, MD FAAP - Senior Faculty, Vermont Child Health Improvement Program, UVM
Breena Holmes, MD FAAP – VCHIP Senior Faculty & Physician Advisor, MCH Division, VDH
February 5, 2021

Technology Notes

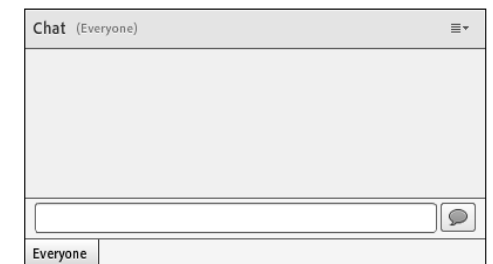
- 1) All participants will be muted upon joining the call.
- 2) If you dialed in or out, **unmute by pressing #6** to ask a question (and press *6 to mute).
If you are having audio difficulties and are using your computer speakers, you may wish to dial in:

Call in number – 1-866-814-9555

Participant Code – 6266787790

Presenters: Please avoid the use of speakerphone and make sure your computer speaker is muted if you dialed in via phone.

- 3) To ask or respond to a question using the **Chat** box, type your question and click the  icon or press Enter to send.



Overview

□ National Wear Red Day

- Heart disease is the leading cause of death for women in the U.S.; killing 299,578 women in 2017—or about **1 in every 5** female deaths.
- <https://www.goredforwomen.org/en/get-involved/give/wear-red-and-give>
- <https://www.cdc.gov/heartdisease/women.htm>

□ Reminder – weekly event schedule:

- **VCHIP/CHAMP/VDH calls: M/W/F**; Gov. Media Briefings Tues/Fri; VMS call with VDH Commissioner Levine Thurs.

□ Situation, VDH, CDC, vaccine updates; Friday media briefing

□ Practice Issues: *Friday Potpourri*

- **In the queue:** Let's Grow Kids (child care) policy proposal; VT racial equity TF

□ Q & A/Discussion *[Please note: the COVID-19 situation continues to evolve very rapidly – so the information we're providing today may change quickly]*



Situation update

New Cases
107
12,612 Total
Currently Hospitalized
55
Hospitalized In ICU
17
Hospitalized Under Investigation
9
Percent Positive 7-day Avg.
1.8%
People Tested
308,813
Total Tests
907,998
Recovered
9,126
72.4% of Cases
Deaths
181
1.4% of Cases
Travelers Monitored
192
Contacts Monitored
233
People Completed Monitoring
12,802
Last Updated: 2/5/2021, 10:47:41 AM

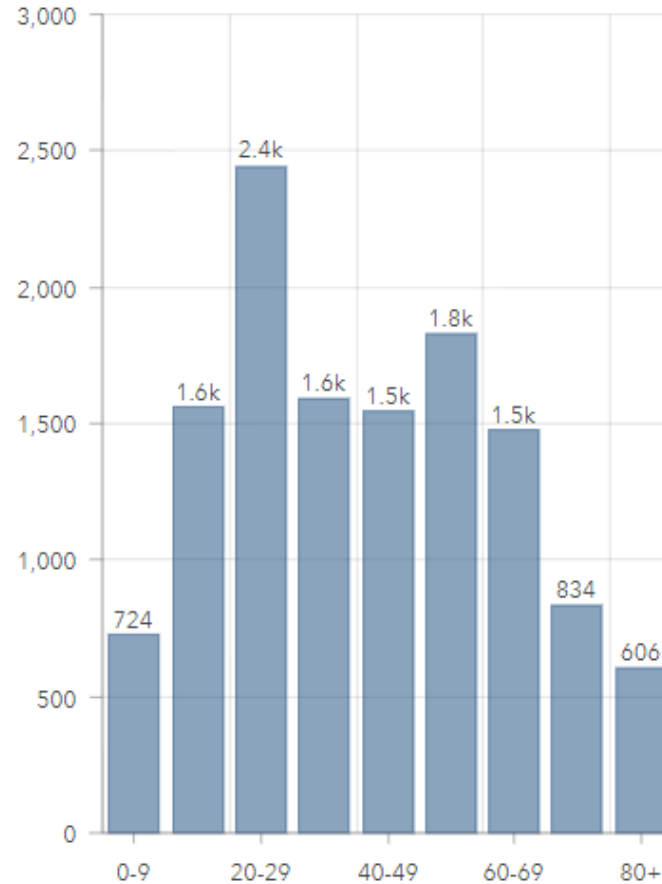


VT New Cases, Probables, Deaths

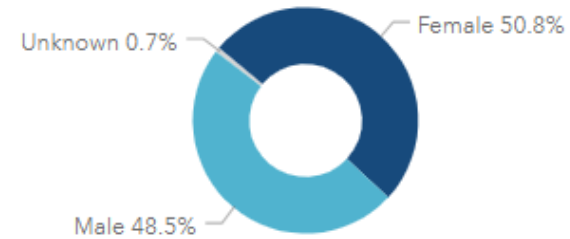
- U.S. **26.7 million+** cases; **455,805 deaths**
 - <https://www.nytimes.com/interactive/2020/us/coronavirus-us-cases.html> (updated 2/5/21)
 - 2/4/21: **>126,842 new cases; 5,116 d.; 88,668 hosp.**
 - Past week: average 130,953 cases/day (decrease of 30% from average 2 weeks earlier)
 - **2.2 million+ deaths worldwide 104.9 million+ cases)**
- **VDH Weekly Data Summary(2/5/21)**
 - **Weekly Spotlight Topic: *Timeline of Symptom Onset to Public Health Response***: focus on how long it takes after someone with COVID-19 feels sick for VDH to receive their positive test result.
 - Find previous summaries at: <https://www.healthvermont.gov/covid-19/current-activity/weekly-data-summary>

Situation update

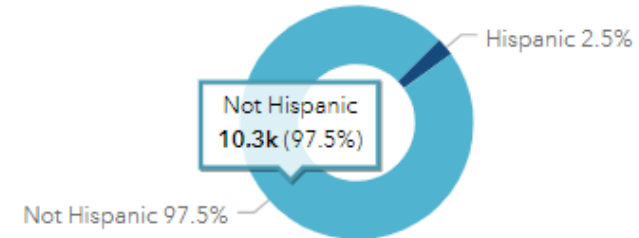
Vermont COVID-19 Cases by Age Group



Vermont COVID-19 Cases by Sex



Vermont COVID-19 Cases by Ethnicity if Known



Vermont COVID-19 Cases by Race if Known



Case Demographics

<https://www.healthvermont.gov/covid-19/current-activity/vermont-dashboard>

COVID-19 Cases in VT K-12 Learning Communities (While Infectious)

COVID-19 Cases in Vermont K-12 Learning Communities While Infectious

▣ <https://www.healthvermont.gov/sites/default/files/documents/pdf/COVID19-Transmission-Schools.pdf>

▣ Table updated **Tuesday & Friday** w/data through previous Sunday & Wednesday.

February 3, 2021

Cases in Vermont K-12 Learning Communities While Infectious

Learning Community	Cases Reported In the Past 7 Days	Total Cases
Schools with less than 25 students are reported in the "Total for all Suppressed Schools" row at the end of the table.		
TOTAL FOR ALL SCHOOLS	58	487

January 31, 2021

Cases in Vermont K-12 Learning Communities While Infectious

Learning Community	Cases Reported In the Past 7 Days	Total Cases
Schools with less than 25 students are reported in the "Total for all Suppressed Schools" row at the end of the table.		
TOTAL FOR ALL SCHOOLS	51	460

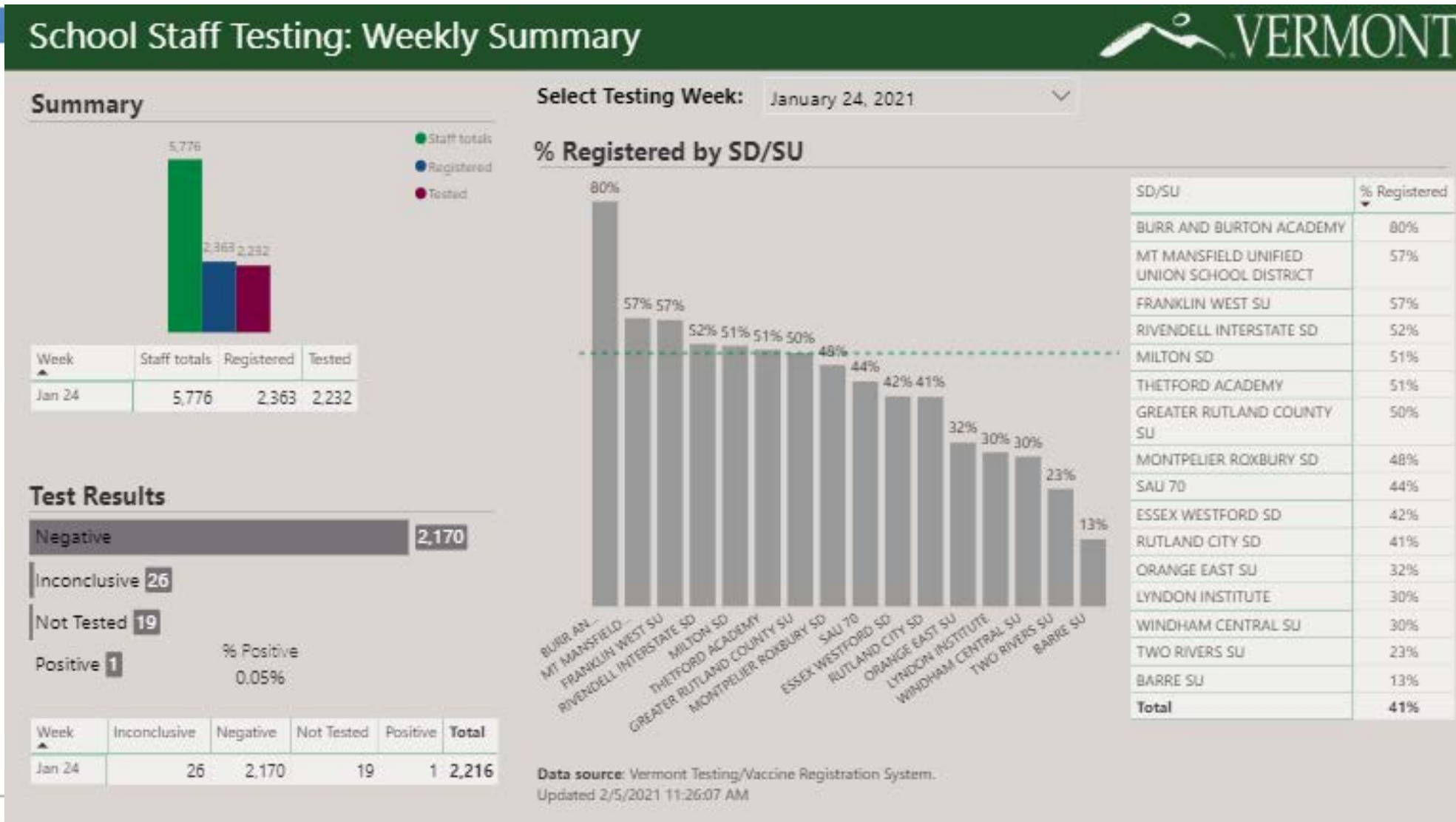
VT College & University dashboards:

▣ Returning to campus this week: <https://dfr.vermont.gov/about-us/covid-19/school-reopening>

▣ **UVM** – NOTE: winter sports on *pause*

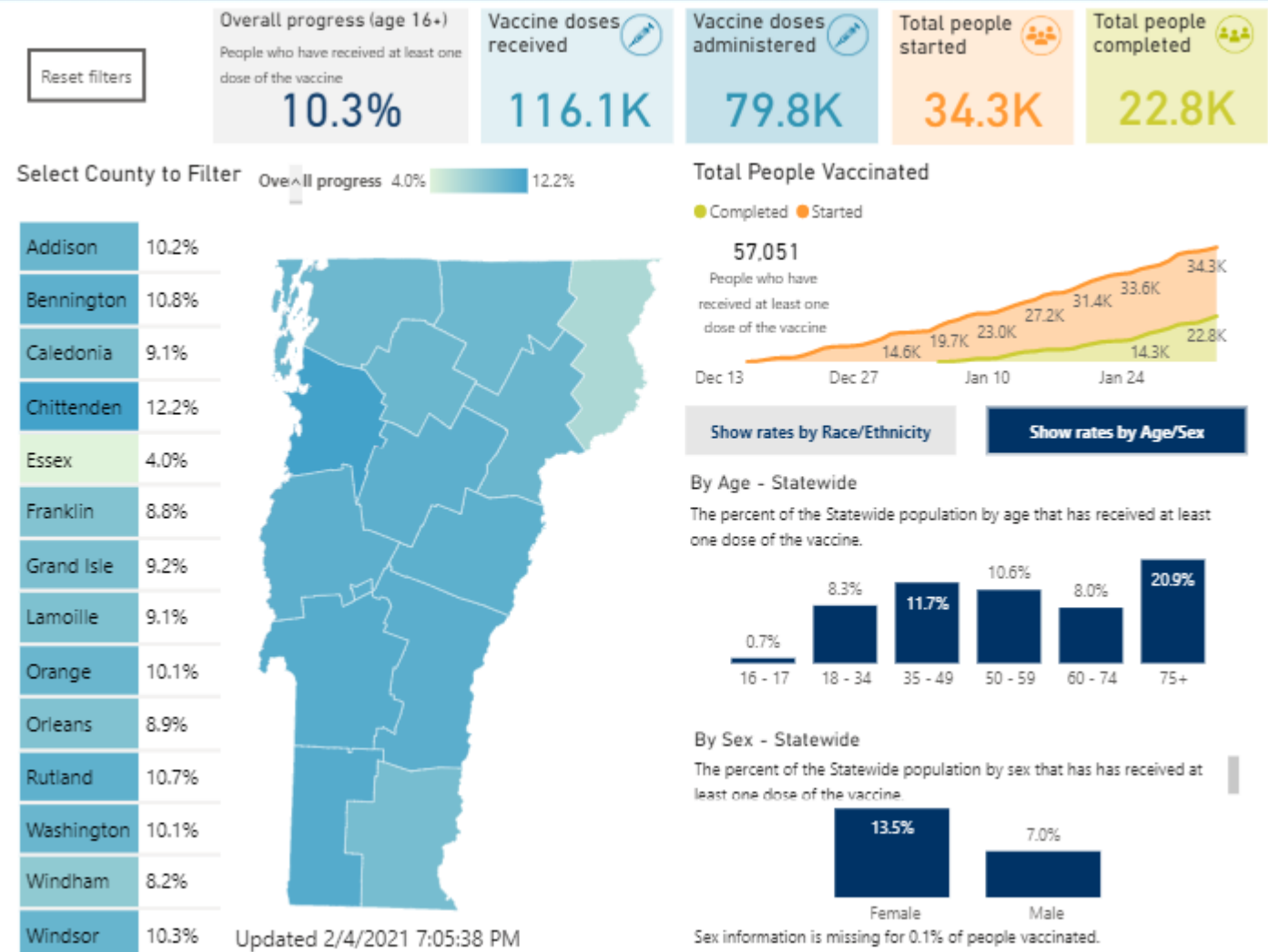
	Received 01/25/21–01/31/21		Cumulative Totals Since 11/25/20	
Population	Test Results Received	Number Tested Positive*	Test Results Received	Number Tested Positive*
Off-Campus Students	5094	15	22019	122
On-Campus Residential Students	2839	11	3898	22

AOE School Staff Testing Dashboard (Note: updated today *after* call)



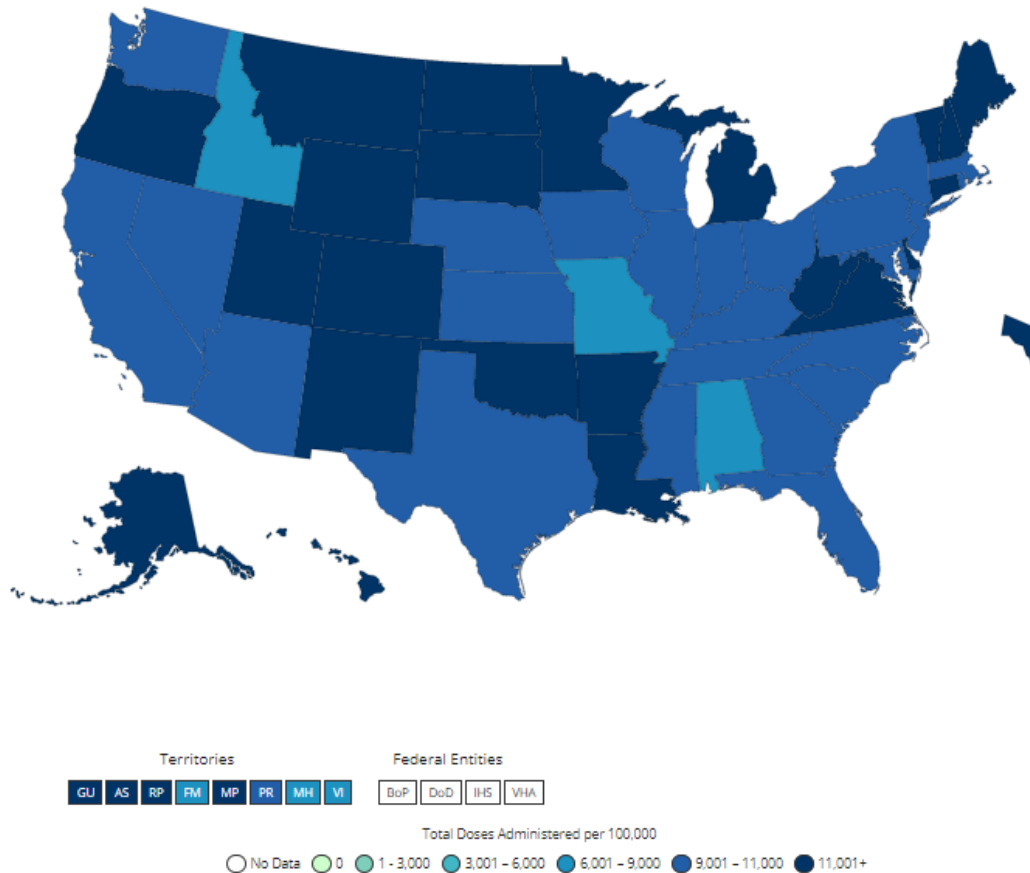
VDH COVID-19 Vaccine Dashboard

- Daily updates Tues. thru Sat.
- Data = counts reported by end previous day; subject to change.
- Expect enhancements as more info available.
- <https://www.healthvermont.gov/covid-19/vaccine/covid-19-vaccine-dashboard>

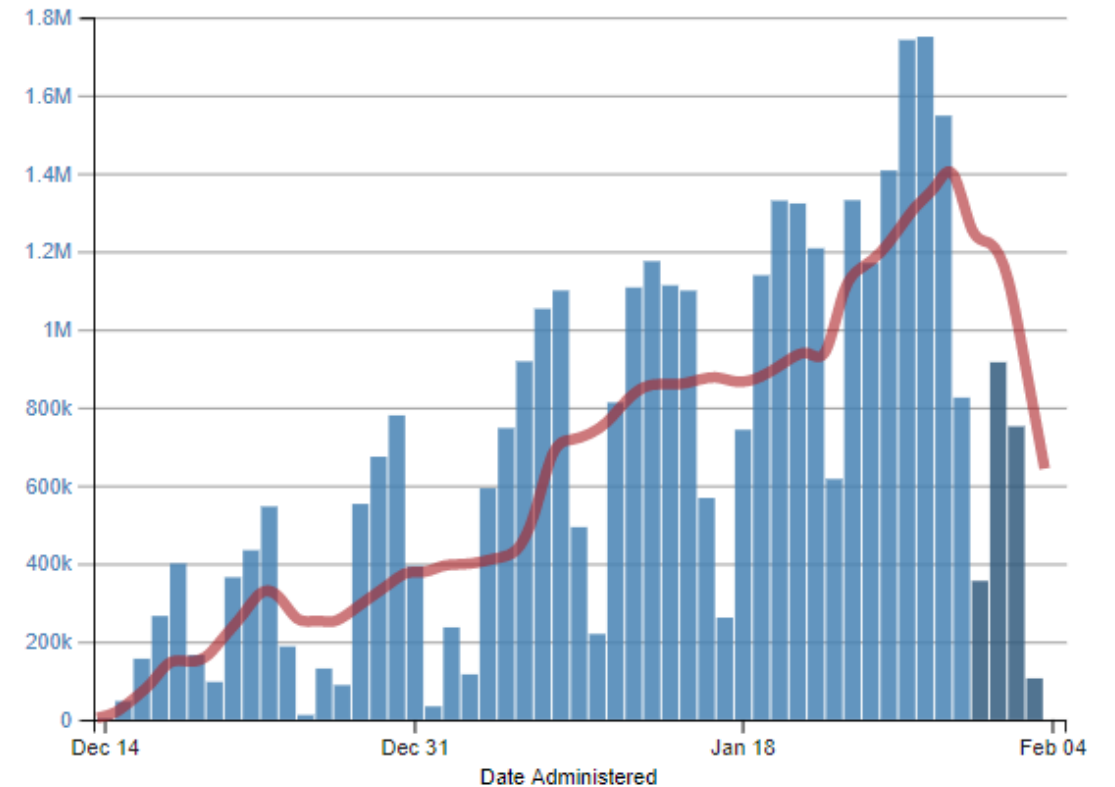


From the CDC Vaccine Tracker

Total Doses Administered Reported to the CDC by State/Territory and for Selected Federal Entities per 100,000



Daily Count of Total Doses Administered and Reported to the CDC by Date Administered, United States



<https://covid.cdc.gov/covid-data-tracker/#vaccinations>

February 5, 2021

VDH Update: New Symptoms Post-COVID Infection

- ▼ I have recovered from COVID-19, but I am sick with a new illness and symptoms. When can I return to work, school or child care? #

Last Updated: Feb 4

If you develop new illness symptoms within the first 3 months of recovering from a COVID-19 infection, we do not recommend retesting. Data to date show that a person who has had and recovered from COVID-19 may have low levels of virus in their bodies for up to 3 months after diagnosis. This means that if the person who has recovered from COVID-19 is retested within 3 months of their initial infection, they may continue to have a positive test result, even though they are not spreading COVID-19.

You should still stay home when you are sick to prevent spreading illness to others. You should remain home until your symptoms have improved or are gone. If you have a fever, you should stay home until you are fever-free (without the use of fever-reducing medicine) for at least 24 hours. Contact your health care provider if you have questions or concerns.

Learn more about [if people who recover from COVID-19 can be infected again](#) and [when you are considered to be recovered from COVID-19](#).

<https://apps.health.vermont.gov/COVID/faq/>

February 5, 2021

VDH Update: Quarantine

- ▼ I had COVID-19. Do I need to quarantine if I am a close contact of someone with COVID-19?
#

Last Updated: Feb 4

If you had COVID-19 – and then are exposed to someone with COVID-19 (for example, you are a close contact of someone with COVID-19) – **you do not need to quarantine only if:**

1. you had a positive COVID-19 test result (from a PCR or antigen test) and have met the [criteria to end your isolation](#), **and**
2. the new exposure is within the first 3 months [after symptoms from your initial infection started](#), or within the first 3 months of your [first positive test if you didn't have symptoms](#) during your initial infection, **and**
3. you have not had any COVID-19 symptoms since the new exposure.

However, **you must quarantine** when you travel or return to Vermont under the [current travel guidelines](#) and **you are not allowed to gather** with people you don't live with under the [current social gathering guidelines](#).

VDH COVID-19 Vaccine Registration & Sites

<https://www.healthvermont.gov/covid-19/vaccine/getting-covid-19-vaccine>

COVID-19 VACCINE UPDATE



Vermonters age 75 and up are eligible to receive a vaccine.

[MAKE AN APPOINTMENT AT KINNEY DRUGS](#)

[MAKE AN APPOINTMENT WITH THE HEALTH DEPARTMENT](#)

We understand that some people have experienced technical difficulties and how frustrating that can be. We actively worked through some of those issues and we encourage people who were not able to sign up to try again. Thank you for your patience as we roll out this new system.

There are enough appointments for everyone who is eligible. Appointments are required, and clinics won't be able to accept walk-ins.

- If you already have an account because you were tested for COVID-19 through a Health Department site, you should use the same account information.
- If you have questions or need help creating an online account, please call 802-863-7240 option 9.
- [Get answers to common registration and appointment questions.](#)
- [Watch a video on how to use our appointment registration system.](#)

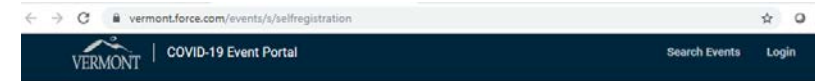
Can't make an appointment online? You can make an appointment by phone: 855-722-7878

- If you need to speak with someone in a language other than English, call this number, and then press 1.

Call Center Hours:

Monday-Friday, 8:15 a.m. – 5:30 p.m.

Saturday and Sunday, 10:00 a.m. – 3:00 p.m.



Welcome to the COVID-19 Event Portal. Through this portal you can register for a COVID-19 vaccination clinic or COVID-19 testing event sponsored by the Vermont Department of Health. You will also be able to log in and view your test results once they are available.

To register:

1. Create an account.
2. Check your email to verify your account and get your Patient ID (check your spam folder if you don't see the email).
3. Log in with your Patient ID.
4. Register for a testing or vaccination event.

Create an Account

* First Name

Enter First Name

* Last Name

Enter Last Name


* Phone Number

Enter Phone Number

* Email Address

Enter Email



 Photo  Login  Create New Account  Store Locator  Refills

[Home](#)

[Pharmacy +](#)

[Savings +](#)

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[Careers](#)

COVID-19 Vaccination Scheduling at Kinney Drugs in Vermont

Currently, the State of Vermont allows Kinney Drugs Pharmacists to administer COVID-19 vaccines to Vermont residents age 75+ BY ONLINE APPOINTMENT ONLY. You do NOT need to preregister on the Vermont Department of Health website to schedule an appointment at Kinney Drugs.

VDH COVID-19 Vaccine Registration & Sites (cont'd.)

- Appointments from 2/5 – 3/27/21 (updated after today's call)
 - ▣ **404 sites; 57,058** appointments
 - ▣ VDH Local (District) Health Office sites; health care sites
- **Online (preferred)** and **phone** appointment scheduling:
 - ▣ 1-855-722-7878
 - ▣ *If you need to speak with someone in a language other than English, call this number, and then press 1.*
- **Call Center Hours:**
 - ▣ Monday-Friday, 8:15 a.m. – 5:30 p.m.
 - ▣ Saturday and Sunday, 10:00 a.m. – 3:00 p.m.

VDH COVID-19 Vaccine Toolkit

- New: VDH COVID-19 [Vaccine Promotion Toolkit](https://drive.google.com/drive/folders/1jIJO4jYQNLjqGdddbKQYit3bBhfySXUhE) – please share with your networks!
 - ▣ <https://drive.google.com/drive/folders/1jIJO4jYQNLjqGdddbKQYit3bBhfySXUhE>
- Toolkit materials are separated into two sections by messaging type:
- Eligibility-specific, “alert” messaging (currently 75+):
 - ▣ Social media posts; Blog/Newsletter (additional assets will be added soon!); Email; Letter
- General, “evergreen” messaging about vaccines
 - ▣ Social media posts; Blog/Newsletter (additional assets will be added soon!); Posters (8.5”x11” and 11”x17”); Vaccine fact sheet
 - “Things You Should Know About COVID-19 Vaccines” (will be updated as needed)

In the News: COVID-19 Impact

From the ***New York Times*** (2/4/21): A Parallel Pandemic Hits Health Care Workers: Trauma and Exhaustion

- Factors: early chaos/confusion, fear for family, pay cuts, needing to support children at home. Surveys: early retirement, career change
- <https://www.nytimes.com/2021/02/04/health/health-care-workers-burned-out-quitting.html>
- How Society Has Turned Its Back on Mothers (2/4/21)
 - “The relentless need to find the perfect solution offers the illusion of control...When you find yourself mentally spinning in this way, recognize that you have a choice in how you react to and engage with your thoughts...Drawing overt attention to your mind cultivates psychological flexibility, which gives you the emotional space to question whether this line of thinking is productive, or even realistic.
 - <https://www.nytimes.com/2021/02/04/parenting/working-mom-burnout-coronavirus.html>
- Picturesque and unpolarised: how Vermont crushed the coronavirus (Sydney)

■ <https://www.smh.com.au/world/north-america/picturesque-and-unpolarised-how-vermont-crushed-the-coronavirus-20210130-p56y0s.html>

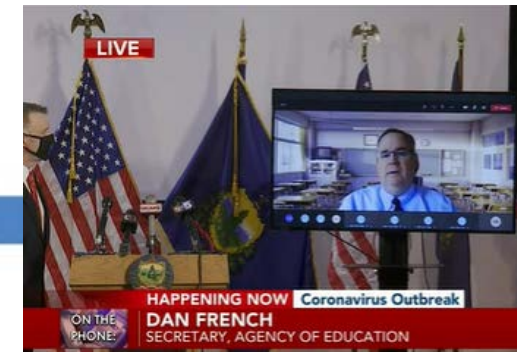
Friday Media Briefing (2/5/21)

Governor Phil Scott

- Many looking forward to return of competition for certain school/youth sports; our approach has been among most cautious in U.S. – will now allow competition w/safety GLs.
- Halloween gathering had major impact on spread of virus; please follow gathering guidance for Super Bowl.
 - ▣ Multi-household gatherings are still not allowed.
 - ▣ To parents: don't ruin this for your kids.
- As of yesterday: >10% eligible Vermonters have received first dose vaccine; supply to increase & J & J seeking approval.
- Anticipate opening registration to next group before end Feb.



Friday Media Briefing



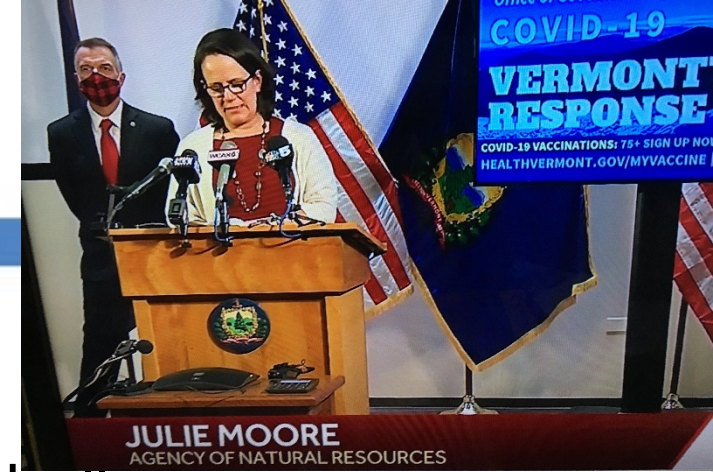
AOE Secretary French

- Weekly PCR testing in schools – update **next** week due to schedule change this week (snowstorm: moved Tuesday testing to Thursday)
- VPA Survey: “How are your students doing academically?”
- 58 principals responded – range of outcomes: more students struggling, not passing courses, more substantially disengaged/at risk of dropping out; high-achieving w/tremendously higher stress levels than normal.
 - ▣ Still working to close gaps from remote learning in spring; absenteeism/lack of engagement are central concerns.
 - ▣ Handful (elected remote 5d./wk.) rarely attend nor respond to outreach; some groups maintaining acad. achievement levels despite challenges. Genl. disposition much more passive – class conversations more subdued; few field experiences.

Friday Media Briefing

Agency of Natural Resources Secretary Julie Moore

- Feb. 12: resume interscholastic/youth competition
- Basketball, hockey, indoor soccer, futsal, broomball, volleyball.
- Individ. sports/low-no contact: swimming, bowling, figure skating, dance, gymnastics.
- Close proximity sports: no more than 2 games/7d. & minimum 3d. between games. No spectators at indoor events – only key personnel.
- Enc. look for creative solutions – e.g., virtual viewing.
- Updated guidance on SOV web site by end of day Monday, 2/8/21
- Mask mandate extended to referees & officials or indoor sports events.
- No evidence of virus exposure as result of last phases – past 2 ½ wks, close contacts w/in teams but no evidence of transmission.



Friday Media Briefing (cont'd.)



AHS Secretary Mike Smith

- ❑ 58,219 Vaccine update: 21% in 75+ have rec'd. 1st dose; 33,100 have registered.
- ❑ This week added Alburgh, Beecher Falls (Essex Co.)
- ❑ Next week: Grace Cottage; NMC; week after Mt. Ascutney Hosp.
- ❑ Last night clinic for those w/ltd. English prof in BTV – 50; this eve., Winooski for 50 (75+)
- ❑ Recent final CDC guidance transporting vaccine for homebound.
 - ▣ Today: Caledonia, Franklin, Orange, Windsor, Windham Counties
- ❑ Partnership between local HHA & EMS – HHA will contact clients
 - ▣ Ongoing discussion re: outreach to non-clients.

Friday Media Briefing (cont'd.)



AHS Secretary Mike Smith

- ❑ Group 1a continue to be eligible – hospitals continue to receive vaccine if appts. were delayed or earlier choice not to receive; & for new employees. No **new** categories added to Group 1a.
 - ▣ Register via hospital – NOT online; latter ONLY for Vermonters 75+.
 - ▣ In regular communication with hospitals, including est. numbers needed (~2500).
- ❑ Will be some overlap as transition from one group to next.
- ❑ Please recall: **NO waiting list** for “extra doses at end of day.”
- ❑ Striving to prevent wasted doses by – we have list of registered 75+ in each areas and those eligible in 1a & homebound – ***we will call them.***
Last resort: local clinics may give to non-eligible to prevent waste.

Friday Media Briefing (cont'd.)



VDH Commissioner Levine

- Our 7-day case numbers trending down: 7d. average low 130s.
- Continuing to monitor increased spread in Bennington Co.
- Increased testing: northern half of Benn. Co.; engaging ski areas. Goal: all residents have ready access to testing.
- This could occur anywhere in VT – began w/multi-HH gatherings in Dec. May reflect NY proximity, ski. But majority reflects **community transmission**.
- SVMC hospitalizations have stabilized; regional hospitals collaborating.
- Continuing efforts re: genetic sequencing – expect 1st results early next wk.
- B.1.1.7 now detected in 33 states- expect to see in VT.
- Deaths w/o increase today; trend improving; reflects LTCFs.

Friday Media Briefing (cont'd.)



VDH Commissioner Levine

- ❑ VDH report: 71% of LTCFs w/o outbreak or cases.
- ❑ Steep drop in incidence rate among staff/residents from Dec. – Jan.
- ❑ More aggressive testing (BinaxNOW Ag tests) & successful vaccine program.
 - ▣ LTC residents account for >2/3 deaths in VT.
- ❑ 65% that had a single case did NOT see additional spread.
- ❑ Reflects work of VDH HC Outbreak Prevention & Response team/policies.
- ❑ Youth sports: current data reinforces these decisions – does not disrupt in-person learning.
- ❑ *“What worries me far more is a certain American tradition coming on Sun.”*

Friday Media Briefing (cont'd.)



VDH Commissioner Levine

- ❑ Super Bowl has potential to truly damage our recent progress.
- ❑ Stick to your own household – gathering increases risk b/c indoors, eating/drinking w/o masks.
- ❑ SEE CDC tips (next slide)
- ❑ You might say, “how naïve he is...what harm could come from this now?”
- ❑ Recall: it was Halloween gatherings/parties that drove beginning of our uptick in cases 3 months ago; hasn’t slowed down yet.
- ❑ End on optimistic note re: vaccine – Oxford Astra-Zeneca has potential to slow transmission. New data very preliminary/not peer-reviewed.
 - ▣ Monitoring vaccinees: 67% reduction in pos. (PCR) nasal swabs between groups.

Calling All Football Fans

VDH: Watch the Super Bowl Safely

- ❑ Celebrate with the people you live with.
- ❑ Host a virtual watch party / start a text group & chat while you watch.
- ❑ Make your own game-day apps/snacks or get take-out food (support local food estab.)
- ❑ Remember: many VT cases/outbreaks started with small gatherings.
 - Dr. Fauci (ABC's "Good Morning America"): "You don't want parties with people that you haven't had much contact with. You just don't know if they're infected. So as difficult as that is, at least this time around, just lay low and cool it."

Safer Ways to Enjoy the Super Bowl

Gathering virtually or with the people you live with is the safest way to celebrate the Super Bowl this year. If you do have a small gathering with people who don't live with you, outdoors is safer than indoors. This year, choose a safer way to enjoy the game.



Host a virtual Super Bowl watch party.

- Wear clothing or decorate your home with your favorite team's logo or colors.
- Make appetizers or snacks with the people you live with to enjoy while watching the game and share the recipes with your friends and family.
- Start a text group with other fans to chat about the game while watching.

Attend an outdoor viewing party where viewers can sit 6 feet apart.

- Use a projector screen to broadcast the game.
- Sit at least 6 feet away from people you don't live with.

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/small-gatherings.html>

Practice Issues

Friday Potpourri



In Case You Missed It

Recent VCHIP-CHAMP-VDH COVID-19 Update Calls:

https://www.med.uvm.edu/vchip/projects/vchip_champ_vdh_covid-19_updates

- ❑ **MIS-C Update** (1/29/21) – Kristin P. Crosby MD, Pediatric Critical Care Medicine, UVM CH
- ❑ **COVID-19 Vaccine Update** (2/3/21) – Benjamin Lee MD, Pediatric Infectious Diseases, UVM CH & LCOM Vaccine Testing Center

AAP COVID-19 Town Hall series:

- ❑ **Addressing Uncertainty: Looking Ahead to Year 2** (2/4/21)
 - ▣ Factors re: pandemic stresses/challenges & strategies for looking ahead
 - ▣ <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/connecting-with-the-experts/>

Inspiration from a Colleague: Sara Quayle, MD FAAP

- From Barb Kennedy: *“I am delighted to share with you the recently published poems by Sara Quayle, as the February featured poet, in Mocking Heart Review.”*
- <https://mockingheartreview.com/volume-6-issue-1/poetry/featured-poet-sara-quayle/>
- *“Her poems are gripping and inspiring.”*



In Case You Missed It... (link now available)



UVM/LCOM Martin Luther King, Jr. Day Event (presented 1/20/21)

- Offices of the President; VP for Diversity, Equity & Inclusion; Department of Student Life
 - ▣ Topic – ***Health Deficit: The Journey to Health Parity***
 - ▣ Keynote Speaker: **Leon McDougale, MD, MPH** – 1st African American Professor w/tenure, Ohio State University Department of Family Medicine; 1st Chief Diversity Officer for the OSU Wexner Medical Center; 121st President of the National Medical Association/NMA
- https://www.youtube.com/watch?v=7gn9x9_uYos&feature=youtu.be



Multilingual Resources

<https://www.youtube.com/channel/UC3zjPpeFnXqvESr1y3d4DvQ>



Vermont Multilingual Coronavirus Task Force

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ARABIC: Facts about the Covid-19 vaccine.

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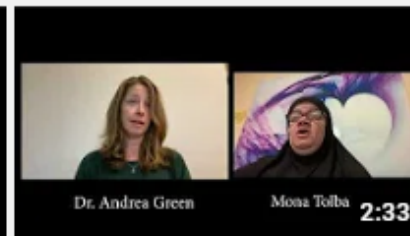
ARABIC: Self test for Covid-19. How to do it!

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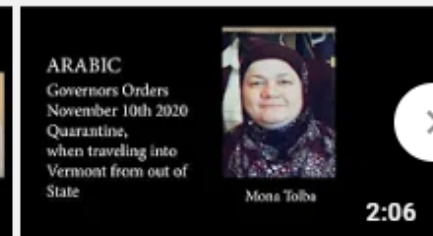
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ARABIC: Governors orders re travel into Vermont from...

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BURMESE

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Happening Now



- Big Change Roundup: bigchangeroundup.org
 - Largest fundraiser for the UVMCH; funds raised support patients and families.
 - Examples: some child life services; new program startup (e.g., Transgender Program; safe sleep program on Mother Baby Unit); injury prevention initiatives; food insecurity initiative (CSC); support for inpatient families (ferry passes, gas cards, meal vouchers)
- Please help to promote personally as you are able and through your practices/organizations

Questions/Discussion

- ❑ Q & A Goal: monitor/respond in real time; record/disseminate/revisit later as needed.
- ❑ **For additional questions, please e-mail:** vchip.champ@med.uvm.edu
 - ❑ What do you need – how can we be helpful (specific guidance)?
- ❑ **VCHIP CHAMP VDH COVID-19 website:**
https://www.med.uvm.edu/vchip/projects/vchip_champ_vdh_covid-19_updates
- ❑ Next CHAMP call – ***Monday, February 8, 2021 – 12:15-12:45***
- ❑ Generally back to **Monday/Wednesday/Friday** schedule
- ❑ Please tune in to VMS call with VDH Commissioner Levine: (special topic this week)
Thursday, February 11, 2021 – 12:30-1:00 p.m. – Zoom platform & call information:
- ❑ **Join Zoom Meeting:**
<https://us02web.zoom.us/j/86726253105?pwd=VkVuNTJlZFQ2R3diSVdqdIJ2ZG4yQT09>
 - ❑ Meeting ID: 867 2625 3105 / Password: 540684
- ❑ One tap mobile - +1 646 876 9923,,86726253105#,,,0#,,540684#