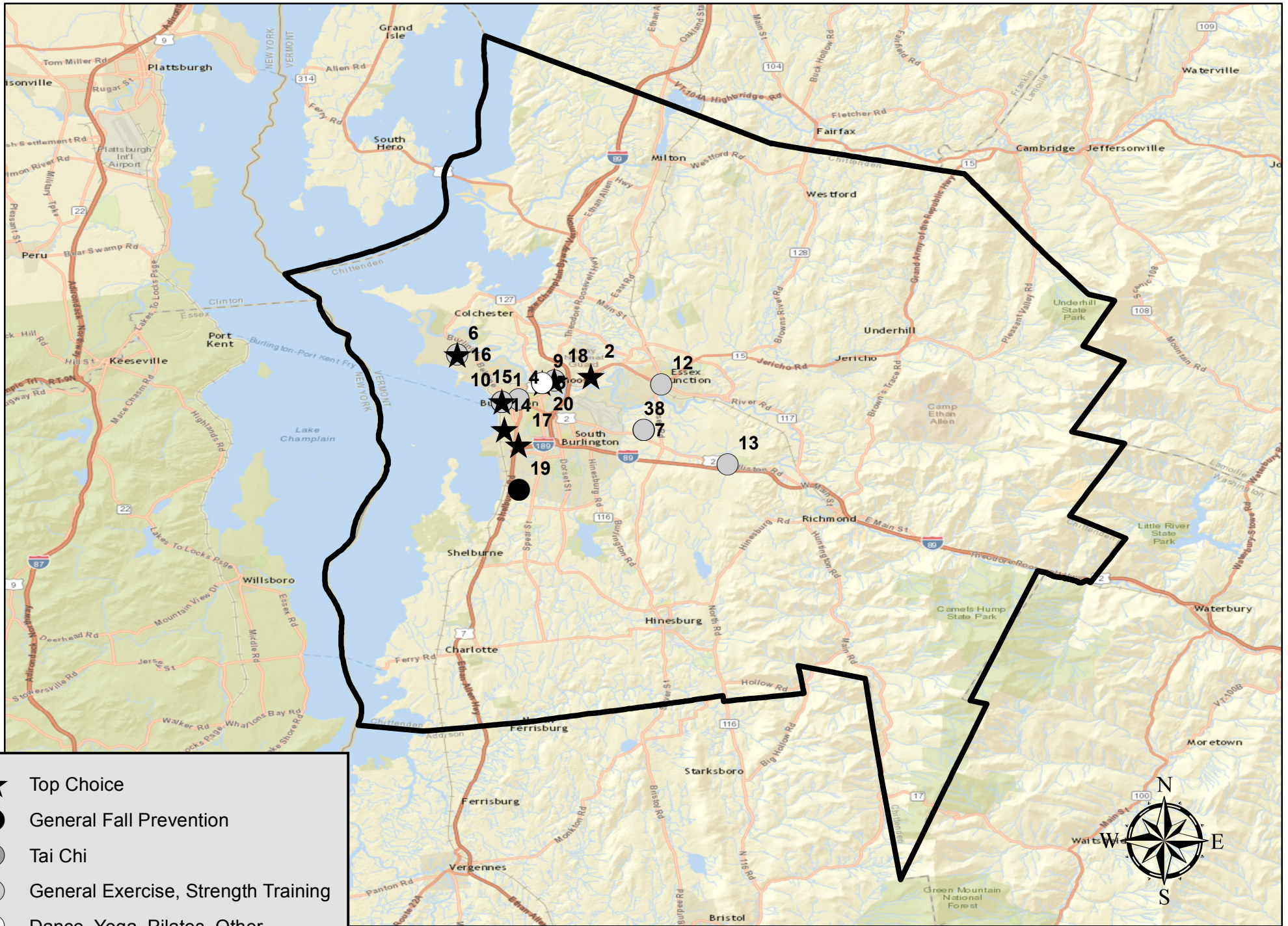
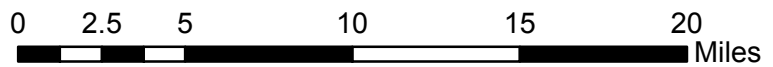


Stay Steady Guide: Chittenden County



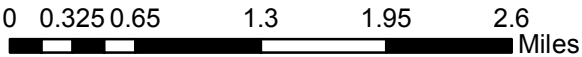
- ★ Top Choice
- General Fall Prevention
- Tai Chi
- General Exercise, Strength Training
- Dance, Yoga, Pilates, Other
- ▭ Chittenden



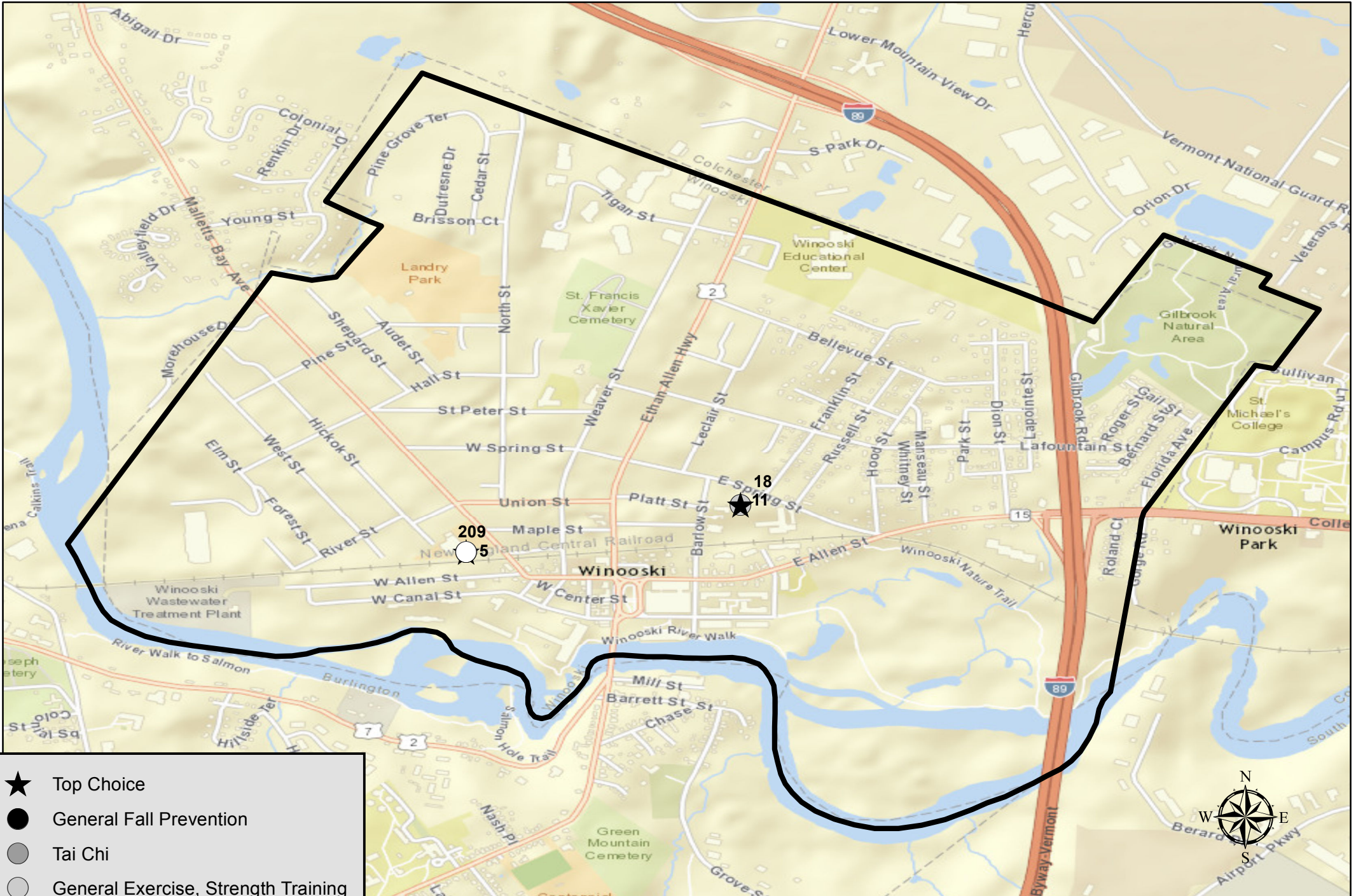
Stay Steady Guide: City of Burlington



- ★ Top Choice
- General Fall Prevention
- General Exercise, Strength Training
- Dance, Yoga, Pilates, Other
- Burlington



Stay Steady Guide: Winooski



- ★ Top Choice
- General Fall Prevention
- Tai Chi
- General Exercise, Strength Training
- Dance, Yoga, Pilates, Other
- ▭ Winooski

