

Vermont's Academic Medical Center

Pathology & Laboratory Medicine

Newsletter

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Presenting A Newsletter
Special Edition
Honoring the Retirement of
Edwin G. Bovill, M.D.~





Edwin G. Bovill, M.D.

Professor and Chair of Pathology Emeritus

College of Medicine

Dr. Bovill's Academic and Professional Appointments

- 1982-1987 Assistant Professor of Pathology, Director of Special Coagulation Laboratory, University of Vermont College of Medicine and Medical Center Hospital of Vermont
- 1988-1993 Associate Professor of Pathology, Director of Special Coagulation Laboratory University of Vermont College of Medicine and Medical Center Hospital of Vermont
- 1993-2012 Professor and Chair of Pathology, University of Vermont College of Medicine
- Director of Laboratories, Fletcher Allen Health Care
- Director, Special Coagulation Laboratory, Fletcher Allen Health Care
- 2003-2012 Clinical Professor, Medical Laboratory Science Program, Department of Biomedical Technologies, University of Vermont

Dr. Bovill's Blood Journal Article (note: Blood Cover Photo October 2009 shown above can be located at the following website address and is linked here:

http://bloodjournal.hematologylibrary.org/content/early/2009/07/30/blood-2009-05-219485

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Words from Dr. Morin, Dean, UVM College of Medicine

Since he arrived in Vermont in 1979 as a Pathology resident, Ted has been making a difference. He has mentored medical students, graduate students, post-doctoral fellows and junior faculty. He has also been an advisor and mentor to me, having deftly steered me on the right course, at times despite my protestations, such as during the revision and passage of the new Faculty Handbook.

Ted has served on nearly 100 committees at the College, the University and the Hospital, and has chaired several important search committees. For this service we should have awarded him a purple heart with oak leaf clusters.

He has pursued scholarly work, achieving over 200 peer-reviewed pub-

lications, clinical studies and book chapters. He has been invited to speak at countless conferences and symposia across the US and around the world, and has in turn brought the world here to Vermont. This international travel has been great for the college and for Ted. In fact, I have never been quite certain how much of the Leduc grant was about medical science and how much about gastronomy.

After 33 years here, and 20 as Chair, there is little he has not accomplished and it is almost certain we will not see another Chair with such a long tenure. He is an esteemed scientist, a respected colleague, and a sought-after mentor who has made significant contributions to our school, to a generation of physicians and scientists, and to the field of biomedical research.

Ten days ago, we graduated the newest class of physicians and scientists. Part of the Oath we recite at that ceremony particularly fits Ted:

I will pursue the expansion of my knowledge throughout my life for the benefit of my patients.

I will respect the scientific gains of those physicians and scientists in whose steps I will walk, and gladly share such knowledge as is mine with those who are to follow.

So thank you, Ted, for your pursuit of knowledge and for so gladly sharing it with your students, your colleagues and even your Deans. While we hate to see you go, we understand that there are more adventures ahead.

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Words from Dr. Brumsted, FAHC CEO

As Professor and Chair of Pathology and Director of Laboratories at Fletcher Allen, Ted Bovill has been an extraordinary leader, teacher, clinician and mentor over the past 19 years. He has led the Pathology Department through years that have been marked by transition and change – through the formation of Fletcher Allen Health Care and the many milestones our two organizations have passed over these past two decades.

Ted did his residency in Pathology here at the College of Medicine between 1979 and 1982. For those of us — my-self included — who were young residents here in the early eighties, I think we can all agree that much has changed since then. It is therefore especially impressive to watch a leader like Ted, who has deftly managed the balancing act between strong scientific research, teaching and clinical excellence

Ted's work has directly supported our organizations' shared goal: to strive for innovations in medicine and health care.

Today, as we work to build an integrated delivery system, it's also worth noting that Ted has been forward-thinking. He led the way in creating an integrated lab network, a decision that was innovative at the time – and has served this organization and health care facilities around the region well.

In closing, I want to thank Ted for his dedication to our organizations, to medicine here in Vermont – and to the patients we serve. Ted, I wish you all the best on this well-deserved new chapter. We will not forget all that you have done for Fletcher Allen and the College of Medicine.

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Words from Dr. William Pendlebury (Future Letter December 26, 2012)

DECEMBER 26, 2012

Dear Ted,

It has been almost 6 months since you left Burlington, UVM, and the Department to seek adventure on the open sea with the love of your life, Barbara. By now you're probably somewhere in the Caribbean, and if it's late in the afternoon when you're reading this letter, I hope there's a glass of wine by your side. By the way, we missed you guys at our Christmas Eve party; it wasn't the same without you.

Since you've been gone, I've had a chance to reflect about the years we spent together as colleagues and friends. I had forgotten that we were residents at the old Medical Center Hospital of Vermont during the same three years between 1979 and 1982. Of course, I never did as many residencies and fellowships as you did, and certainly not in exotic places like Montreal, Peru, Honolulu, Christchurch, Cambridge, Edinburg, San Francisco, and finally Minneapolis. How did you end up in Minneapolis, and how did you manage to do pieces of the same fellowship in multiple, different cities? And do you actually speak four other languages besides English? One gets the sense that your love and enthusiasm for wanderlust go back a long way. Hard for me to say this, but to quote a famous Yankee, your retirement strikes me as déjà vu all over again.

I don't think we ever ran into each other during that residency period, as I have no recollection of spending any time in the Pathology Department, and I doubt that you spent much time wandering around the inpatient Neurology Service. Our paths began to cross in 1982, when you joined the Department as an assistant professor, and I became Dan Perl's neuropathology fellow. You were always two years ahead of me as we rose through the academic ranks, but then your career totally eclipsed mine when you became Chair in 1993. Nineteen years as chair, nineteen years! I think that must be the longest tenure in the history of the Department.

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Words from Dr. William Pendlebury (Future Letter December 26, 2012) ~continued~

So, Ted, I never told you what and how I was feeling in those last few weeks before you finally left. For one thing, I was really annoyed because you were leaving; and I was going to have to stick around and learn to live with a new boss for the first time in almost two decades. Plus, everyone was saying all those wonderful things about you, and I wasn't getting any attention. Well, transitioning to a new chair hasn't been as bad as I expected, so I guess I can forgive you for leaving me and the Department behind; and the feeling of being pissed has long since waned. Plus, I guess occasionally someone says something nice about me.

I remember feeling envious and jealous. Every time I saw you in those last few weeks you looked and acted so mellow, content, relaxed and at peace with yourself. After nineteen years of having the fate of the Department on your shoulders day in and day out — what a relief to no longer have that burden, and to have the opportunity for a few months of freedom to tie up loose ends, reminisce with colleagues, spend time with old friends, and prepare for the great adventure of a lifetime. We should all be so lucky. Not to say that how your life and career have unfolded has had anything to do with luck. No, your accomplishments, and your happiness, have had more to do with raw intellect and talent, and the uncanny ability to seize opportunities and make them pay off with rich dividends, not only for you, but also for all of us whom you've touched both professionally and personally.

The feeling I felt the most during those last weeks before you left was a sense of pride. I have told you before, on several occasions, how fortunate I feel to have been a member of the Pathology Department under your leadership. Fair – honest – forthright – deliberate – consistent – persistent – strong – reassuring – are a few of the words that come to mind that describe your leadership skills. Under your steady hand, the Department flourished, not only for the unit, but also for all of us as individuals. I can't begin to imagine all of the difficult negotiations, the tough decisions, the sleepless nights, the thorny issues, and the cantankerous faculty with whom you had to contend over those nineteen years. Speaking of faculty, we were always your biggest concern from the perspective of our welfare, our careers, our happiness, and (to put it in dollars and cents) our salaries and bonuses. Your belief was that all of us as faculty worked hard to get our jobs done, and to advance the mission and goals of the Department. I personally always felt well supported by your leadership and wisdom, and by your ability to give advice and at the same time take a hands off approach as long as I didn't screw up or have hair brained ideas. I never felt micromanaged, but just plain appreciated for who I am and for my work.

Ted, I've had the chance to chat with many of our colleagues over the last several months. The sentiments I've expressed in this letter are very much shared by all whose lives you touched. We are sorry that you no longer lead us, but you should know that the foundation and structure of the Department you fostered continue to serve us well even in your absence. I am still harboring feelings of envy and jealousy about you, but most of all I feel a strong sense of happiness for the life that you and Barbara have created; and I can almost imagine the joy you must feel every morning that you awaken to a new day at sea, a new adventure, and a fresh glass of that fine wine. I just wanted you to know these thoughts that I've been thinking. As Kum would say, Be Well; and may our paths cross again on a day not too far in the future. My love to you and to Barbara.

Written by: William Pendlebury, M.D.

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Words from Dr. Russell P. Tracy

Edwin Gladstone Bovill, after earning your MD from UC San Francisco in 1972, you literally sailed the world to enrich your clinical and research expertise. Ports of call included the Royal Victoria Hospital in Montreal; rural practice in Lima, Peru; the University of Hawaii; the University of Otago in Christchurch; and Cambridge University. Incredibly richer in medical and real world experience, in 1979 you settled down to a Pathology Residency in Vermont, where you have been a major "vessel of change" in our biomedical community ever since.

Your academic accomplishments are truly exceptional. Your love of teaching clinical coagulation has been appreciated by generations of residents; you have taken leadership positions in major international organizations such as the International Society on Thrombosis and Haemostasis; and you have had continuous grant funding since 1986. At the helm of your laboratory, you have launched > 200 publications into the medical literature, with topics ranging from thrombolytic therapy to the genetics of thrombosis.

You effortlessly navigated the turbulent academic and clinical waters, becoming Chair of Pathology in 1993. Since then your steady hand at the tiller and unwavering support for academic medicine have left an indelible mark on Pathology; you leave us a department that is to many a national model for integrating clinical services, while maintaining an exemplary national research presence.

George William Curtis said, "It is not the ship so much as the skillful sailing that assures the prosperous voyage." As you and Barbara literally set sail in *Rosa dos Ventos* for new waters, please know well that we are thankful you have been the most skillful of sailors for our department and medical center, and have for 20 years ensured our "prosperous voyage."

Written by: Russell P. Tracy, Ph.D.

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Words from Dr. Mary Cushman

Ted as a Mentor

My sentiments closely resemble several of the testimonials that you just heard from Bill. Many of us in this room tonight, and others around the world, share a story just like mine. As a mentor, Ted is extremely generous. He has provided mentorship to countless students at all levels, providing them opportunities for intellectual growth, career development, camaraderie, and increasingly over the years, TRAVEL! You will hear more about that from Russ Tracy, who is speaking next. However, I would like to say that I have <u>such</u> fond memories of a trip that Russ won't cover in his talk. In 1997 we traveled to Florence Italy for the ISTH conference where Ted arranged for us to rent an apartment overlooking the Uffizi Gallery and Neptune's Fountain on the Piazza Signoria. That trip was one of the highlights of my own many travels; I'll never forget meandering through the city to get to the convention center, and stopping for Espresso's and biscotti along the way with Ted! He definitely knows how to travel!

I met Ted in 1992 during the first year of my fellowship in hematology and oncology here at UVM and FAHC. At the time I hoped to become a cancer researcher. I wasn't really sure what that even meant, or how I would achieve success. Seemingly out of the blue, Ted invited me to consider a position as a research fellow funded by Ken Mann's NIH training grant. The topic would be blood coagulation. I was terrified of that, and knew nothing about it, but in the end I decided that this adventure would allow me to learn the tools to perform cancer research, so I agreed to the position. Ted took me under his wing and I spent several months working in the special coagulation laboratory, seeing patients there, making their pedigrees with the help of Liz Golden, writing up reports to referring physicians, and learning about the lab. This experience formed the basis for the model of care that we provide today, almost 20 years later, in the Thrombosis and Hemostasis Program at FAHC, where we see about 40 new patients a month.

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Words from Dr. Mary Cushman ~continued~

Ted was extremely supportive of my education. He was not only generous with his time, but he was generous where it counts, with MONEY. He supported the finances so I could pursue a Masters degree in epidemiology. This was a key cornerstone of my future academic life.

Ted was also unselfish. While we worked on several projects together, over the first year of my fellowship I developed an affinity for epidemiology, and met and grew to admire Russ Tracy. Ted was completely supportive of me working with Russ at that point, a shift that might not have been easy for some mentors. By the end of my fellowship I decided not to go back to the oncology idea, and am so happy that I found my way, with Ted's guidance and generosity.

As you all know, Ted has played important roles in the clinical life of FAHC. By maintaining a world class special coagulation lab, and through his regular personal attention, he has played an invaluable role in assisting our group in the Thrombosis and Hemostasis Program, in the care of our patients. This is only a tiny fraction of his contribution, which doesn't even consider his huge role as Chair of the Department of Pathology. Speaking of the department on a personal note Ted, I'd like to thank you for keeping my husband employed for the 19 years that you were his boss. By virtue of that I was able to pay off my medical school debt much quicker than would have been otherwise possible!

We will all miss Ted immensely. Ted, as you sail off to explore the world, we hope that you will keep a small spot in your heart that remembers us; and secretly in our hearts, we hope you come back!!!

Written by: Mary Cushman, M.D.



Guest Speaker:
Richard C. Becker, M.D.
Duke Clinical Research Institute
Co-Director, Advanced Biomarkers
Director, DCRI Cardiovascular Thrombosis Center
Co-Director, Duke Comprehensive Center for Hemostasis and Thrombosis

Director, Duke Health Systems Cardiogenetics Thrombosis Clinic Professor of Medicine, Cardiology









~ PHOTOS TAKEN AT EVENT BY SALLY MCCAY ARE LOATED AT THE FOLLOWING WEBSITE ADDRESS AND IS LINKED HERE~ http://www.uvm.edu/~photo/archiveimages/20120530/index.html

























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SPECIAL BEST WISHES FROM COLLEAGUES AND FRIENDS

Congratulations Ted!

I'm sorry I can't be there in person to tell you how much I enjoyed working for and with you for almost 30 years.

Your greatest gift to all of us was as a teacher and mentor. For me personally, your unbridled enthusiasm for the world of "clotting and bleeding" translated into a challenge to learn and explore an area that made going to work each day (ok – change that to most days) a pleasure. Under your leadership, I met people and went to places that I still miss.

I understand you will spend your retirement on a boat sailing, so may you always have a fair sky and a gentle wind at your back.

All my best,

- Liz Golden

Dear Ted,

I really felt very sorry not to have been able to come to Burlington at the occasion of your retirement, but even more I regret that you will actually be retiring and that we will have to miss you at future meetings. We got to know you during our collaboration in the joint LINAT project, collaboration actually suggested to us by Desire Collen and Ken Mann.

Throughout this project we have come to appreciate not only your professional skills but – even so - your gentle and kind attitude towards our younger colleagues. I can assure you that all our students involved in LINAT have kept the best memories of the guidance you provided to them.

At a personal level, I had the pleasure - together with my wife Ingrid - to enjoy the famous Vermont hospitality extended to us by your family and by many colleagues. This will always be a cherished memory. From your extended bibliography it is obvious that you have made major contributions to the field of thrombosis and haemostasis. From your colleagues I understood that you also have been a motivated and dedicated teacher for many generations of students. In addition, you have taken on many administrative burdens, at your university and at other institutions. What more could be expected from a scientist and professor?

As a small token of my appreciation, I enclose the official seal of our university (KULeuven, founded in 1425, being one of the oldest universities in the world), hoping that you have kept good memories of your visits to Leuven. We have certainly always enjoyed having you here. I would like to end by wishing you and your family all the best for the future and thank you for the nice moments in time we spent together. Despite your official retirement, I hope to see you anyway at future meetings.

Take care,

Roger

- PROF. DR. H.R. LIJNEN-BELGIUM

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SPECIAL BEST WISHES FROM COLLEAGUES AND FRIENDS ~continued~

Dr. Bovill has been a wonderful mentor for me, starting as my neighbor when I was growing up in Jericho before I had any concept of what a pathologist does. Later, after a circuitous life path led me to medical school at UVM, and I began the student pathology fellowship, he provided me with solid career advice as well as the opportunity to present a poster (my first ever) at the LINAT conference. This experience both opened my eyes to the world of research and also was a valuable resume builder when applying to residencies. Dr. Bovill's leadership of the pathology department at UVM will be sorely missed. I hope he enjoys all the adventures that await during retirement.

- Ella Martin, MD. pathology resident - Dartmouth		
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Hi, I will not be able to make it to Dr. Bovill's retirement celebration as I have relocated to Australia.

In the 4 1/2 years when I was at FAHC / UVM, Dr. Bovill was the Mentor I could always look up to. He was always open to suggestions and new ideas and made a positive impact on myself and the department. He enabled many opportunities and was there to turn things around when things were not looking up.

As a fellow adventurer, (having just returned from a successful trekking adventure in the Himalayas to the Everest Base camp), I wish Dr. Bovill a great time on his well-planned sailing adventure ahead. I wish I could be on the same boat (literally) with Barbara & Ted, but that will have to wait another day while I swim in the Great Barrier Reef. Thanks Dr. Bovill for your support and I hope you will throw me a line and haul me up, when you find me in an ocean somewhere!! Warm regards, Anita.

- Anita Iyer, M.D.	

I am very disappointed that I will be unable to attend this momentous occasion, but I cannot get away next week. Dr. Bovill and I arrived in Vermont the same year as residents, and it was evident from the start that he was destined for a very distinguished career. (I, on the other hand, took the road more travelled by. Apologies to R.F., and perhaps some others.) Dr. Bovill has built upon a long and proud tradition of Pathology education at Vermont, and he has set the course toward continued prominence. I am very honored to count Dr. Bovill among my friends, and wish him Bon Voyage and wind at his sails.

## - Paul Ellerbeck, M.D. – Dubuque, IA

Thank you for your kind invitation to the retirement reception for Dr. Ted Bovill on Wednesday, May 30, 2012. Much to my regret I will not be able to join. As a token of my respect for Ted Bovil's person and work, Life Sciences Research Partners VZW has contributed \$ 1000 to the Pathology Department Fund of the UVM College of Medicine.

Please convey my best regards to Ted.

- Desire Collen	
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SPECIAL BEST WISHES FROM COLLEAGUES AND FRIENDS ~continued~

I became to know Ted in Jan. 1997 when I was interviewing for my first job at UVM after my fellowship from the Hopkins. I instantly "fell in love" with my future boss as he was such a down-to-the-earth scholar, driving his salt and mud covered Volvo showing me the wonderful grey frozen landscape through out and kept pointing out "this will be different when Spring comes, and it will be a lot more pretty". I was totally sold by him and moved my family to Burlington where my wife Sara, our daughter Deborah and I spent 4 unforgettable years. We made many good friends in Burlington. I became a better pathologist. Deborah (she was 5 when we first moved there) has grown up to be a nature loving young woman who has been very involved in all sorts of sports from Aerial Silk and Rock climbing, to scuba diving and Tough Mudder while attending Washington University as a freshman. By the way, we all learned how to ski at Smugglers.

I'd like to take this opportunity to thank Ted for his unique human skills in recognizing talent (so I was hired) and his love in medical science. I feel extremely fortunate for having had worked for Ted for four years during my early career. He is a great teacher and a wonderful mentor. The entire pathology community will truly miss him.

P.S. We love Vermont's winter.

- Shuan Li -Department of Pathology -OrlandoHealth

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I'm sorry that I will be unable to attend the Retirement Celebration in honor of Ted Bovill. I offer my sincere congratulations and best wishes for a long and happy retirement. One of the real joys when I became a faculty member at the University of Vermont, in 1984, was meeting Ted and interacting with him while he was directing the clinical hemostasis laboratory. I learned a lot from him during my time in Vermont. I also admired the research he performed during that period. His paper on heterozygous protein C deficiency (Bovill, E G. Bauer, K A. Dickerman, J D. Callas, P. & West, B. The clinical spectrum of heterozygous protein C deficiency in a large New England kindred. Blood 73:712-7, 1989) is a classic that I still quote to junior colleagues as an outstanding example of clinical investigation.

- John S. Lollar, III, M.D. - Hemophilia of Georgia Professor of Pediatrics Emory Children's Center

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I apologize that I cannot make a trip for Dr. Ted Bovill's retirement reception due to the conflicted job interview schedule.

As a pathology resident, cytopathology fellow and research assistant professor for five years in the department, I have great memories about Dr. Bovill. His special smile is still in my brain (it took many my neurons for this fixed image, otherwise I would be more successful, ha...ha...). Really, I highly admire and respect him, as the teacher, mentor, chair and scholar, many aspects. He had given me many insightful instructions. Here is an example, when there was a trouble to transfer my R01 grant from Univ. of Maryland to UVM, Dr. Bovill said "Pifu, do you want win the battle or win the war?" I immediately understood what I should do. Following his instruction, I gave up the battle, and won the war.

I can talk more and more about Dr. Bovill... I wish him best for his retirement life with his family.

- Pifu Luo, M.D., Ph.D., FCAP

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SPECIAL BEST WISHES FROM COLLEAGUES AND FRIENDS ~continued~

Unfortunately, I will be unable to attend the retirement reception for Dr. Ted Bovill. I send along my congratulations to him on a job well done and my best wishes to him for the future.

~LINK HERE TO VIDEO OF BEST WISHES TO DR. BOVILL~

A <u>very special thank you</u> to Dr. Delight Wing and Jack Long (Haiti), Dr. Joseph & Mrs. Emmerich (France), Dr. Carla Vossen (Netherlands) and Dr. Lewis First (UVM College of Medicine) for their video contributions!

- Peter and Isabella Martin

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GIFT DONATIONS IN HONOR OF DR. BOVILL MAY BE MADE ONLINE OR MAILED TO:

GIFTS IN HONOR OF DR. BOVILL MAY BE MADE TO THE PATHOLOGY DEPARTMENT FUND WHICH SUPPORTS ACTIVITIES SUCH AS TRAVEL AND RESEARCH PROJECT SUPPORT FOR MEDICAL STUDENTS, AN AREA OF PARTICULAR INTEREST TO DR. BOVILL.

GIFTS MAY BE MADE ONLINE AT THE FOLLOWING WEBSITE ADDRESS AND LINKED HERE:

http://www.med.uvm.edu/alumni/TB1+I+C+RL.asp?SiteAreaID=604

Or mailed to:

UVM College of Medicine
Development & Alumni Relations
The Courtyard at Given
89 Beaumont Avenue
Burlington, VT 05405-0110

SPECIAL THANKS TO THOSE WHO HAVE MADE GIFTS IN HONOR OF DR. BOVILL

Donald E. Stanley, M.D. & Mrs. Ingrid C. Stanley
William W. Pendlebury, M.D. & Mary Cushman, M.D.
Roy Korson, M.D. & Mrs. Lorraine Korson
Dr. Sharon K. Gauthier
Mr. & Mrs. Peter R. Martin
Dr. Douglas J. Taatjes & Mrs. Heidi S. Taatjes
Gladwyn Leiman, M.D.
Mrs. Martina K. Kurrelmeyer
Professor Desire Collen



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SPECIAL THANKS TO THE EVENT PLANNING COMMITTEE MEMBERS:

Dr. Mary Cushman, Dr. Pamela Gibson, Dr. Gladwyn Leiman, Dr. Russell Tracy, and Susan Kehoe, Executive Assistant – UVM College of Medicine Pathology Department

SPECIAL THANKS TO EVENT COLLEAGUE & GUEST SPEAKERS:

Dr. Morin, UVM Dean, College of Medicine

Dr. Brumsted, FAHC CEO

Dr. William Pendlebury

Dr. Russell Tracy

Dr. Mary Cushman

Dr. Richard C. Becker - Duke Clinical Research Institute

Co-Director, Advanced Biomarkers

Director, DCRI Cardiovascular Thrombosis Center

Co-Director, Duke Comprehensive Center for Hemostasis and Thrombosis

Director, Duke Health Systems Cardiogenetics Thrombosis Clinic

Professor of Medicine, Cardiology

SPECIAL THANKS TO VIDEO CONTRIBUTORS:

Dr. Delight Wing and Jack Long, Dr. Joseph & Mrs. Emmerich, Dr. Carla Vossen and Dr. Lewis First

SPECIAL THANKS TO EVENT VOLUNTEER ATTENDANTS:

Janet Schwarz & Martha Severance—Flowers; Brenda Shinosky, Lisa Kapoor, Dawn Richardson, Melissa Barrows—Guests/Door Attendants

SPECIAL THANKS TO:

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2012 Pathology Group Photo

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BON VOYAGE!

ROSA dos VENTOS







