



# **ADHD: Care Coordination**

## **School Nursing Partnerships**

October 8, 2019

BIO: Sharonlee Trefry MSN, RN, NCSN, graduated from Regis University, Denver with a Masters in Nursing, University of Vermont Fellowship in Interdisciplinary Leadership Education in Neurodevelopmental Disabilities, and a BSN at UVM. She has been a nurse for over 40 years working primarily in school health. She is past president, VSSNA; BOD of NASN ; and current President, National Association of State School Nurse Consultants.

## Disclosures

- I have no relevant financial relationships to disclose or conflicts of interest to resolve
- I will discuss no unapproved or off-label pharmaceuticals

# Objectives

- School Nursing Role
- Educational Support Services in Vermont
- Access to school personnel + Exchanging Information



# Framework for 21<sup>st</sup> Century School Nursing Practice™

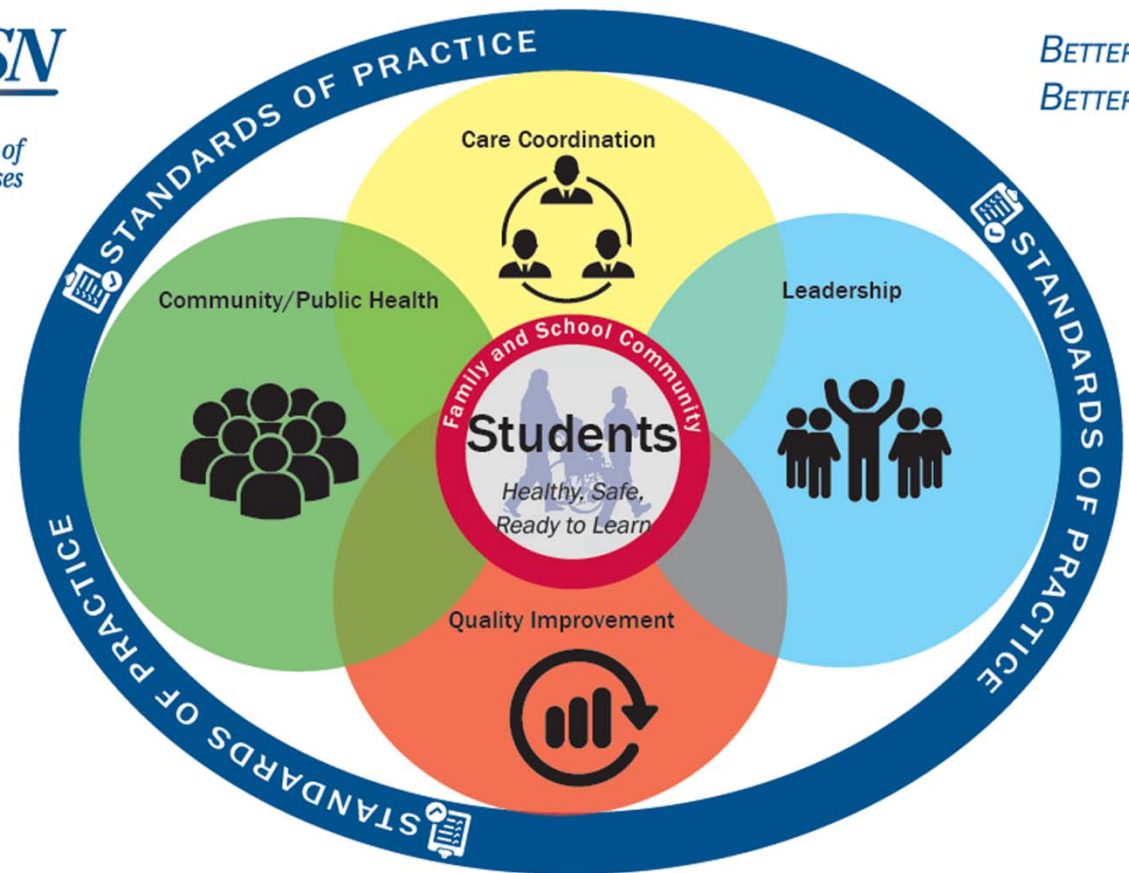


BETTER HEALTH.  
BETTER LEARNING

## School Nursing Role

### Care Coordination:

- Chronic Disease Management
- Collaborative Communication
- Direct Care
- Education
- Interdisciplinary Teams
- Motivational Interviewing/ Counseling
- Nursing Delegation
- Student Care Plans
- Student-centered Care
- Student Self-empowerment
- Transition Planning



“The oversight and alignment of multiple evidence-based components and interventions that support the health and well-being of students with chronic health conditions.”

(NASN, 2019)

Adopted by AAP/CDC Convening on Chronic Condition Mnmt in Schools, May 2010

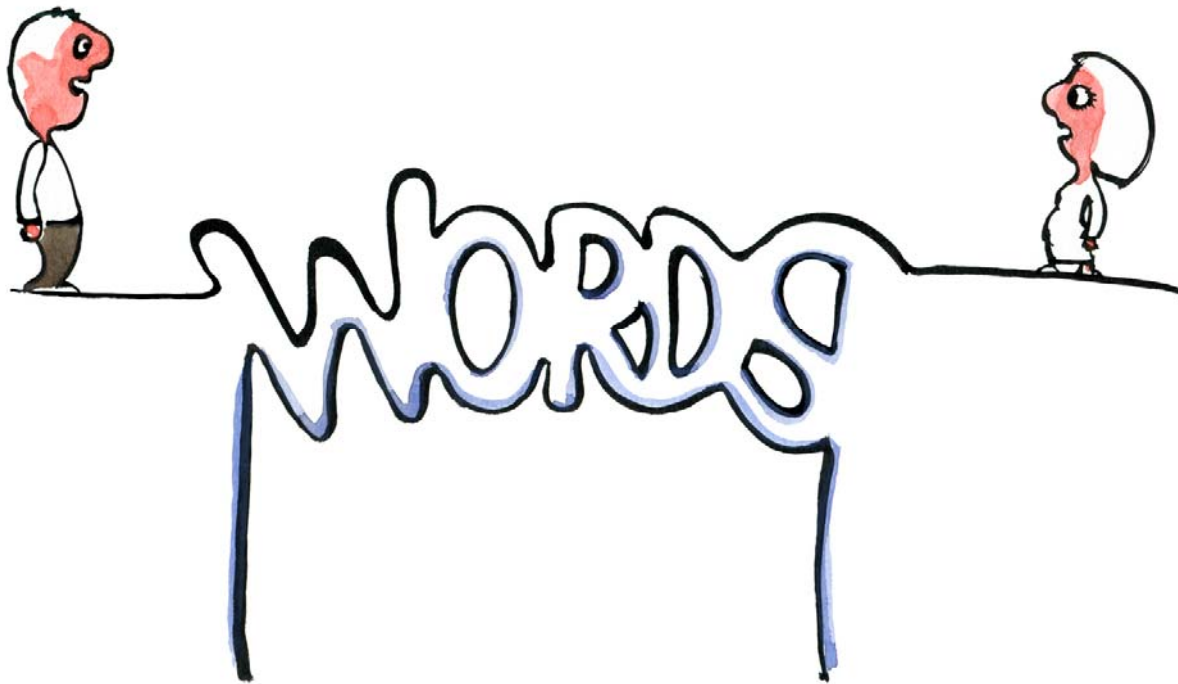


# Individual Healthcare Plans

## Student focused, expected outcome measures

- Science and evidence-based
- Measurable and time sensitive
- Action or observable behavior
- Consider cost, risks, benefits, expected trajectory of condition
- Culturally appropriate
- Modifiable based on student status

# Bridge to Self-health Skill Development



Vermont Department of Health

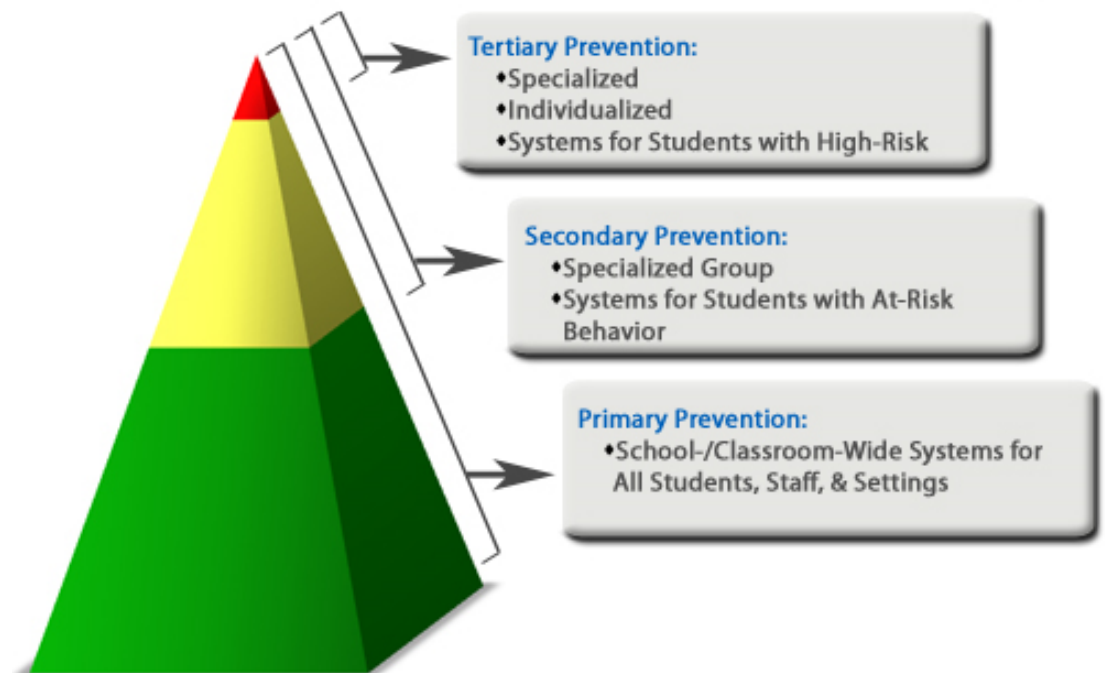
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# VT Education Support Services

Multi Tier System of Support

1. Classroom for all
2. Education Support Team
3. Special Education/504

## Continuum of School-Wide Instructional & Positive Behavior Support



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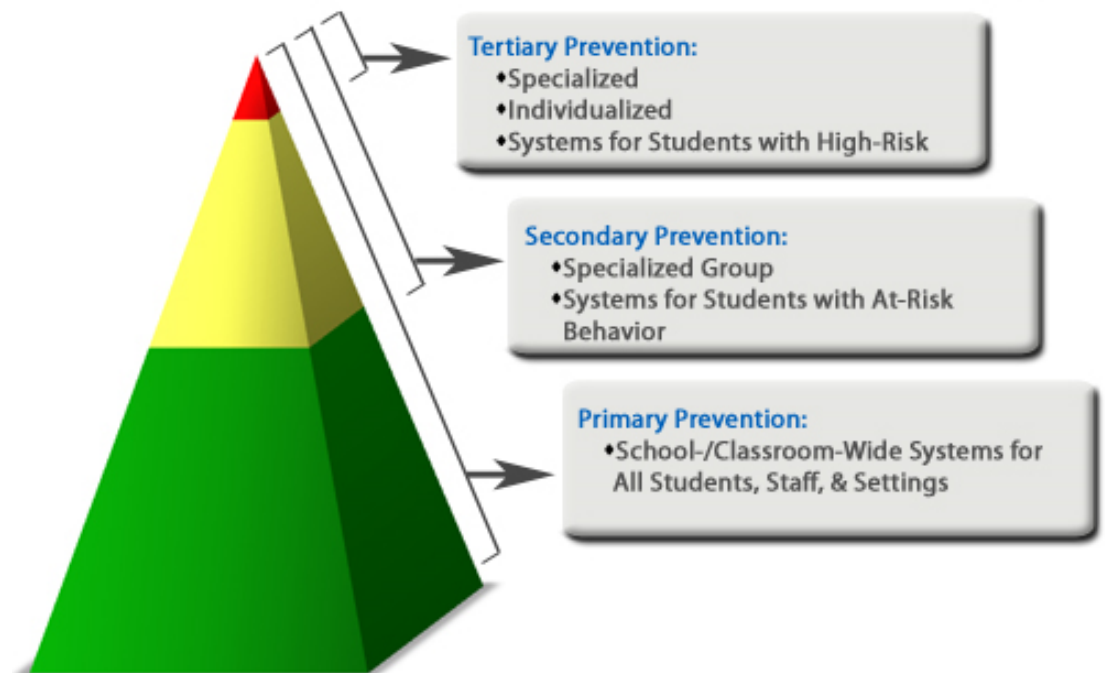


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## Access and Communication



No wrong door if you start with the school nurse.

- Principal
- School Counselor
- Teacher
- Special Education



## The flow of information follows trust

- [FERPA](#) or [2019](#) – From School to Provider
- [HIPAA](#) – From Provider to School

[SAMPLE](#) Exchange of Information from schools (pg. 5)

## Panel

Joshua Kantrowitz, MD;  
Jeanne Nummelin, RN, BSN,  
Clinical Care Coordinator; (St.  
Johnsbury Pediatrics)

Louisa Driscoll, RN, BSN, School  
Nurse, St. Johnsbury School District

Clayton Wetzel III, BSN, RN, NCSN,  
School Nurse Waitsfield Elementary  
School



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# Discussion



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**Louisa Driscoll** has a Bachelors of Science Degree in Nursing from UVM, with a Certificate of Graduate Study in Public Health from UVM as well. She is a Past President of the Vermont State School Nurses' Association. She has been a School Nurse at the St Johnsbury School in St. Johnsbury, VT for 19 years serving Pre-K to 8th grade students.

**Josh Kantrowitz** has been a general pediatrician at St. Johnsbury Pediatrics since 2008. Before that he was a Clinical Instructor at Dartmouth College of medicine and completed his pediatric residency at Dartmouth Hitchcock Medical Center. Originally from Boston and a graduate of Boston University Medical School, Dr. Kantrowitz lives with his wife, photographer Cornelia Hasenfuss, and their two children in Peacham, Vermont.

**Jeanne Nummelin** graduated with by BSN from Simmons College in 1985. She initially worked as a staff nurse at a small hospital in Massachusetts and then at an urban health clinic in Connecticut. She had grown up in St. Johnsbury VT and returned there in 1990 to raise her family and to be closer to my aging parents. Over the next 10 years she ran my own business, working with attorneys and insurance companies reviewing medical records related to medical malpractice cases. In 2000 she joined St Johnsbury Pediatrics as a staff nurse and main triage nurse. In 2016 she transitioned within the practice to the role of Clinical Care Coordinator.

**Clayton S. Wetzel III, BSN, BSBM, RN, NCSN** Clayton is the School Nurse at Waitsfield Elementary School, Waitsfield, VT, where he promotes positive health outcomes through attention to detail, empathy and humor. He became a nurse in 2009 and has worked as a school nurse for the eight years, the past 5 years full time at Waitsfield. Elementary School. He was honored as the 2017 Vermont School Nurse of the Year, obtained his national certification as a school nurse in November 2018 and completed his Bachelor of Science in Nursing (BSN) in December 2018. Clayton serves on the Vermont State School Nurses' Association. (VSSNA) Board of Directors Executive Committee as the Vermont Director for the National Association of School Nurses (NASN) and has collateral duties as the Informatics Chair and Webmaster. Prior to becoming a school nurse Clayton served aboard a nuclear fast attack submarine in the US Navy and after getting out of the military worked as a government contractor assisting in the destruction of chemical weapons for the US Army and later serving as the Emergency Coordinator during rocket launches for National Aeronautics and Space Administration (NASA). Clayton also volunteers as a running coach for the Waitsfield Elementary Mad Valley Runners; a co-ed running group consisting of third through sixth graders.

## References

- *MEETING REPORT Exploring Opportunities to Improve Chronic Condition Management in Schools* May 8-9, 2019, Joint Convening of American Academy of Pediatrics and CDC. Funded by the National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health, School Health Branch, from the Centers for Disease Control and Prevention.
- National Association of School Nurses. *Translating Strategies into Actions to Improve Care Coordination for Students with Chronic Health Conditions*; 2019. [https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f215de278d256/UploadedImages/PDFs/Advocacy/White\\_Pape\\_NASN\\_Care\\_Coordination.pdf](https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f215de278d256/UploadedImages/PDFs/Advocacy/White_Pape_NASN_Care_Coordination.pdf).