

## *Bristles & Books*

Though it is an extremely challenging time, I have found that looking at this as an opportunity to delve into my creative side for both enjoyment and stress relief has been very beneficial. I have been reading all the books I have had on my “must read” list as well as experimenting with watercolor painting and making homemade cards to send “snail mail” to my loved ones.



I urge you all to explore what can help during this time and if that is unleashing your creativity by experimenting with watercolor painting - here is a great YouTube channel to follow!

[https://www.youtube.com/results?search\\_query=jenna+rainey+watercolor](https://www.youtube.com/results?search_query=jenna+rainey+watercolor)

