

# University of Vermont Project ECHO

## Treatment of Chronic Pain

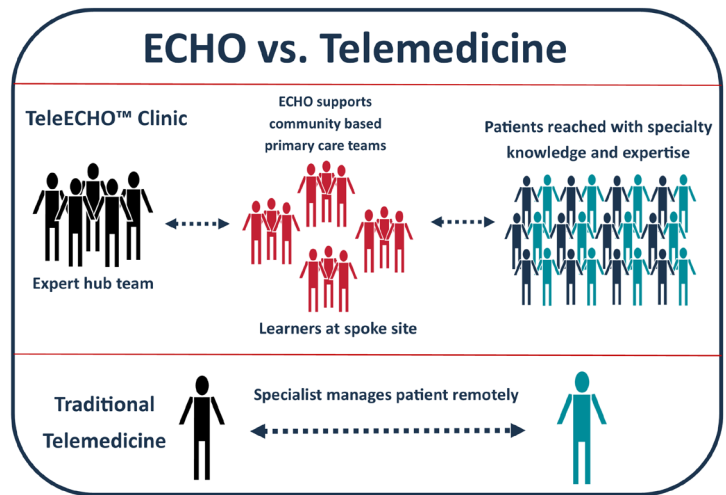


This program will highlight best practices and evidence-based care for treating patients experiencing chronic pain. The program will identify strategies, best practices, screening tools, resources, and emerging topics in this field. The intended audience is a cohort of individuals or practice teams, including family medicine, internal medicine, social work, behavioral health, and addiction medicine providers throughout Vermont.

**This program is offered at no-cost to participants through a grant from the Vermont Department of Health.** Participants can receive CME credits for each learning session attended. A limited number of practice-level stipends are available for participating practice teams. Please see the practice stipend application for details.

### About Project ECHO

This program uses the Project ECHO model™. **Project ECHO**® (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.



### 2019-2020 PROGRAM SCHEDULE

DATES (All Fridays, 11:30am to 1pm)	SESSION	DIDACTIC TOPICS (in addition to case review)
May 3, 2019	TeleECHO Session #1	<ul style="list-style-type: none"> <li>Orientation to Project ECHO</li> <li>Program Overview</li> <li>Anatomy of teleECHO Session</li> <li>Opiate-prescribing Best Practices</li> </ul>
June 7, 2019	TeleECHO Session #2	<ul style="list-style-type: none"> <li>Compassionate Tapering</li> </ul>
July 5, 2019	TeleECHO Session #3	<ul style="list-style-type: none"> <li>Functional Assessment of Patients with Chronic Pain</li> </ul>
Aug 2, 2019	TeleECHO Session #4	<ul style="list-style-type: none"> <li>Assessing for Misuse/Addiction</li> </ul>
Sept 6, 2019	TeleECHO Session #5	<ul style="list-style-type: none"> <li>Psychological Factors Related to Chronic Pain</li> </ul>
Oct 4, 2019	TeleECHO Session #6	<ul style="list-style-type: none"> <li>Role of Interventional Pain</li> </ul>
Nov 1, 2019	TeleECHO Session #7	<ul style="list-style-type: none"> <li>Urine Drug Testing/Monitoring</li> </ul>
Dec 6, 2019	TeleECHO Session #8	<ul style="list-style-type: none"> <li>Acupuncture for Chronic Pain</li> </ul>
Jan 10, 2020	TeleECHO Session #9	<ul style="list-style-type: none"> <li>Use of Integrative Therapies for Chronic Pain</li> </ul>
Feb 7, 2020	TeleECHO Session #10	<ul style="list-style-type: none"> <li>Motivational Interviewing</li> </ul>
March 6, 2020	TeleECHO Session #11	<ul style="list-style-type: none"> <li>Conducting Group Medical Visits</li> </ul>
April 3, 2020	TeleECHO Session #12	<ul style="list-style-type: none"> <li>Cannabinoids for Chronic Pain</li> </ul>

## The program will help participants build capacity by:

- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching;
- Providing an interactive and engaged virtual learning environment;
- Focusing on critical issues that arise in the care of patients with chronic pain; and
- Helping to support and facilitate the quality of care for patients experiencing chronic pain.



## Participants commit to:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule, 12 sessions total);
- Each virtual learning session is 90-minutes in duration and will consist of a case presentation and brief lecture with Q&A;
- Use a webcam to participate face-to-face in each session (this is a core element of the Project ECHO model and is required for this program);
- Submit case(s) and present them to the group;
- Complete A Post-Assessment Survey At End Of Each Session; And
- Provide Requested Evaluation Feedback At The End Of The Full Program.

## PROJECT ECHO: Doing More for More Patients



## TO REGISTER

Complete the registration form by April 19, 2019. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

**NOTE: The program has limited enrollment. Registrations will be accepted on a first-come, first-served basis.**

General questions about the University of Vermont's Project ECHO can be directed to [Elizabeth.Cote@uvm.edu](mailto:Elizabeth.Cote@uvm.edu), clinical/topic-specific questions can be directed to [Mark.Pasanen@uvm.edu](mailto:Mark.Pasanen@uvm.edu).