

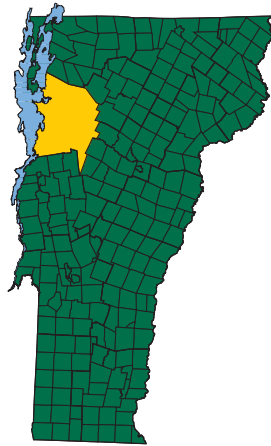
# Chittenden County

## POPULATION<sup>4</sup>

Population (2014).....	160,531
Persons under 5 (2013) .....	4.8%
Persons 5-18 (2013) .....	19.8%
Persons 19-64 (2013) .....	64.0%
Persons 65+ (2013) .....	11.6%

## Race

White .....	92.2%
Black or African American .....	2.3%
American Indian & Alaska Native ...	0.3%
Asian .....	3.2%
Native Hawaiian/Pacific Islander .....	0%
Two or more races .....	2.0



Of Vermont's 19,619 total minority populations of all ages, 7,125 (36.3%) reside in Chittenden County.

## Ethnicity and Language

Chittenden County has the most ethnically diverse population in Vermont. Chittenden County is now the only county in which refugees are resettled within Vermont. Visit the Vermont Refugee Resettlement Program: [www.refugees.org/about-us/where-we-work/vrrp](http://www.refugees.org/about-us/where-we-work/vrrp)

For a handbook on cultural competency, visit the Champlain Valley AHEC web site: [www.cvahec.org/resources/cultural-competency](http://www.cvahec.org/resources/cultural-competency)

## SOCIOECONOMIC INDICATORS

	Chittenden County	Vermont
Per capita Income .....	\$33,281	\$29,167
Median household income .....	\$63,989	\$54,267
Population below poverty .....	11.2%	11.8%
Total households countywide.....	62,587	
Persons per household.....	2.37	2.34 <sup>4</sup>

## PLACE

Chittenden County is 538.58 square miles. The population density of 291.7 persons per square mile is far higher than the state average of 67.9. The county includes the only area in Vermont that meets the federal definition of a "Metropolitan Statistical Area," yet is often too small to be able to replicate planning and service solutions that work in other metropolitan areas of much greater scale.

## THE ECONOMY

### Education

	Chittenden County	Vermont
High school graduation rate .....	93.9%	91.4%
College degree .....	47.4%	34.8%

**Major Employment Sectors:** In recent decades, the economy's production of goods has decreased in relation to the production of services as the region continues to become more densely populated.<sup>1</sup>

Public Sector.....	16.4%
Services .....	67.5%
Goods .....	16.1%

## HEALTH

Chittenden County residents are often described as having the best health status and access to health care in the state of Vermont.

### Risk Factors and Chronic Conditions<sup>2</sup>

	Chittenden County	Vermont
Adult smokers .....	11%	16%
Adult obesity .....	21%	25%
Excessive drinking.....	20%	9%
Motor vehicle crash death rate .....	6%	12%
Children under 18 living in poverty.....	11%	16%

## HEALTH INDICATORS

### Access<sup>3</sup>

10% of residents report having no health insurance.

Chittenden County has an undersupply of family medicine and internal medicine primary care physicians.

[www.uvm.edu/ahec/documents/ahec2013preport](http://www.uvm.edu/ahec/documents/ahec2013preport)

In 2013, more than half of internal medicine physicians were not accepting or were limiting new patients and there are significant and serious waits for primary care for many populations in many parts of the county.

A new Federally Qualified Health Center (FQHC) has been established in northern Addison County close to southern Chittenden County.

### Women & Infants<sup>3</sup>

91% of pregnant women receive prenatal care in the first trimester (VT 90%).

77% women >40 years old have had a mammogram (VT 77%).

### Disease Rates<sup>3</sup>

Heart disease death rate is 159 per 100,000 population (VT 138).

17% of adults are obese, the best status in the state (VT 21%).

Stroke death rate of 42 per 100,000 (VT 44% per 100,000).

Diabetes-related death rate of 92 per 100,000 is above the statewide average (VT 91 per 100,000) and significantly worse than the best performers in the state (at 76 and 81 per 100,000).

Adults screened for diabetes: 89% (VT 87%).

Chronic Obstructive Pulmonary Disease (COPD) death rate among people 45 and older is 126 per 100,000 (VT 123 per 100,000).

## PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTERS

Community Health Centers of Burlington ([www.chcb.org](http://www.chcb.org))  
Mountain Health Center ([www.mountainhealthcenter.com](http://www.mountainhealthcenter.com))

## HOSPITALS

**University of Vermont Medical Center:** An academic medical center located in Chittenden County which has 458 staffed beds, more than 30 care sites and Vermont's only Level I Trauma Center.  
[www.uvmhealth.org](http://www.uvmhealth.org)

## KEY STATE & COMMUNITY AGENCIES

**2-1-1:** Free information and referral from the United Ways of Vermont. Community members who need to identify resources for any need can receive information by dialing 2-1-1 toll-free from anywhere in Vermont. 2-1-1 works with TTY and provides interpreted services for limited English-speaking persons. [www.vermont211.org](http://www.vermont211.org)

**Vermont Department of Health:** Offices in Burlington, provide information for the public and providers about current health issues. [www.healthvermont.org](http://www.healthvermont.org)

**Champlain Valley Office of Economic Opportunity (CVOEO):** Operates throughout the northwestern region to provide food shelf, home weatherization, tenant support, mobile home assistance, Head Start, housing assistance, emergency fuel assistance, supplemental nutrition assistance outreach, community garden and farm-to-family voucher programs, tax filing and other form preparation services, information, and advocacy for low-income persons. [www.cvoeo.org](http://www.cvoeo.org)

**Champlain Valley Agency on Aging:** Provides information and referral for all seniors and their families/supporters, case management for frail elders and certain younger adults with physical disabilities, and administers other Older American Act programs for the region. Call an Agency on Aging toll free from anywhere in Vermont at 1-800-642-5119. [www.cvaa.org](http://www.cvaa.org)

**Economic Services Division:** The Vermont Department of Children and Families provides outreach, eligibility determination, and benefits administration for all state and federally funded basic and health needs programs. The Division has a phone-based client services system which can be accessed 24/7 at 1-800-479-4151. Transactions that require a discussion with a staff person must be made between 7:45 am and 4:30 pm Monday through Friday by calling the same number. [www.dcf.vermont.gov/services](http://www.dcf.vermont.gov/services)

**United Way of Chittenden County:** Located in South Burlington, it provides information about volunteer opportunities, supports a community health partnership, and provides funding to member agencies and youth-directed programs. [www.unitedwaycc.org](http://www.unitedwaycc.org)

**Howard Center:** Provides treatment and services to children and adults with chronic mental health, developmental disabilities, substance abuse problems, and other mental health and medical psychiatric needs. [www.howardcenter.org](http://www.howardcenter.org)

## MEDIA, RECREATION & LEISURE

Chittenden County enjoys the best telecommunications access in the state but cell phone transmission challenges can occur in higher elevations.

**Burlington Free Press:** Daily newspaper, including calendar of events. [www.burlingtonfreepress.com](http://www.burlingtonfreepress.com)

**Seven Days:** Weekly newspaper, including an interactive, searchable calendar of events. [www.7dvt.com](http://www.7dvt.com)

**The Cynic:** The weekly student newspaper of the University of Vermont. [www.vermontcynic.com](http://www.vermontcynic.com)

**Center for Media and Democracy:** Includes links to news resources for groups that are underrepresented in mainstream outlets. [www.cctv.org/welcome](http://www.cctv.org/welcome)

**Vermont Public Radio:** Broadcasts at 107.9 FM and streams on the web. [www.vpr.net](http://www.vpr.net)

**Burlington Parks, Recreation & Waterfront:** Maintains many public resources. [enjoyburlington.com](http://enjoyburlington.com)

**The Lake Champlain Bikeway:** Popular in summer months. [www.champlainbikeways.org](http://www.champlainbikeways.org)

**The Vermont Outdoor Guide Association:** Resources for hiking and walking in Chittenden County. [www.voga.org](http://www.voga.org)

**Vermont State Parks:** [www.vtstateparks.com](http://www.vtstateparks.com)

**The Free Library System:** Visit the library catalog page for Vermont to click on links to the library nearest you. Vermont libraries have free Internet service and community activities. Hours vary and may be limited to certain days of the week in rural towns. [www.publiclibraries.com/vermont.htm](http://www.publiclibraries.com/vermont.htm)

**The Flynn Center for the Performing Arts:** Live performances, classes and an art gallery. It also increases public awareness of regional offerings through its regional ticketing service and calendar. [www.flynncenter.org](http://www.flynncenter.org)

## COLLEGES & UNIVERSITIES

**Burlington College:** An independent, progressive liberal arts college located in Burlington that offers 5 majors for two-year Associate and four-year Bachelor of Arts degrees, as well as several professional certificate programs. The non-profit institution serves 180 students. [www.burlington.edu](http://www.burlington.edu)

**Champlain College:** A private college located in Burlington's beautiful Hill section neighborhood. It serves 2,000 students who select from among thirty undergraduate majors and seven graduate programs. [www.champlain.edu](http://www.champlain.edu)

**Community College of Vermont:** A public, two-year, open-admissions institution that provides degree, transfer, occupational, and continuing education opportunities. It is a member of the Vermont State Colleges system and has 12 sites around the state, including one in Winooski. [www.ccv.edu](http://www.ccv.edu)

**Saint Michael's College:** A Catholic liberal arts college located on a 440-acre campus in Colchester, north of Burlington. It has more than 2,000 undergraduates and 500 graduate students in 34 major programs. [www.smcvt.edu](http://www.smcvt.edu)

**The University of Vermont:** A public university with nearly 11,000 undergraduate and more than 2,000 graduate, medical, nursing, and allied health students who choose from among 100 Bachelor's degree programs, 54 Masters and 22 doctoral programs, and an M.D. program. [www.uvm.edu](http://www.uvm.edu)

1 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2009, 2007 data [www.vtlmi.info/profile2009.pdf](http://www.vtlmi.info/profile2009.pdf)

2 From County Health Rankings, a project of Robert Wood Johnson Foundation in collaboration with the University of Wisconsin Population Health Institute [www.countyhealthrankings.org/vermont/chittenden/24](http://www.countyhealthrankings.org/vermont/chittenden/24)

3 The Health Status of Vermonters, March 2008, Vermont Department of Health, <http://healthvermont.gov/research/healthstatusreport.aspx>. See Appendix, county data.

4 U.S. Census Bureau, Vermont Quick Facts 2013 for Chittenden County, Vermont.