

Sharpening our Focus on ADHD: *Using Guidelines and Partnerships to Improve Outcomes*

The University of Vermont Dudley H. Davis Center
Tuesday October 8, 2019

- 7:30 - 8:00am **Registration and Continental Breakfast**
- 8:00 - 8:15am **Welcome and Introductions**
Wendy Davis, MD, FAAP; Richard L. Page, MD, Dean, The Robert Larner, M.D. College of Medicine, University of Vermont; Lewis First, MD, MS, Professor and Chair, Department of Pediatrics, The Robert Larner, M.D. College of Medicine, Chief of Pediatrics, University of Vermont Children's Hospital
- 8:15 - 9:15am ***Situation Update: ADHD in Vermont and Across the U.S.***
An overview of current ADHD epidemiologic data, and how it affects Vermont's children, youth and families.
Presenters: *Wendy Davis, MD, FAAP and Laurin Kasehagen, MA, PhD*
- 9:15 – 10:15am **KEYNOTE: Introducing the AAP's NEW ADHD Clinical Practice Guideline for the Diagnosis, Evaluation and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents**
Presenter: *Joseph Hagan, MD, FAAP; Vice Chairperson, AAP Subcommittee on Children and Adolescents with Attention Deficit/Hyperactivity Disorder*
- 10:15 – 10:30am **CHAMP Quality Improvement Collaborative: Shared Learning for Improvement.**
The results of the CHAMP FY19 QI Project: Adolescent Mental Health and Substance Use Care and Provider Wellness. Getting ready to launch into this year's project and "sharpen your focus on ADHD."
Presenter: *Chris Pellegrino, MS, ASQ CMQO/E*
- 10:30 – 10:45am **Refreshment Break**
- 10:45 - 11:30am **Diagnostic Tools for the Initial Evaluation of ADHD and Monitoring Treatment Success**
Review the available screening and assessment tools commonly used for the diagnosis and ongoing management of ADHD in the medical home. Compare and contrast the strengths and utility of each tool.
Presenters: *David Rettew, MD and Michelle Shepard, MD, PhD, FAAP*
- 11:30am – 12:15pm **Engaging with Families: the Patient and Parent Perspective**
Hear about ADHD from the perspective of a young adult diagnosed with ADHD, and from a parent of a child with ADHD. A representative from the Vermont Family Network will share information and resources to help support your patients with ADHD and their families.
Moderator: *Stan Weinberger, MD, FAAP*

12:15 -1:00pm

Lunch and Networking

1:00 – 1:45pm

Treating ADHD: Medications and Parent Training & Behavior Management (PTBM)

This session will include current information on ADHD medications, and PTBM information and resources. Presenters will also discuss how to address treatment myths with your families.

Presenters: *John Koutras, MD and Logan Hegg , PsyD*

1:45 – 2:30pm

Building Relationships and Communication Pathways with Schools for Optimal ADHD Care

For school-age children and adolescents with ADHD, success at school starts with the diagnostic process, and often depends upon classroom accommodations and behavioral interventions. This requires ongoing communication and collaboration between the medical home and school. This session outlines the evidence-based school nursing practice framework that can guide these efforts, and will highlight some successes and challenges from your colleagues in the field.

Presenters: *Joshua Kantrowitz, MD; Jeanne Nummelin, RN, BSN, Clinical Care Coordinator; (St. Johnsbury Pediatrics); Louisa Driscoll, RN, BSN, School Nurse, St. Johnsbury School District; Clayton Wetzel III, BSN, RN, NCSN (School Nurse Waitsfield Elementary School); and Sharonlee Trefry, MSN, RN, NCSN.*

Moderator: *Breena Holmes, MD, FAAP*

2:30 – 3:00pm

Refreshments and Mindfulness Break

Mindfulness Leader: *Anya Koutras, MD, FAAP, IBCLC*

3:00 – 3:45pm

Partnering with Mental Health Colleagues to Optimize ADHD Care

Join a statewide conversation about how medical homes and mental health clinicians are collaborating for optimal ADHD care, including care coordination with other agencies. What are the models and/or strategies that are effective in supporting symptom management for co-occurring co-morbidities including anxiety and depression? How can we help support our patients and families with medication management? What are the barriers and lessons learned?

Presenters: *Leah Costello, MD, FAAP; Deanne Haag, MD, FAAP; Cheryl Huntley, LICSW; Rebecca Chaplin, MSW; Stephanie Szkaradnik, LICSW.*

Moderator: *Wendy Davis, MD, FAAP*

3:45 – 3:55pm

Wrap-Up (for Learning Session)

We also need your help: how can we incorporate clinician wellness into this year's project, especially highlighting some of the latest ideas about clinician self-care and self-compassion? What are your ideas for a CHAMP Collaborative topic for next year?

Moderators: *Wendy Davis, MD, FAAP and Stan Weinberger, MD, FAAP*

3:55 – 4:15pm

MOC QI Project Orientation and Overview

Presenters: *Stan Weinberger, MD, FAAP and Chris Pellegrino, MS, ASQ CMQO/E*