VCHIP / CHAMP / VDH COVID-19 UPDATES

Wendy Davis, MD FAAP - Vermont Child Health Improvement Program, UVM
Breena Holmes, MD FAAP – Director of Maternal & Child Health, Vermont Department of Health
April 22, 2020
1) All participants will be muted upon joining the call.
   If youdialed in or out, unmute by pressing #6 to ask a question (and press *6 to mute).

   Presenters: Please avoid the use of speakerphone and make sure your computer speaker
   is muted if you dialed in via phone.

2) To ask or respond to a question using the Chat box, type your question and click
   the 📨 icon or press Enter to send.
Overview

- Happy 50th Anniversary of Earth Day!
- Situation update
  - Surveillance
  - Testing – Pediatric Testing Health Advisory
- Other Updates
- Practice Issues:
  - Mental Health Services During COVID-19
  - Food Insecurity & Access for Vermonters
- Question and Answer

[Please note: the COVID-19 situation continues to evolve very rapidly – so the information we’re providing today may change quickly]
Situation update

- Mass testing at Pine Heights and Thompson House (both LTC in Brattleboro) today.
- Expect 350-400 specimens to public health lab today
- 9 patients in ICU
- 5 patients on ventilators

<table>
<thead>
<tr>
<th>Total Cases</th>
<th>823</th>
</tr>
</thead>
<tbody>
<tr>
<td>Currently Hospitalized</td>
<td>18</td>
</tr>
<tr>
<td>Hospitalized Under Investigation</td>
<td>19</td>
</tr>
<tr>
<td>Deaths</td>
<td>40</td>
</tr>
<tr>
<td>Total Tests</td>
<td>13,462</td>
</tr>
<tr>
<td>People Being Monitored</td>
<td>23</td>
</tr>
<tr>
<td>People Completed Monitoring</td>
<td>819</td>
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</tbody>
</table>

Last Updated (M/DD/YYYY): 4/22/2020, 10:35 EDT

April 22, 2020
Situation update (cont’d.)

COVID-19 Cases and Deaths by Age Group

Vermont COVID-19 New and Cumulative Cases, Cumulative Deaths
Situation update: Deaths by Sex/Ethnicity/Race

COVID-19 Deaths by Sex
- Female: 35%
- Male: 65%

COVID-19 Deaths by Ethnicity if Known
- Not Hispanic: 100%

COVID-19 Deaths by Race if Known
- White: 92.11%
- Asian: 5.26%
- Other Race: 2.63%

Hover over charts to see values
Situation update: Syndromic Surveillance

Syndromic Surveillance

Percent of Emergent Care Visits for COVID-19 like illness and Influenza Diagnosis

Syndromic Surveillance from 12 of 14 Vermont Hospitals and 2 Urgent Care Centers

Interpret with caution, there is a chance for over or underestimation given the lag in reporting.

Both COVID-19 like illness and influenza diagnosis are determined using the patient’s chief complaint and/or discharge diagnosis.

COVID-19 like illness is the presence of a fever with the addition of shortness of breath, difficulty breathing, or cough.

COVID-19 like illness excludes patients with an influenza discharge diagnosis.

Influenza diagnosis is a patient with a discharge diagnosis of influenza.
Situation update: Testing

- VDH Public Health Lab: 228 tests (4/21/20)
- UVMMC (4/21/20): 34 rapid (45-minute), 23 (3-hour), 66 other in-house
- Broad (MIT): 49 tests
- Pediatric Testing Health Advisory (HAN: 4/21/20)
  - Begin testing symptomatic children, regardless of severity, with NP swabs; refer to central testing sites.
  - Priority for mod-severe sxs: children of HCPs, with chronic conditions, in congregate housing, with exposure to patient with COVID-19.

- 29 deaths: 13/29 resided in LTC facilities (median age 80 with range 70-95; 6 male and 7 female). All had multiple co-morbidities.
- 16/29 resided outside of a care facility (median age 80 with range of 39-93). All had one or more chronic medical conditions.

Governor’s Press Briefing (4/22/20): extensive discussion regarding educational adaptations and planning

Focus on Internet access
Practice Issues

Mental Health Services During COVID-19
Vermonters and Food Insecurity & Access
MENTAL HEALTH SERVICES DURING COVID-19

April 22, 2020
Department of Mental Health
Laurel Omland, MS, NCC – Child, Adolescent & Family Unit Director
Samantha Sweet, LICSW – Operations & Care Management Director
MENTAL HEALTH SERVICES

• Mental health services are Essential Services
• DMH & DVHA leveraged Covid-19 related Medicaid flexibilities to alleviate restrictions on service delivery and payment mechanisms
  • All services may be provided through telehealth (video + audio) or phone (audio only)
  • In-person services continue where deemed clinically necessary
• All DAs have shifted their service delivery and are connecting with child/youth, individuals and families
• New referrals can occur, services are available
• Streamlined medical clearances for all levels of care – inpatient, residential, crisis beds

DMH guidance:
<table>
<thead>
<tr>
<th>SERVICES</th>
<th>EXAMPLES</th>
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<tbody>
<tr>
<td>Psychiatry via telehealth</td>
<td>Facilitating emotional regulation through body-based and mindfulness activities</td>
</tr>
<tr>
<td>Therapy via telehealth &amp; telephone</td>
<td>Running group activities over Zoom: music time, art classes, exploring nature, cooking</td>
</tr>
<tr>
<td>Emergency Services via telehealth and in-person with protocols</td>
<td>Increased time with parents/guardians</td>
</tr>
<tr>
<td>ABA with children with Autism via telehealth and in-person with protocols</td>
<td>psychoeducation and supportive counseling to cope with stressors</td>
</tr>
<tr>
<td>Case management via telehealth &amp; telephone</td>
<td>transferring behavioral plans to the home setting</td>
</tr>
<tr>
<td>Discharge planning from inpatient</td>
<td>Assisting with accessing resources to meet basic needs: meal delivery, technology</td>
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<tr>
<td>School-based supports via telehealth, telephone and within remote learning platforms</td>
<td></td>
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<tr>
<td>Challenges with internet access &amp; phone minutes</td>
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UVM Food Access and Security During Coronavirus: A Vermont Study

- **UVM**, Department of Nutrition and Food Sciences and Johns Hopkins University, Center for a Livable Future

- Online survey for two weeks in Vermont

- Beginning **March 29th** (less than a week after the order to “Stay home, stay safe”)

- **Promotion**: Front Porch Forum, social media ads, media coverage, and community partners

- Total of **3,251 Vermonters** responded, representative of the Vermont population

- More at: [uvm.edu/cals/nfs/profiles/meredith_t_niles_phd](http://uvm.edu/cals/nfs/profiles/meredith_t_niles_phd)
UVM Food Access and Security During Coronavirus: A Vermont Study

- **33% increase in food insecurity** since the coronavirus outbreak began in Vermont

<table>
<thead>
<tr>
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<th>Food insecure</th>
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<tbody>
<tr>
<td>Last 12 months</td>
<td>18%</td>
</tr>
<tr>
<td>Since outbreak</td>
<td>24%</td>
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- **Most helpful actions for meeting their food needs:**
  increased trust in the safety of going to stores and more food in stores

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Respondents experiencing food insecurity were more likely to be people of color, female, live in households with children, and live in larger households.

Majority of respondents experiencing food insecurity are not utilizing food assistance programs.

⅔ of respondents experiencing food insecurity are already buying different, cheaper foods or eating less to make their food last.

Vermonters are helping each other – there was a reported doubling in the percentage of people receiving their food via delivery from other people.
45% of respondents with jobs experienced some type of job disruption or loss.

38.5% of respondents experiencing job loss or disruption since the outbreak were classified as food insecure.
NEW: WIC Online Referral Form

- **Who:** health care providers for pregnant/post-partum Vermonters, or infants and children up to age 5

- **What:** Assess and refer for WIC services as family finances may change during pandemic
  - Nutrition counseling, breastfeeding support and healthy foods free for Vermont families who qualify.

- **How:** online provider referral form, posted on our Resources for Health Professionals webpage.
NEW: WIC Online Referral Form

- How (cont’d.):
  - Upon referral, local WIC staff follow-up with the family by phone, determine WIC eligibility, & if eligible, schedule enrollment appointment.
  - All WIC appointments are currently being done by phone.
- If unable to access online referral form, please contact wic@vermont.gov for assistance. For more program updates go to www.healthvermont.gov/wic
Help Me Grow (HMG) Vermont

- Online ASQ-3 freely accessible for anyone from the Help Me Grow Vermont web page
- https://helpmegrowvt.org/ages-stages-questionnaire
Two ways to Use HMG online ASQ

Clinic User

- Help Me Grow sets clinic staff up as user on online Brookes system
- Clinic staff can send ASQ-3 link to patients to complete
- Clinic notified when ASQ-3 completed and can access full screen and summary in Brookes online system

Parent/Caregiver User

- Parent/caregiver completes online ASQ-3
- This initiates a “new” case for HMG, who contacts family to discuss results and refer to resources as needed
- If patient gives permission, HMG can share results with clinician

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### Things to consider

<table>
<thead>
<tr>
<th>Clinic User</th>
<th>Parent/Caregiver User</th>
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<tbody>
<tr>
<td>- Clinic has access to all pt. screening results</td>
<td>- Clinic only has access to ASQ results if family gives permission</td>
</tr>
<tr>
<td>- See results in real time</td>
<td>- Delay in results: HMG has to contact family before sharing screen results with clinic</td>
</tr>
<tr>
<td>- Email notification when screens for your patients are completed</td>
<td></td>
</tr>
<tr>
<td>- Can bill for screen</td>
<td>- Can bill for screen (if shared)</td>
</tr>
<tr>
<td>- Need to request account and be trained (&lt; 1 hour)</td>
<td></td>
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To learn more

- Contact Rachel Wallace-Brodeur at VCHIP
  - Rachel.Wallace-Brodeur@med.uvm.edu
Upcoming topics

- Continue to follow telehealth, telephone coverage, other financial relief.
- Summer camps/other recreational activities
- OneCare Vermont all-payer model adjustments
- **Tomorrow:** report from UVM Children’s Hospital and Specialty Care Providers (Liz Hunt, MD and Lewis First, MD)
- Dr. Tim Lahey, UVMMC – ethical considerations (May 1, 2020)
Questions/Discussion

- Q & A Goal: monitor/respond in real time – record/ disseminate later as needed (and/or revisit next day).
- For additional questions, please e-mail:
  - vchip.champ@med.uvm.edu
  - What do you need – how can we be helpful (specific guidance)؟
- VCHIP CHAMP VDH COVID-19 website:
  https://www.med.uvm.edu/vchip/projects/vchip_champ_vdh_covid-19_updates
- Next CHAMP call: **Thursday, April 23, 12:15-12:45** (same webinar/call information – invitation to follow)
- Please tune in to VMS call with Commissioner Levine:
  - **Tuesday, April 28, 12:15-12:45**
  - Phone: 1-802-552-8456
  - Conference ID: 993815551