

American Psychiatric Association's
Diagnostic and Statistical Manual, Fourth Edition Revised
Criteria for "Nicotine Withdrawal"
(DSM-V)

- A. Daily use of nicotine for at least several weeks.
- B. Abrupt cessation of nicotine use, or reduction in the amount of nicotine used, followed within 24 hours by four (or more) of the following signs:
 - 1) anxiety
 - 2) difficulty concentrating
 - 3) dysphoric or depressed mood
 - 4) increased appetite or weight gain
 - 5) insomnia
 - 6) irritability, frustration or anger
 - 7) restlessness
- C. The symptoms in Criterion B cause clinically significant distress or impairment in social, occupational, or other important areas of functioning.
- D. The symptoms are not due to a general medical condition and are not better accounted for by another mental disorder.