

VCHIP / CHAMP / VDH COVID-19 UPDATES



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May 7, 2020




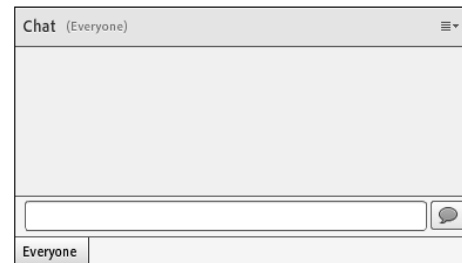
Technology Notes

1) All participants will be muted upon joining the call.

If you dialed in or out, unmute by pressing #6 to ask a question (and press *6 to mute).

Presenters: Please avoid the use of speakerphone and make sure your computer speaker is muted if you dialed in via phone.

2) To ask or respond to a question using the *Chat* box, type your question and click the  icon or press Enter to send.



Overview

- Happy National Teacher Appreciation Week!
 - ▣ *Calling all Tweetiatricians:* Post a #TBT w/memories of favorite teacher
- Situation update
 - ▣ Surveillance
 - ▣ **Testing**
- VDH/Other Updates
- Practice Issues:
 - ▣ **Pediatric Inflammatory Syndrome**
- Question and Answer

[Please note: the COVID-19 situation continues to evolve very rapidly – so the information we’re providing today may change quickly]



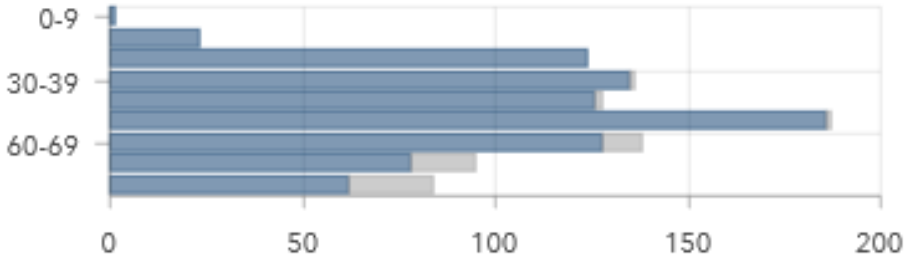
Situation update

| | |
|----------------------------------|----------------------|
| Total Cases | 916 |
| Currently Hospitalized | 5 |
| Hospitalized Under Investigation | 9 |
| Total People Recovered | 718 |
| Deaths | 53 |
| Total Tests | 18,451 |
| People Being Monitored | 23 |
| People Completed Monitoring | 841 |
| Last updated: | 5/07/2020, 10:40 EDT |

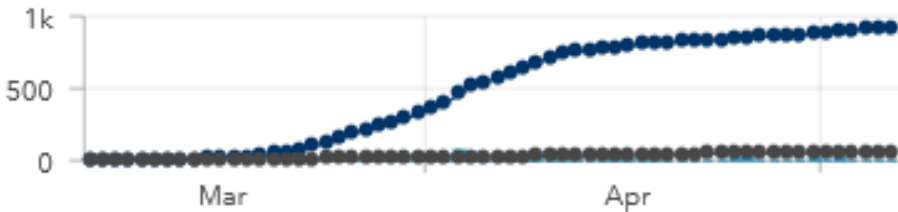
- VDH Public Health Lab: 131 tests
- UVMMC: 436 total in house (248 across 3 testing platforms); 188 to Broad
- Hospitalized patients: 1 patient in ICU, ZERO patients on ventilator
- *NEW*: Reminder: “Total People Recovered” based on the number of confirmed positive cases (VT residents & non-VT residents who tested positive in VT; does not include deaths or patients currently hospitalized).

Situation update (cont'd.)

COVID-19 **Cases** and Deaths by Age Group



Vermont COVID-19 **New** and **Cumulative** Cases, **Cumulative** Deaths



Hover over chart to see values



Cases and Deaths by Date and Age



Testing Updates

- VDH Public Health and UVM MC laboratories now accepting **nares swabs**
 - ▣ Instructional video for proper collection (per CDC guidance) in development
 - ▣ **CDC now saying full PPE for this** – we will continue to address.
- Awaiting plan for test kit distribution – please stay tuned!
- Testing Task Force:
 - ▣ Pop Up Sites for First Responders and HCWs organized by VDH with National Guard



Q & A Follow Up from 5/6/20

- **What do I do if I'm a close contact of someone who is waiting for their test results?**
 - ▣ People can be contagious for up to 48 hours before showing symptoms, so quarantine for 48 hours or until results come back.
 - ▣ If test results are positive (person has COVID-19), then continue to quarantine for 14 days.
 - ▣ If test results are negative (the person does not have COVID-19), then you should start self-observation.

Follow up Q and A from 5/6/20








□ Health Care Workers

- Employee Health here at UVMMC: HCWs who are asymptomatic and a contact of a known COVID+ are allowed to work if masked with active symptom surveillance. This general guidance was developed to avoid having large-scale HCW shortages, particularly in the event of a surge.
- Discontinuing isolation when asymptomatic
 - The CDC has now changed their guidance for **symptom-based isolation** from 7 to 10 days after onset.
- Symptom-based strategy is recommended in VT, as the test-based strategy has proven to be too problematic.

VDH Resource: isolation, quarantine, self-observation



COVID-19: What is isolation, quarantine and self-observation?

|  | | Isolation | Quarantine | Self-observation |
|---|--|--|---|---|
| | For whom? | People sick with COVID-19 or tested positive for COVID-19 but did not have any symptoms. | People with no symptoms and who <ul style="list-style-type: none"> were in close contact with someone sick with COVID-19, or are returning to Vermont from out of the state for anything other than an essential purpose.¹ | Other Vermonters who don't have symptoms. |
|  | Do I stay home? | Yes | Yes | Yes |
|  | Can I go to work? | No. Work at home if your job allows it and if you feel well enough. | No. Work at home if your job allows it. | Work at home if you can. Only essential employees and some other employees should go to work. |
|  | Can I go outside for walks, bike rides, hikes? | No, not until you have recovered. ² | No, not until 14 days have passed and no symptoms have appeared. ³ | Yes, but keep six feet away from others, except people you live with. Wear a mask if it's crowded. |
|  | Can I go out for groceries and other essential items like medication? | No, not until you have recovered. ² | No, not until 14 days have passed and no symptoms have appeared. ³ | Yes, but keep six feet away from others, except people you live with. Wear a cloth mask. Wash your hands often and don't touch your face. |
|  | Do I stay in a separate room in my home? | Yes, until you have recovered. ² | If possible, until 14 days have passed, and no symptoms have appeared. ³ | No |
|  | What if I start to feel ill? | | Start isolation and call your health care provider. | Start isolation and call your health care provider. |

¹ Essential purpose travel includes travel required for food, beverage or medicine; medical care; care of others; and to perform work, services or functions deemed critical to public health and safety and economic and national security.

² Recovery is when all three have happened:

1. It's been three full days of no fever without the use of fever-reducing medication, and
2. Other symptoms have improved, and
3. At least 10 days have passed since any symptoms appeared.

Or if you didn't have symptoms when you were tested, recovery is when 10 days have passed since the date of your first positive test and you continued to have no symptoms.

³ For close contacts: 14 days since the day you were last in close contact with the person with COVID-19.

For returning travelers: 14 days since you were last outside of Vermont. Day 0 is the day of possible exposure.

Rev. 5/05/2020

Quarantine Policy Change

- People in Vermont who are in quarantine will have a quarantine period of 12 days.
- People in quarantine in Vermont will have the option to obtain a test for SARS-CoV-2 on day 7 or later of their quarantine. They must remain in quarantine until they receive the test results. If the test is negative and if they remain asymptomatic, they may then end their quarantine period.

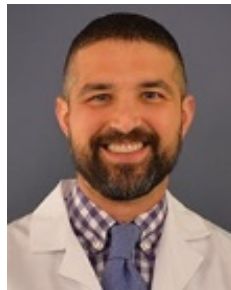
Discontinuing isolation

- CDC (4/27/20) recognizes that repeated positive tests pose a challenge for allowing people to leave isolation. CDC is in the process of changing the guidance to:
 - ▣ **Time-since-illness-onset and time-since-recovery strategy (non-test-based strategy)**
 - ▣ **Persons with COVID-19 who have symptoms** and were directed to care for themselves at home may discontinue isolation under the following conditions:
 - ▣ At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and**
 - ▣ Improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,
 - ▣ At least **10** days have passed *since symptoms first appeared*.

Practice Issues

Pediatric Multi-System Inflammatory Syndrome Potentially Associated with COVID-19

Matthew Hollander, MD – Pediatric Rheumatology, UVM Children's Hospital



THE
University of Vermont
Children's Hospital

Upcoming Topics

- **Tomorrow:** Revisiting all things testing!
- Continue to follow developments in telehealth/phone coverage
- Health care “restart” details
- Summer camps/other recreational activities
- OneCare Vermont all-payer model adjustments
- UVM MC and HN plans to resume **necessary care**
- **School reopening/reentry**; adolescent well care; IZ catch-up (flu)

Questions/Discussion

- Q & A Goal: monitor/respond in real time – record/ disseminate later as needed (and/or revisit next day).
- **For additional questions, please e-mail:**
 - vchip.champ@med.uvm.edu
 - **What do you need** – how can we be helpful (specific guidance)?
- **VCHIP CHAMP VDH COVID-19 website:**
https://www.med.uvm.edu/vchip/projects/vchip_champ_vdh_covid-19_updates
- Next CHAMP call: **Friday, May 8, 12:15-12:45** (same webinar/call information – invitation to follow)
- Please tune in to VMS call with Commissioner Levine:
Tuesday, May 12, 12:15-12:45
Phone: 1-802-552-8456
Conference ID: 993815551