The University of Vermont Department of Family Medicine

PRESCRIBING CONTROLLED SUBSTANCES 2.25 credits available.

September 14-15, 2017
The Essex, Essex, Vermont

TRANSFORMING PRIMARY CARE and BEHAVIORAL HEALTH

September 14-15, 2017
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Transforming Primary Care and Behavioral Health

COURSE DESCRIPTION
How has your practice integrated behavioral health services to-date? What are your ongoing needs? This year, the Transforming Primary Care conference will focus on strategies for transforming leaders in the field will give an overview of what integrated behavioral health means, will discuss how full implementation lag nugget in the form of practical models and tools. Participants will have the opportunity to work with the AME Center to help practice move toward collaborative care.

Additional sessions will provide examples of how behavioral healthcare has been integrated within different practices in the Vermont region. Speaker panels will be an opportunity for participants to ask questions relevant to their own practices, and breakout sessions will give the opportunity to go deeper into the process of integration. Recognizing that we learn best when our minds are refreshed, we will begin break sessions with wellness activities to restore focus and take care of our own health.

“Given that one out of four people in Vermont sees a primary care provider, and the ongoing needs of those patients to have a neutral health diagnosis or symptoms that are significantly disabling, given that every medical problem has a psychosocial dimension, given that most personal care plans require substance abuse treatment, that a psychosocial dimension is integrated into the practice, and that all primary care remains awin in the center of care for chronic medical illness and mental health conditions.”

COURSE OBJECTIVES:
- Describe different approaches to the integration of behavioral health services within primary care.
- Identify strategies that would work in YOUR practice to improve care for chronic medical illness and mental health conditions.

ACCREDITATION
In support of improving patient care, The Robert Larner, M.D. College of Medicine at The University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont grants this live activity a maximum of 11.25 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Credit is pending for the following providers: Mental Health, Drug and Alcohol Abuse Counselors, Psychologists, Social Workers and Pharmacological Credited.

This conference includes 2.25 credits in Prescribing Controlled Substances.

This program has been reviewed and is acceptable for up to 11.25 Nursing Contact Hours.

Sanchit Marwah, MD
Assistant Professor, Psychiatry
The Robert Larner, M.D. College of Medicine at The University of Vermont

Amazing Physician, Primary Care Medical Director, Addictions Treatment Program
UVM Medical Center

Anne Morris, MD
Assistant Professor, Family Medicine
The Robert Larner, M.D. College of Medicine at The University of Vermont

American Program Director, Family Medicine Residency
UVM Medical Center

Emily Piazza, MS, RDN, CD
Clinical Dietitian
UVM Medical Center

Richard Pincusky, MD, MPH
Assistant Professor, Medicine
Department of Internal Medicine
The Robert Larner, M.D. College of Medicine at The University of Vermont

Savannah Solomon, RN
Community Health Care Coordinator
UVM Medical Center

Dale Stafford, MD
Assistant Professor, Family Medicine
The Robert Larner, M.D. College of Medicine at The University of Vermont

Family Medicine, Burlington

Constance van Eeghen, DrPH, MHSA, MBA
Assistant Professor, Medicine
Department of General Internal Medicine - Research
The Robert Larner, M.D. College of Medicine at The University of Vermont

Norman Ward, MD, MHDS
Associate Professor, Family Medicine
The Robert Larner, M.D. College of Medicine at The University of Vermont

Vice Chair, Family Medicine Residency
UVM Medical Center

Logan Hegg, PsyD
Behavioral Health
UVM Medical Center

John King, MD, MPH
Professor and Vice Chair
Department of Family Medicine
The Robert Larner, M.D. College of Medicine at The University of Vermont

Milton Family Physicians
UVM Medical Center

Keynote Speakers
Alexandra Blument, E.D.D
Professor, Clinical Psychology
Director of the Area of Study in Behavioral Health and Population Health
Antenne University New England

Keene, NH
Professor, Family Medicine & Psychiatry
Director Emeritus, Center for Integrated Behavioral Health Services
University of Massachusetts Medical School

Worcester, MA

Rahil Brings, PsyD
Assistant Professor, Clinical Pediatrics
Albert Einstein College of Medicine, Department of Pediatrics, Behavioral Health Services
Montefiore Medical Group

Bronx, NY

Vima Little, PsyD, LCSW-R
MBA, CCM, ACC, ATR
Senior Vice President, Psychosocial Programs
The Institute for Family Health
New York, NY

Faculty

Lorne Babb, MD
Medical Director
Cold Hollow Family Practice
Enosburg Falls, VT

Melissa Gibson, MD
Assistant Professor, Family Medicine
The Robert Larner, M.D. College of Medicine at The University of Vermont

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UVM Medical Center

COURSE DIRECTOR
Chas Keegan, MD
Assistant Professor, Family Medicine
The Robert Larner, M.D. College of Medicine at The University of Vermont

UVM Medical Center Transforming Primary Care and Behavioral Health

UVM CME Transforming_Layout 1 5/8/2017 2:57 PM Page 1
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30am</td>
<td>Registration/Continental Breakfast/Exhibits</td>
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<tr>
<td>8:00am</td>
<td>Welcome and Introductions</td>
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<tr>
<td>8:15am</td>
<td>Getting It Going and Getting It Right: What is Integrated Behavioral Health? Alexander Blohm, EdD</td>
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<tr>
<td>9:15am</td>
<td>VISION: Fully Integrated Pediatric Behavioral Health</td>
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<tr>
<td>10:15am</td>
<td>Wellness Activity/Break/Exhibits</td>
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<tr>
<td>10:45am</td>
<td>FROM HERE TO THERE: ACSM Centers for Success</td>
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<tr>
<td>11:45am</td>
<td>Q&amp;A Panel</td>
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<tr>
<td>12:00pm</td>
<td>Lunch</td>
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<td>1:00pm</td>
<td>The Behavioral Health Integration Toolkit for Comorbid Chronic Problems</td>
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<tr>
<td>1:45pm</td>
<td>Community Implementation of Integrated Behavioral Health: Progress &amp; Pitfalls Lorrie Babb, MD and DA6 Stafford, MD</td>
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<tr>
<td>2:15pm</td>
<td>Break/Exhibits</td>
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<tr>
<td>2:45pm</td>
<td>The UVM Medical Center Addictions Treatment Program</td>
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<tr>
<td>3:15pm</td>
<td>Office-Based Opioid Treatment Implementation at UVM Medical Center: Seamless Integration Patrick Adkins, MD; and Sarah M. B. St. John, MD; Sarnatham Solomon, RN, Jessica Webster, MA, LADC</td>
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<tr>
<td>4:15pm</td>
<td>Closing Remarks</td>
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<tr>
<td>4:30pm</td>
<td>Adjourn</td>
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**Conference Registration**

$275 for physicians, $185 for other healthcare professionals and $75 for students.

*The fee includes the electronic download of course syllabus, continental breakfast, lunch, and coffee breaks each day. Please register by August 14. An additional $10 will be added after that date. Refunds may be processed, with a $25 administrative fee, if notice of cancellation is received prior to August 14. E-100.

**Conference SYLLABUS (Electronic Download)**

The conference syllabus will only be available as an Electronic Download with presentations in PDF format. Please plan to bring your laptop or other device to view presentations as well as completing the electronic conference evaluations via our online UVM CME system. Printed syllabus, presentations of evaluations and paper certificates will no longer be available. You will receive a notification (via email you used to register for this conference) about a week from the conference start date that presentations will be available for downloading.

**Conference Location**

The conference will be held at The Essex in Essex Junction, Vermont, located at 70 Essex Way. The Essex, “Vermont’s Culinary Resort & Spa,” is Burlington area’s only AAA Four Diamond property. The resort, featuring on-site golf, ropes course, paddle, and much more, is set on 18 acres of Vermont countryside. The 22,000 square foot, full service spa includes 10 treatment rooms, a 21-yard indoor pool, outdoor hot tub, fitness center, hair and nail salon, and locker rooms with steam rooms, saunas and relaxation areas. A small block of rooms has been reserved at The Essex for conference participants. Please make your reservations directly with the hotel prior to August 14 for discounted rates: $159 single or double occupancy plus Vermont State tax. Room rates cannot be guaranteed after August 14.

**Transportation**

The Essex offers a shuttle service available to and from the Burlington International Airport, cost is $15 per person each way. You may wish to rent a car to take advantage of the many fine restaurants, shops and attractions in the greater Burlington area.

**Leisure Activities**

The Essex offers a full service available to and from the Burlington International Airport, cost is $15 per person each way. You may wish to rent a car to take advantage of the many fine restaurants, shops and attractions in the greater Burlington area.

**Conference Address**

University of Vermont CME Department

128 Lakeside Avenue, Suite 100
Burlington, VT 05401

Phone: (802) 656-2292
Fax: (802) 656-1925

Registration requested by September 1, 2017

**PAYMENT METHOD**

To register by credit card, please visit our website at: www.med.campus.edu/cme. Scroll down to select “Conference Registration" and follow the directions.

**Check** ( payable to the University of Vermont) Please mail your payment along with a completed registration form to the address below.

Mail to: University of Vermont Continuing Medical Education Office

1 Lakeside Avenue, Suite 100
Burlington, VT 05401

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Fax: (802) 656-1925