

# Advanced Practice Registered Nurses Working in Vermont



## 2015 BOARD OF NURSING RE-LICENSURE SURVEY

Summary prepared by: University of Vermont AHEC Nursing Workforce, Research, and Development

### Background

This summary provides supply information for Advanced Practice Registered Nurses (APRN) working in Vermont in 2015.

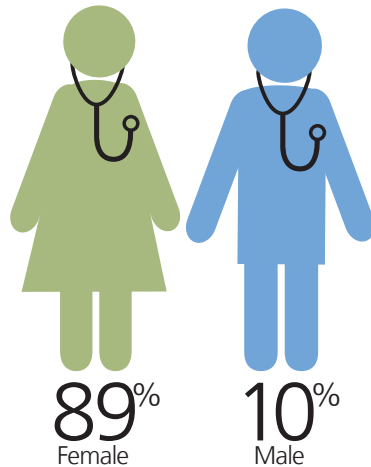
### Methods

In January to March 2015, APRNs in Vermont were required to answer survey questions as part of their relicensure application. The data were prepared for analyses by the Vermont Department of Health and UVM AHEC; this analysis was done by UVM AHEC. The number of APRNs who completed a relicensure survey in Spring 2015 was 610 (response rate 99%); this report will analyze only APRNs who reported that they were currently working in the state of Vermont (n=538).

### Demographics

#### Gender

Female: 89%  
Male: 10%  
Unreported: 1%



#### Age

Average age: 51.5 years  
Mode: 61 years  
Range: 26-81 years

#### Race/Ethnicity

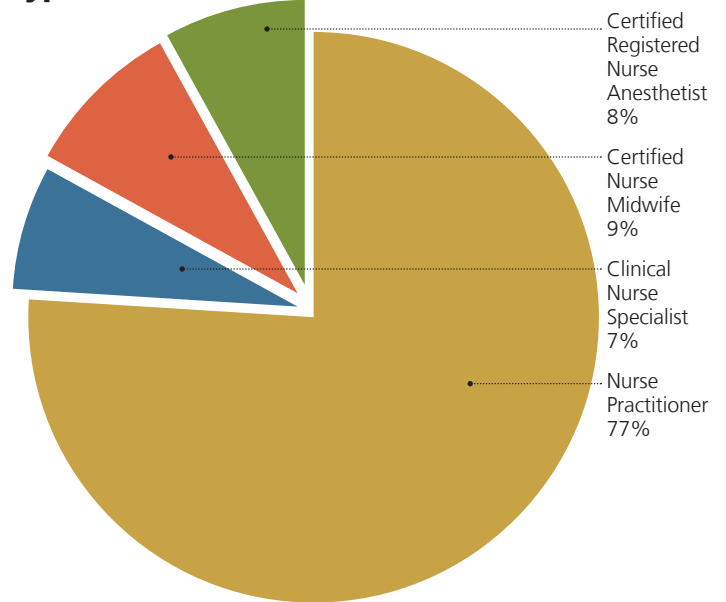
Caucasian: 95%  
Hispanic: 1%

### Education

Undergraduate degree with certificate (Diploma: 2%, ADN: 2%, BSN: 3%)	7%
Graduate degrees (MS: 87%, DNP: 3%, PhD: 3%)	93%
Currently enrolled	4%
Post-Master's certificate (4)	0.6%
DNP program (20)	3%
PhD (1)	0.1%



### Type of APRN



### Area of Credentials

Family (234)	44%
Adult (109)	20%
Psych/Mental Health (75)	14%
Midwifery: Full Scope (48)	9%
Anesthesiology (41)	8%
OB/Gyn: Women's Health (40)	7%
Pediatrics (36)	7%
Gerontology (27)	5%
Acute/Emergency Care (13)	2%
Medical/Surgical (4)	1%
School (1)	<1%

## Employment

Years worked as an APRN in Vermont*	11
Working in Vermont 1 year or less	16%
Working full-time in patient care across all practice sites	59%
Working part-time in patient care across all practice sites	41%
Working full-time with Faculty, Administrative, Research or other titles	9%
Working Per Diem	8%
Working as a traveler	1.5%
Working in a second practice site	15%
Working in a third practice site	1.5%
Have hospital privileges	40%

\* Mode: 1 year. Range: 0-41 years



## Setting of Primary Position

Physician/APRN Practice (167)	31%
Hospital: Outpatient (93)	17%
Hospital: Inpatient (62)	12%
Other Setting (60)	11%
Community Health Center (45)	8%
Independent APRN Practice: Group (27)	5%
Independent APRN Practice: Solo (22)	4%
Mental Health Center (18)	3%
Nursing Home/Extended Care (9)	2%
School or College Health Service (11)	2%
Academic Setting (5)	1%
Occupational Health (7)	1%
Home Health (3)	1%
Correctional Facility (7)	1%
Public Health (2)	>1%

The vast majority of APRNs continue to be able to accept new patients (88%) regardless of type of insurance (Medicaid: 87% and Medicare: 77%).

## Discussion of These Findings

There has been an increase (of approximately 80%) in the number of APRNs working in Vermont over the past 10 years. A steady growth in those prepared at a graduate level (now 93%) with a large increase in individuals with doctoral degrees (from 5 to 32) has been seen. Nurse practitioners (NP) are the largest group of APRNs and the number of NPs has doubled over the last decade. Many NPs (16%) have been practicing in Vermont for only a short period of time and this may represent an increased number of NPs coming to Vermont after an administrative rules change that allowed NPs a full scope of practice in 2011. APRN practice settings have remained fairly constant over the last decade with a decrease seen only in those in an MD/APRN practice (41% to 31%) and School/College Health (6% to 2%). Slight increases in the percent of APRNs working in independent APRN group practice (3% to 5%) were noted. Eleven percent of APRNs report working in "other" settings and this might need further analysis to determine if trends exist. In conclusion, APRNs are playing an increasing role in the delivery of health care services in Vermont, working in a wide variety of settings with patients across the lifespan.



For more details, contact: Mary Val Palumbo DNP, APRN  
 (802) 656-0023  
 email: [mpalumbo@uvm.edu](mailto:mpalumbo@uvm.edu)  
 Visit [www.vtahec.org](http://www.vtahec.org) to download workforce reports.