



Alexis Bailey, MD

1st Year Child and Adolescent Psychiatry Fellow

Hi, I am Alexis. I grew up in the Pacific Northwest, and I completed my medical school training at Oregon Health and Science University in Portland, Oregon. I moved to Vermont in 2017, where I had the wonderful opportunity to train in the adult psychiatry residency program at the University of Vermont Medical Center (UVMCC). Presently, I am in the first year of the child and adolescent psychiatry fellowship at UVMCC.

Prior to my medical training, I had the incredible privilege of working with adolescents and families within my local community, which impressed upon me the verity of the adage, “it takes a village to raise a child.” I appreciate that the Vermont Family Based Approach (VFBA) is a strength based system that takes into account the various influences on the child’s wellbeing including family, peers, school, community, and the dimensions of wellness. It gives me great satisfaction to work with a team of professionals whose goal is to deliver high quality, evidenced based, and comprehensive care to the children and families in Vermont. As a person who prioritizes wellness in my personal life, I value mindful living, a healthy lifestyle, and connection with others. I am enthused to be in a program where this is emphasized and encouraged within all areas, and it is an exciting challenge to learn how to incorporate these principles into the care of my patients.