CONFERENCE DESCRIPTION

The tenth annual Vermont Area Health Education Centers (AHEC) Geriatrics Conference will be a one-day symposium covering practical and innovative approaches to the medical care of older adults. Physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other health professionals with an interest in the care of older adults are encouraged to attend. This year’s agenda focuses on medical issues that are commonly addressed in routine primary care practice, including non-pharmacologic strategies for treating diabetes, screening and treatment for common ophthalmologic conditions, and tailoring cancer treatment for frail elderly. Dementia screening and initial management, and maintaining wellness in aging men and women, will be topics of afternoon concurrent sessions. The symposium will begin and end with a keynote address and panel discussion that will focus on evolving trends in transitional care models, as well as nursing home and home-based care models. Participants will have the opportunity to choose two of three concurrent sessions. Ample time for discussion and questions has been built into the schedule.

Vermont AHEC improves access to quality healthcare through its focus on workforce development; it is a partnership between the Northeastern Vermont AHEC, Champlain Valley AHEC, Southern Vermont AHEC, and the University of Vermont College of Medicine. AHEC Program, AHEC believes that success in healthcare innovation, transformation, and reform depends upon an adequate supply and distribution of well-trained healthcare professionals.

LEARNING OBJECTIVES

At the end of this conference, participants should be able to:
1. Discuss evaluation and appropriate interventions for common medical conditions in the elderly.
2. Describe the effectiveness of dementia screening in the elderly.
3. Utilize strategies that are effective for maintaining health and wellness in aging men and women.
4. Describe transitional care models.
5. Discuss evolving trends in nursing home and home-based care models.

REGISTRATION

$220 Physicians before April 1, 2015
$165 Non-physicians, residents & students before April 1, 2015
Add $50 after April 1, 2015
Fee includes all course materials, breakfast, lunch and lunch. There will be limited enrollment for this program - please register early.

Refunds: Refunds, minus an administrative fee of $50, will be made only if notice of cancellation is received, in writing, by March 20, 2015. No refunds are possible after that date.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30AM</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>Welcome &amp; Introduction</td>
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<tr>
<td>8:05</td>
<td>KEYNOTE</td>
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<tr>
<td>9:05</td>
<td>Lifestyle Prevention and Treatment of Type 2 Diabetes</td>
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<tr>
<td>10:05</td>
<td>Break and Exhibits</td>
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<tr>
<td>10:20</td>
<td>Common Visual Conditions</td>
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<tr>
<td>11:20</td>
<td>Oncology Treatment for the Frail Elderly</td>
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<tr>
<td>12:20</td>
<td>Lunch (provided)</td>
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<tr>
<td>1:20</td>
<td>Concurrent Breakout Sessions</td>
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<td>2:35</td>
<td>Concurrent Breakout Sessions</td>
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### Concurrent Breakout Sessions

**Session II**

1. Cognitive Screening and Management of Dementia
   - William Pendlebury, MD

2. Update on Selected Topics in Men’s Health
   - Matthew Gilbert, DO, MPH
   - Mark Plante, MD, FRCSC, FACS

3. Update on Selected Topics in Women’s Health
   - Mary Cushman, MD, MSc
   - Rosy Hill, MD

**Panel:** Changing Models of Nursing Home Care and Home Care-Based Programs
- Judy Pechulis, RN
- Isaura Menzies, MD, MPH, CMD
- Zail Berry, MD, MPH

**Conference Adjourns**

**ACCREDITATION**

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Vermont designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program has been reviewed and is acceptable for up to 7.25 Nursing Contact Hours.

**Registration Form**

Vermont Geriatrics Conference - April 14, 2015

<table>
<thead>
<tr>
<th>Name (as you would like it to appear on name tag &amp; CME Certificate)</th>
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<tbody>
<tr>
<td>Degree: (MD) &amp; Other (please specify)</td>
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**Breakout Sessions:** Registrants will attend two of three breakout sessions offered. Please rank order your preferences from 1 (most) to 3 (least desirable). There is limited enrollment in each session. Based on receipt of registrations, every effort will be made to provide you with your preferred session.

- [ ] Screening/Management of Dementia
- [ ] Selected Topics in Men’s Health
- [ ] Selected Topics in Women’s Health

### Registration Fee Summary

- $220 Physicians
- $165 Non-Physicians, Residents & Students
- Add $25 after April 1, 2015

### Payment Method

- To pay by credit card, please visit us on-line at: [www.uvm.edu/medicine/cme](http://www.uvm.edu/medicine/cme)
- To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below.

**Mail to:** UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT 05401

**Phone:** (802) 656-2292 **Fax:** (802) 656-1925

[Online: www.uvm.edu/medicine/cme](http://www.uvm.edu/medicine/cme)

**Registration requested by April 1, 2015**