# **CONFERENCE SUMMARY**

#### **COURSE DESCRIPTION**

Please join us for this 25th annual conference which will provide anesthesiologists, nurse anesthetists, and anyone with an interest in the field of anesthesia with practical reviews and timely informative clinical updates on a variety of topics of current interest. Participants will be able to identify and discuss recent developments and trends through comprehensive didactic sessions. Faculty includes recognized experts in their fields, both on a national level and from the University of Vermont. The atmosphere will be friendly and informal and there will be ample time for questions and discussion with faculty and colleagues.

#### **COURSE OBJECTIVES**

At the conclusion of this conference, participants should be able to:

- Understand the latest information in enhanced recovery after cesarean section delivery.
- Updated knowledge in ACLS related to anesthesia providers.
- Conversant in regional anesthesia techniques for critically ill as well as healthy patients.
- Understand the current theories on neuromodulation in the treatment of chronic pain.
- Able to discuss the concepts and philosophy of "placebo anesthesia".
- Updated knowledge on current state of spinal cord protection in aortic surgical procedures.
- Updated knowledge on the latest data concerning operating room attire.
- Conversant in the latest theories on post-operative delirium and cognitive decline.
- Updated knowledge on vaping-related lung injury.
- Conversant in new concepts of myocardial injury after non-cardiac surgery.
- Understand new information about regional anesthesia from clinical registries.

#### **NEW THIS YEAR! POSTER COMPETITION**

This year, to celebrate the 25th year of its inception, we are holding a poster competition for students in anesthesiology including medical students, residents, SRNAs and AAs. This is an excellent opportunity for trainees to submit a clinical case or a research or a QI Project as a poster, to network, engage in stimulating conversations, and experience what this conference has to offer. Judging for the competition will take place after the last morning lecture on Saturday March 7, 2020.

Please visit the conference website for more details on submitting, requirements and who to contact for questions: **go.uvm.edu/anesthesia2020** 

# ACCREDITATION



In support of improving patient care, The Robert Larner, M.D. College of Medicine at the University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been reviewed and is acceptable for up to 16 Nursing Contact Hours.

MOCA 2.0® credit will be offered after successful completion of the evaluation component for an additional fee of \$25.

 $\label{thm:conference} This conference includes 1 \ credit in Hospice, Palliative Care, Pain Management.$ 

Credit for other providers is pending.

# FACULTY & SPEAKERS

### **COURSE DIRECTORS**

# J. Matthew Fisher, MD

Assistant Professor, Anesthesiology The Robert Larner, M.D. College of Medicine at The University of Vermont

# Robert K. Williams, MD

Director of Anesthesia Research Professor of Anesthesia and Pediatrics Chris Abajian, M.D.'69 and Margaret Abajian Green & Gold Professor in Pediatric Anesthesiology The Robert Larner, M.D. College of Medicine at The University of Vermont

# **GUEST FACULTY**

#### Michael D. Herrick, MD

Assistant Professor, Anesthesiology Geisel School of Medicine at Dartmouth Lebanon, NH

## Simon C. Hillier, MD

Chair, Department of Anesthesiology Professor, Departments of Anesthesiology and Pediatrics Geisel School of Medicine at Dartmouth Dartmouth-Hitchcock Medical Center

# Stephen D. Surgenor, MD

Lebanon, NH

Lebanon, NH

Professor, Anesthesiology Geisel School of Medicine at Dartmouth Medical Director, Telemedicine ICU Program Dartmouth-Hitchcock Medical Center

# Andreas H. Taenzer, MD

Professor, Anesthesiology, Pediatrics & The Dartmouth Institute Geisel School of Medicine at Dartmouth Director, PainFree Sedation Center at CHaD Dartmouth-Hitchcock Medical Center Lebanon, NH

# Kate Williamson, MBBS, FRCA

Consultant Anaesthetist Portsmouth Hospitals Portsmouth Hampshire

# UNIVERSITY OF VERMONT LARNER COLLEGE OF MEDICINE AND UNIVERSITY OF VERMONT MEDICAL CENTER FACULTY

# Rany T. Abdallah, MD, PhD, MBA

Assistant Professor, Anesthesiology Chief, Division of Interventional Pain Medicine

# Kevin X. Abnet, MD

Associate Professor, Anesthesiology and Pediatrics

# Jennifer C. Gage, MD

Assistant Professor, Anesthesiology Obstetric Anesthesiologist

# Michael D. Kem, MD, MBA

Clinical Instructor, Anesthesiology Resident, Anesthesiology

# F. Louis Kirk, MD

Assistant Professor, Anesthesiology

# Bridget M. Marroquin, MD

Associate Professor, Anesthesiology

# Christopher S. Manfred, MD

Attending Anesthesiologist
UVM Medical Center
Assistant Professor, Anesthesiology
and Critical Care
Geisel School of Medicine

# Marian F. Murphy, DO

Assistant Professor, Anesthesiology Pediatric Anesthesiologist

# Jaspinder Sra, MD

Assistant Professor, Anesthesiology and Medicine

401 Water Tower Circle, Suite 102 Colchester, VT 05446

# Register Early! 25th Annual Vermont Persp

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# 25th Annual Vermont Perspectives in Anesthesia Conference

March 4-8, 2020 Stoweflake Mountain Resort & Spa Stowe, VT

MOCA 2.0® credit will be offered.

MOCA 2.0® is a trademark of the American Board of Anesthesiology®.

This conference includes credit in Hospice, Palliative Care, Pain Management.

# PROGRAM SCHEDULE

# WEDNESDAY, MARCH 4, 2020

Time		
4:00- 7:00 pm	Registration	

# THURSDAY, MARCH 5, 2020

Time	Topic	Presenter
6:30 am	Breakfast and Exhibits	
7:00	Introductory Remarks	Drs. Fisher and Williams
7:15	What's New: Myocardial Injury after Non Cardiac Surgery	Stephen Surgenor, MD
8:15	'Primum Non Placere?' – Exploring Placebo Analgesia	Michael Kem, MD
9:15	Implementation of Safe Surgery Processes and Culture Change	Kate Williamson, MBBS, FRCA
10:15	Recess	
4:00 pm	Refreshments and Exhibits	
4:30	Regional Anesthesia for the Oxygen Dependent and the Olympic Hopeful	Michael Herrick, MD
5:30	Enhanced Recovery After Cesarean Delivery	Jennifer Gage, MD
6:30	Adjourn	

# FRIDAY, MARCH 6, 2020

Time	Topic	Presenter
6:30 am	Breakfast and Exhibits	
7:00	Regional Anesthesia and What We Learned from Clinical Registries. An Update.	Andreas Taenzer, MD
8:00	Anesthesiology-Centric ACLS– Update	Simon Hillier, MD
9:00	Recess	

# COURSE # 20-801-05 go.uvm.edu/anesthesia2020

# FRIDAY, MARCH 6, 2020

Time	Topic	Presenter
4:00 pm	Refreshments and Exhibits	
4:30	Progress of Neuromodulation in the Treatment of Chronic Pain*	Rany Abdallah, MD, PhD
5:30	Maternal Mortality: Navigating Teams, Tribes, Bundles, and Huddles	Bridget Marroquin, MD
6:30	Adjourn	

# SATURDAY, MARCH 7, 2020

Time	Topic	Presenter
6:30 am	Breakfast and Exhibits	
7:00	Vaping & Associated Lung Injury – The Story So Far	Jaspinder Sra, MD
8:00	The Difficult Airway	Kevin Abnet, MD
9:00	Postoperative Delirium and Cognitive Decline: An Update	Marian Murphy, DO
10:00	Poster Session	
10:30	Recess	
4:00 pm	Refreshments and Exhibits	
4:30	The Olga Torbin Memorial Lectureship: Presented by the Senior Anesthesia Resident Winner(s) of Best Grand Rounds 2019-2020	
5:30	The 25th Annual Johns Fund Lectureship: Infant Spinal Anesthesia at the University of Vermont: Carrying the Abajian Legacy into the 21st Century	Robert Williams, MD
6:30	Reception – Families Welcome	

# SUNDAY, MARCH 8, 2020

Time	Topic	Presenter
7:30 am	Breakfast and Exhibits	
8:00	Spinal Cord Protection in Aortic Surgical Procedures	F. Louis Kirk, MD
9:00	Got Data? Operating Room Attire Policies	Christopher Manfred, MD
10:00	Conference Adjourns	

<sup>\*</sup>Indicates Hospice, Palliative Care, Pain Management Credit

# CONFERENCE DETAILS

# HOTEL INFORMATION

A block of beautifully appointed rooms has been reserved at the Stoweflake Mountain Resort & Spa in Stowe, Vt., recently named a Top 25 Resort in New England by Condé Nast Traveler.

Please make your reservations directly with the hotel (800-253-2232) prior to January 17, 2020 and indicate your participation in the Anesthesia Conference to receive special discounted rates: \$274 plus state and local tax for single or double occupancy for studio accommodations. Suites are also available for an additional cost. The nightly guestroom rate includes daily access to the Spa Lounge at Stoweflake, as well as access to the Sports & Wellness Center. There are no resort fees, no parking fees, and no WIFI fees.

A two-night minimum stay is required. Room rates cannot be guaranteed after January 17, 2020. To ensure room choice and availability, it is recommended that you make your room reservations as soon as possible.

### WINTER ACTIVITIES IN STOWE

Please visit the conference website for more information on winter activities including discounted ski coupons and rentals: go.uvm.edu/anesthesia2020

### **TRANSPORTATION**

Stowe is 10 minutes north of exit 10, I-89 on Route 100.
Burlington International Airport in Burlington, Vt. is served by major airlines. Car rental or taxi to Stowe is available. Consult your travel agent or airline reservation desk for information. You may wish to rent a car for the 45 minute trip from Burlington to the hotel and to take advantage of the many fine restaurants and shops in Stowe Village and the surrounding area.

#### REGISTRATION

Tuition Fee is \$725 for physicians, \$600 for nurse anesthetists, and \$500 for physicians-in-training\* for registrations received by February 6th. Early, online registrations are encouraged. Please visit the conference website for more information.

Refunds, minus an administrative fee of \$75, will be made only if notice of cancellation is received in writing by **February 6**, **2020.** Refunds are not possible after that date.

\*Proof of residency required by program director.

# **CONFERENCE SYLLABUS (ELECTRONIC DOWNLOAD)**

The conference syllabus will only be available as an electronic download with presentations as PDF files. Please visit the conference website for more details.

# REGISTRATION FORM

25th Annual Vermont Perspectives in Anesthesia Conference · Stoweflake Mountain Resort & Spa • March 4-8, 2020

To register online: go.uvm.edu/anesthesia2020

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PHO	DNE
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Reg	GISTRATION SUMMARY: gistrations postmarked on or before February 6, 2020: 1725 Physicians
<b>□</b> \$	600 Nurse Anesthetists
<u> </u>	500 Physicians-in-training (Verification by Program Director Required.)
ID i	25 - Yes, I would like MOCA 2.0® Credit. If yes: please provide your ABA #. If you do not know your ABA ID #, please call the ABA Communications hter at 866-999-7501 to obtain it.
AΒ	A ID #:
Reg	gistrations postmarked after February 6, 2020:
	Add \$75.00
\$_	Total Due
	# Attending Saturday's Reception (families welcome)
wit cer	NA's: In order to award credit, the AANA requires that we provide them h documentation of nurse anesthetist attendance at the sessions. CRNA tificates of attendance will be available following the conference. Please lude your AANA Membership #.
AA	NA Membership #
PA	MENT METHOD
	To pay by credit card, please visit us online at: <a href="www.go.uvm.edu/anethesia2020">www.go.uvm.edu/anethesia2020</a> and click on Attendee Registration button.
	To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM, Continuing Medical and Interprofessional Education 401 Water Tower Circle, Suite 102, Colchester, VT 05446

Phone: (802) 656-2292 Fax: (802) 656-1925

Registration is requested by FEBRUARY 6, 2020.