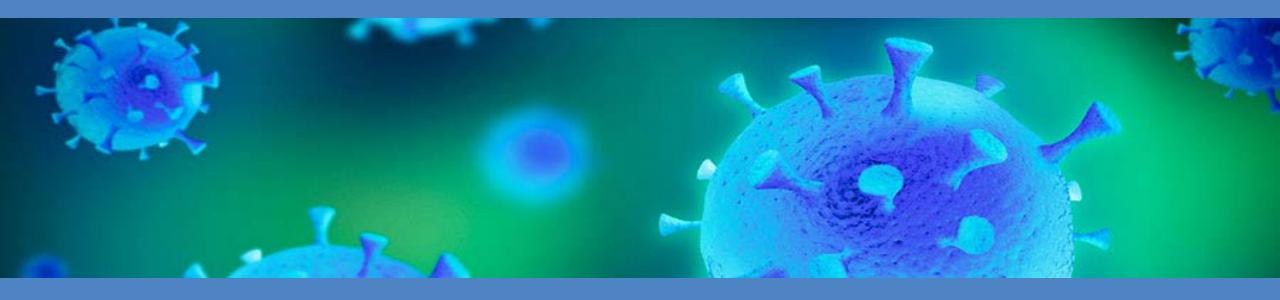
VCHIP / CHAMP / VDH COVID-19 UPDATES



Wendy Davis, MD FAAP - Vermont Child Health Improvement Program, UVM
Breena Holmes, MD FAAP – Director of Maternal & Child Health, Vermont Department of Health
June 17, 2020









Technology Notes

1) All participants will be muted upon joining the call.

If you dialed in or out, unmute by pressing #6 to ask a question (and press *6 to mute).

Presenters: Please avoid the use of speakerphone and make sure your computer speaker is muted if you dialed in via phone.

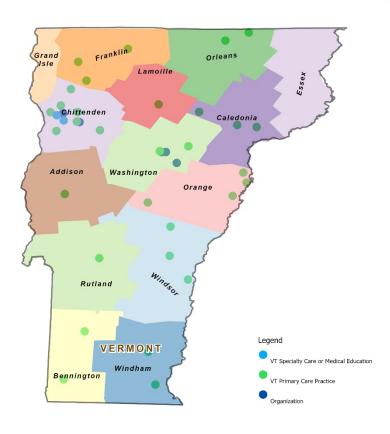
2) To ask or respond to a question using the *Chat* box, type your question and click the licon or press Enter to send.







VCHIP - VDH COVID-19 Update Call Participation











Overview

- Celebrating the birthday of Venus Williams
- □ Celebrating Supreme Court ruling (6/15/20) that the 1964
 Civil Rights Act protects gay and transgender Americans from workplace discrimination (6 3)
- Reminder: continuing our new call schedule: Mon/Wed/Friday
- Situation, VDH, AAP, and other updates
- Today's Media Briefing
- Practice Issues: COVID-19 Safe & Healthy School
 Guidance (cont'd.) Breena Holmes, MD FAAP
- □ Q & A, Discussion

[Please note: the COVID-19 situation continues to evolve very rapidly – so the information we're providing today may change quickly]





Situation update



- No patients in ICU/on ventilators
- Daily testing in Burlington/Winooski this week for asymptomatic persons
- Ongoing opportunities for testing of asymptomatic persons at pop-up sites – find times/locations & register at:

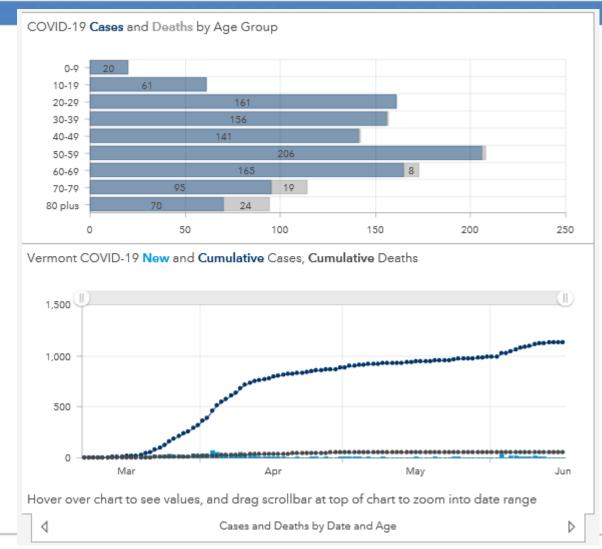
https://humanresources.vermont.gov/popups

https://www.healthvermont.gov/response/coronavirus-covid-19/current-activity-vermont#dashboard





Situation update

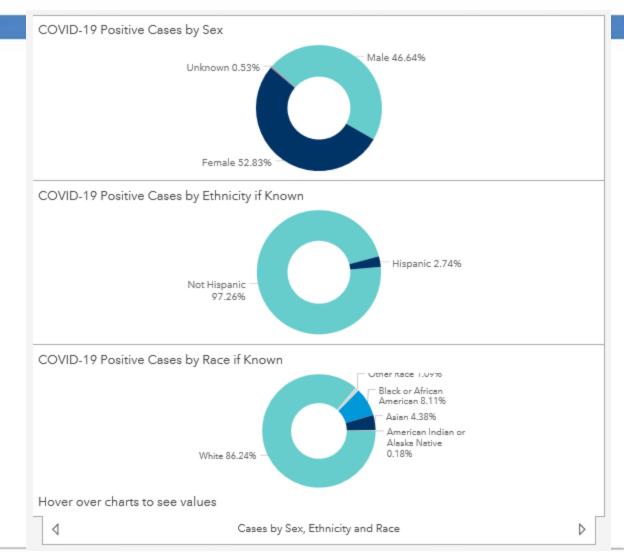




VCH P

June 17, 2020

Situation update





AAP Updates

- Pediatrics Collections (thank you, Lewis First!)
 - Curated groups of articles and policy statements that address important issues in pediatric medicine (including latest/best practices), child health, public health, & trending news/events.
- □ COVID19
 - https://www.aappublications.org/cc/covid-19
- Racism and Its Effects on Pediatric Health
 - https://www.aappublications.org/cc/racism-and-its-effects-on-pediatric-health
- Other topics: (current) vaping, ADHD evaluation and care,
 depression & suicide prevention; (future) autism, LGBTQ health.





AAP Request







Professionals supporting young children ages birth-5 and their families --

Sesame Street needs your help!

- Do you work directly with young children ages birth to 5 years old and/or their families in the areas of health or early childhood education?
- Have you been working in your role supporting young children and/or their families for at least 9 months?
- Are you comfortable using a computer and have high speed internet access?

If so, can you spend 1½ hours with us to talk online about health and nutrition materials Sesame Street would like to create for professionals like yourself and the families with young children you support?

Participants will receive \$200.

The discussions will take place in an online video discussion group during the weeks of June 22nd-July 10th (exact times and dates are still being confirmed).

If you are interested, please go to the link below to see if you qualify to participate:

https://youthproviders.questionpro.com, or call Holly at 317-246-0481

THANK YOU-we look forward to hearing from you!







AAP Updates

- Latest COVID-19 advice for parents/caregivers from HealthyChildren.org - recent articles include:
 - What to Look for In a Summer Camp During COVID-19
 - Should Your Child Be Tested for COVID-19?
 - Stress and Violence at Home During the Pandemic
 - Caring for Children with Asthma During COVID-19: Parent FAQs
- AAP National Conference & Exhibition to be virtual in 2020
 - □ October 2 6, 2020
 - Program updates to follow





Presentations of Interest

Monday, 6/15/20: Family Medicine Grand Rounds:

- □ Racial Disparities in Healthcare Amalia Kane, MD, PGY3
 Wednesday, 6/16/20: Pediatric Grand Rounds
- □ COVID-19 in Vermont Drs. Levine, Kelso, Read and Holmes Friday, 6/19/20: But Why: A Podcast For Curious Kids (VPR:
- Episode will be about race and racism.
 - https://www.npr.org/podcasts/474377890/but-why-a-podcast-forcurious-kids





VDH Updates (cont'd.)

- COVID-19 testing events in Burlington and Winooski,
 June 15 through June 19:
 - Who: Anyone without symptoms who wants to get tested for COVID-19. People with symptoms should call their doctors.
 - Where: Burlington and Winooski
 - **How:** Register https://humanresources.vermont.gov/burlington (BTV) or https://humanresources.vermont.gov/winooski
 - Language help available for registration: call 802-503-5402 or 802-355-0795.
 - Interpreters available at select Burlington & all Winooski events.





AAP Updates (Vermont Chapter & National)

- □ AAP-VT Task Force on Minority Health Equity
 - □ First meeting June 19, 2020, 8 9:00 a.m.
- □ Priorities:
 - Optimizing Clinical Practice (resources/glossary)
 - Resources for Parents (raising anti-racist children, infographics, etc.)
 - Screenings in Offices









Governor Scott:

- AHS, VDH & DAIL have collaborated to ease restrictions for Long Term Care (LTC) facilities
- Phased-in approach:
 - Step 1: allow outdoor visitation with up to 2 visitors/resident/day (effective 6/22/20; hope to expedite for Father's Day); track data trends to slowly increase safely.

AHS Secretary Mike Smith:

- Hospital visitation [Note: may choose more restrictive policies]
 - □ Inpatient/acute care/ED/UCCs: 1 visitor at a time. Exceptions: 2 parents or 1 parent + 1 other for pediatrics; 1 additional support person for pts. who need assistance in care. EOL managed by care team. < 2 family members at EOL.</p>





AHS Secretary Mike Smith (cont'd.):

- LTC guidance based on CDC & CMS guidance: must adopt the recommendations but may choose whether/when to lift restrictions.
- Screening for all visitors; maintain mitigation measures.
- Testing for residents and staff
- □ Outdoor visits only; cont. other creative strategies (e.g., video visits)
- Maintain contact log
- No group dining/activities within facilities. If these measures "successful," may lift further restrictions (based on community level of virus)





AHS Secretary Mike Smith (cont'd.):

- Outpatient settings: previous "basic requirements" still in place
 - Screen all visitors upon entry
 - Masks/FCCs for entirety of visit
 - Vistors permitted for patients who require support
 - 2 parents or 1 parent + 1 other visitor for pediatric patients
- Restarting Senior Centers (not adult day)
 - TA to be published today by DAIL & ACCD
- Dept. of Corrections will continue to review in weeks ahead
 - New case at Marble Valley (symptomatic new intake returning from FL; in quarantine and contact tracing under way)





VDH Commissioner Levine

- □ Epi curve returning to stable trajectory
 - No additional cases over last 4 days associated with recent outbreak
 - 13 contacts became cases
 - 60% adults/40% children; no associated hospitalizations/deaths
 - Usually allow 2 incubation periods (14d.) to expire before "containment"
- Entering Phase 3: low controlled transmission; maintain physical distance.
- Be aware of your surroundings (preference for outdoor settings)
- Choose activities that don't require close contact
- Keep your social circle small (trusted households)
- □ **Travel** continue to follow evolving guidance





Practice Issues

COVID-19 Safe & Healthy School Guidance – (cont'd.)

Breena Holmes, MD FAAP – Director of Maternal & Child Health, VDH









School Health Guidance- a FEW of the Debated Areas

- Health Screenings including temperature checks
 - home or entering bus or entering school building
- Children with Special Health and/or Educational Needs
- Staff over 65 or with chronic conditions
- Staying home when sick
- Facial Coverings
- Group size, Integrity of the group, distancing, cohorting

School Health Guidance: Facial Coverings

- Current approach after much discussion
 - All staff are required to wear facial coverings
 - Facial coverings are required for middle and high school students
 - Facial coverings for elementary age students are required when developmentally appropriate based on child's ability to wear without sucking, touching or pulling

Health Guidance: Cloth Facial Coverings for Children

Cloth facial coverings and children:



No cloth facial coverings for children under 2-years-old

No cloth facial coverings while sleeping, eating or swimming

Help children to understand the importance of wearing cloth facial coverings to prevent the spread of germs

Cloth facial coverings are developmentally appropriate for children when they can properly put on, take off, and not touch or suck on the coverage

Cloth facial coverings can be removed during outdoor activities where children and staff can maintain physical distancing and have ready access to put them back as needed when activity stops

Children who have a medical reason for not wearing a cloth facial covering must not be required to wear one







Childcare/Summer Program Resource



Face Coverings for Children

To help prevent the spread of COVID-19, children ages 2 and older sh covering in settings where they cannot keep a distance of 6 feet away help children understand how to protect one another and make face i daily routine so that play, learning, and other activities can be as safe

Homemade or purchased face coverings are fine for most people to w right fit is important. Pleated face coverings with elastic ear loops are the right size for your child's face and adjust it for a secure fit.

Who Should Wear a Face Covering?



Children age 2 and older who can wear it properly

Face coverings are appropriate for a child's stage of development wh put on, take off, and not touch or suck on the covering.

Who Should Not Wear a Face Covering?



- Children under age 2
- Children who have a medical or behavioral reason for not wearir should not be required to wear one.

Face coverings may not be appropriate if a child's stage of developm wearing a face covering difficult.

Parents and any child care and school staff should discuss the need: and consult with a health care provider if necessary (for example, for conditions such as asthma) to determine if they can safely and consi

When Should Face Coverings Be Worn?

Face coverings should be worn in settings where children and adults of 6 feet between themselves and others. This includes childcare set and schools. Other examples include:

- Running errands, such as trips to the store
- In a health care setting for an appointment
- Visiting family members outside your household
- Riding public transportation or sharing a ride with people outside

108 Cherry Street, Burlington, VT 05401 * 802-863-7200 * www.healthverr

- Walking on a busy or crowded street
- At home if someone in the household is sick



What Parents Can Expect Child Care and School Age Camps/Care

May 2020

The Vermont Department of Health recently released guidance for child care and school age camps/care that plan on operating in the summer of 2020 during the COVID-19 pandemic. This guidance and other resources can be found on the Department's website healthvermont.gov/covid.

The following is a brief description of what you may see at your child care or school age program. The following guidelines support programs to stay open and provide a safe, healthy, and fun place for your children to grow, learn, and play. For more information, please talk to your child care or school age program.

Children Able to Attend

Healthy children and children with the following symptoms may attend child care and school age programs:

- Allergy symptoms, without a fever that cause coughing and clear runny nose may stay if they have medically diagnosed allergies and follow any medical treatment plans
- . Tested negative for COVID-19, no fever for 72 hours and no symptoms of illness listed below

Children Who May Not Attend

Children may not attend when they are:

- · Have been in close contact with someone with COVID-19 in the last 14 days
- · Have symptoms, been tested for COVID, and are awaiting results
- · At high risk due to underlying health conditions
- Sick for any reason

Children also may not attend if they are experiencing any of the following:

- · A cough, fever, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new
- Fever (temperature higher than 100.4 degrees Fahrenheit)
- Severe sore throat that lasts more than 48 hours, especially with a fever
- · A significant rash, particularly when other symptoms are present
- Large amounts of discolored nasal discharge
- Severe ear pain
- Uncontrolled cough
- Diarrhea Vomiting
- · Severe headache, especially with a
- · Other signs of illness
- > If symptoms begin while at the child care or school age camp/care, the child will be sent home
- > Individuals with a temperature greater than 100.4 F will be sent home until they have had no fever for 72 hours without the use of fever-reducing medications (e.g., ibuprofen (Advil) or



Sample Weekly COVID-19 Health Checklist Child Care and School Age Camps/Care

June 2020

This is a sample weekly checklist for child care and school age camps/care for COVID related health guidelines.

Task	Complete	Initials
GENERAL		
Ensure all important signage is intact and clearly visible at designated points of		



Sample Daily COVID-19 Health Checklist Child Care and School Age Camps/Care

June 2020

This is a sample daily checklist for child care and school age camps/care for COVID related health guidelines.

Task	Complete	Initials
PRIOR TO CHILD ARRIVAL - GENERAL	17.00	
Ensure all important signage is intact and clearly visible at designated points of entrance/exit. Signage must clearly indicate that no one may enter if they have symptoms of respiratory illness. Ensure all other entryways are locked.		
Make fresh bleach/water mixture for each classroom and for the entrance, if applicable,		
Wipe down all door handles, and light switches used in primary care spaces using a disinfectant that contains 60% alcohol or bleach/water solution. Sanitize all hard surfaces. Disinfect frequently touched items including classroom phones, keyboards, 2-way radios, sinks, toilets, and faucets.		
Check all phone lines, email, and any other communication tools used for daily information sharing for messages regarding child, family, or staff illnesses since the prior day: Follow up with any illness related calls and document the details shared. If someone has become quarantined, note the earliest date they are able to return. It is recommended to chert absenteeism as it relates to illness, in particular respiratory issues.		
Ensure daily cleaning supplies and PPE equipment is refilled and accessible to staff in their program spaces. Note any supplies that are in lower quantities and in need of purchasing. Allow extra time to secure additional items.		
ARRIVAL OF STAFF (IF APPLICABLE)		
Health check (screening and temp check) on all staff (Registered Home provider should screen self and household members) • Staff with symptoms and/or temperatures higher than 100.4 should be sent home • FCCPs should close if you or a household member has symptoms and/or temperatures higher than 100.4.		
Ensure staff have access to PPE and are wearing facial coverings Staff should only work in their assigned classroom space		
Have staff place personal items in a designated spot at least 6 feet away from others' personal items. • Encourage staff to wear over-large button-down, long sleeved shirts or bring an extra change of clothing to keep on site for clothing that might become soiled. • Remember to wash hands between facial covering changes		
Communicate important updates around child illness in each classroom. Review program plans for the day to ensure each classroom is isolated in their daily plans and movements around the building.		
Review support staff plans for the day to ensure staff breaks, lunches, and/or planning time is in isolated locations with limited additional adults accessing the classroom space.		

School Health Guidance: Pediatricians Needed

- COVID Task Force with school nurse leader need pediatrician involvement
- Children with special health and education needs: Team-based care with medical home
- Social emotional health in general also in age of COVID, supporting students and staff
- Food service guidance advocacy for universal meals since many kids will be eating in classrooms. Let's decrease stigma and feed everyone
- Ventilation environment health leaders, including pediatricians needed
- Communication (staff, students, families, community): 8 times, 8 waysplease help

June 17, 2020

Health Questions Resource for Childcare Services

The Department of Health has public health nurses available to childcare, afterschool, and summer programs to answer health related childcare questions

8:00 AM to 3:00 PM Monday through Friday

Call: 802-863-7240, select the option for "Childcare Services"

After hours there will be a childcare question mailbox to leave a message and VDH staff will return your call the following business days.

VDH School Liaisons

Offices of Local Health - School Liaisons

Saint Albans

Stacy Carpenter

Stacy.Carpenter@vermont.gov

Phone: 527-5583 Fax: 527-5405

Morrisville

Joyce Larro

Joyce.Larro@Vermont.Gov

Phone: 888-1352 Fax: 888-2576

Burlington

Shannon Stem

Shannon.Stem@vermont.gov

Phone: 951-0076

Emily Fredette

Emily.fredette@vermont.gov

Phone: 951-0069 Fax: 863-

7571

Middlebury

Christina Dean

Christina.Dean@vermont.gov

Phone: 388-5742 Fax: 388-4610

Rutland

Margaret Dulli

Margaret.Dulli@Vermont.Gov

Phone: 786-5116 Fax: 786-

5984

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Kathleen O'Reilly

Kathleen.OReilly@Vermont.G

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Colleen Moore de Ortiz

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Saint Johnsbury

Vacant

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Barre

Karen Nelson

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Phone: 479-7457 Fax: 479-4230

White River Junction

Wendy Walsh

Wendy.Walsh@Vermont.Gov

Phone: 281-5028 Fax: 295-8832

Springfield

Cailin Barlow

Cailin.Barlow@Vermont.Gov

Phone: 289-0590 Fax: 885-3707

<u>Brattleboro</u>

Kathleen Goodell (Kat)

Kathleen.Goodell@vermont.gov







Upcoming Topics

- □ Final guidance for school re-opening, fall 2020
- AAP-VT Task Force on Minority Health Equity
- Immunization strategies/policy: catch-up, flu, COVID-19 (?)
- Refining guidance re: testing of HCWs in practices
- MIS-C (Multi-System Inflammatory Syndrome in Children)
- □ Health care "restart" details, incl. telehealth/telephone coverage
- Summer camps/other recreational activities
- OneCare Vermont all-payer model adjustments





Questions/Discussion

- Q & A Goal: monitor/respond in real time record/disseminate later as needed (and/or revisit next day).
- For additional questions, please e-mail:
 - vchip.champ@med.uvm.edu
 - What do <u>you</u> need how can we be helpful (specific guidance)?
- □ VCHIP CHAMP VDH COVID-19 website:

 https://www.med.uvm.edu/vchip/projects/vchip_champ_vdh_covid-19_updates
- Next CHAMP call: Friday, June 19, 12:15-12:45 (same webinar/call information invitation to follow) last call for this week.
- Please tune in to VMS call with Commissioner Levine:

Tuesday, June 23, 12:15-12:45

Phone: 1-802-552-8456

Conference ID: 993815551



