

NIDA Quick Screen V1.0

In the <u>past year</u> , how often have you used the following?	Never	Once or twice	Monthly	Weekly	Daily or almost daily
Alcohol For men, 5 or more drinks a day For women, 4 or more drinks a day					
Tobacco Products					
Prescription Drugs for Non-Medical Reasons					
Illegal drugs					

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Scoring and Interpretation:

Note: Any positive response should be pursued and is suggestive of a substance use disorder.

- If the patient says “**NO**” for all drugs in the Quick Screen, reinforce abstinence.
Screening is complete.
- If the patient says “**Yes**” to **one or more days of heavy drinking**, *patient is an at-risk drinker*. Please see NIAAA website “How to Help Patients Who Drink Too Much: A Clinical Approach”
http://pubs.niaaa.nih.gov/publications/Practitioner/CliniciansGuide2005/clinicians_guide.htm, for information to **Assess, Advise, Assist, and Arrange** help for at risk drinkers or patients with alcohol use disorders
- If patient says “**Yes**” to **use of tobacco**: *Any* current tobacco use places a patient at risk. Advise *all tobacco users to quit*. For more information on smoking cessation, please see “Helping Smokers Quit: A Guide for Clinicians”
<http://www.ahrq.gov/clinic/tobacco/clinhlpsmksqt.htm>
- If the patient says “**Yes**” to **use of illegal drugs or prescription drugs for non-medical reasons**, proceed to **Question 1** of the NIDA-Modified ASSIST. <http://www.drugabuse.gov/publications/resource-guide/step-1-nida-modified-assist>

References:

- Smith PC, Schmidt SM, Allensworth-Davies D, Saitz R. A single-question screening test for drug use in primary care. *Archives of internal medicine*. Jul 12 2010;170(13):1155-1160. PMID: 20625025
- National Institute on Drug Abuse. Resource Guide: Screening for Drug Use in General Medical Settings. Available at: <https://www.drugabuse.gov/publications/resource-guide> Accessed March 15, 2012.