Addison County

POPULATION³

Population (2013)	36,760
Persons under 5	4.3%
Persons 5-18	20.1%
Persons 19-64	61.2%
Persons 65+	14.3%

Race

nace	
White 95.49	%
Black or African American1.09	%
American Indian & Alaska Native 0.39	%
Asian 1.69	%
Two or more races 1.89	%



Ethnicity and Language

Farming in Addison County depends on a labor force that consists of undocumented persons working on dairy farms (www.vtmigrantfarmworkersolidarity.org), the majority of whom are Hispanic and Latino persons.

For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

SOCIOECONOMIC INDICATORS

A	ddison County	Vermont
Per capita income (2009-13)	\$28,722	\$29,167
Median household income (2009-13	3)\$57,565	\$54,267
Population below poverty	11.3%	11.8%
Total households countywide (2009-	-13)14,164	
Persons per household	2.4	2.34
Speak language other than English at home 5.1%		
Residents were born outside of U.S.	4.1%	

PLACE

Addison County is 770.18 square miles. The population density of 46.7 persons per square mile is lower than the state average of 67.9

THE ECONOMY

Grand Isle County has one the state's lowest unemployment rates at 5.9%.

57.2% of workers are employed outside the county. Out-of-county workers spend on average 50% more time commuting to work than other Vermonters. The mean commute time to work is 33.4 minutes.

Education	Addison County	Vermont
High school graduation rate	91.6%	91.4%
College degree	23.3%	34.8%

Major Employment Sectors⁴

Manufacturing2	2%
Service Providing	8%
Government	2%

HEALTH

Risk Factors and Chronic Conditions¹

	Addison County	Vermont
Adult smokers	15%	16%
Adult obesity	23%	24%
Excessive drinking	19%	19%
Motor vehicle crash death rate	12%	12%
Children under 18 in poverty	16%	16%

HEALTH INDICATORS

Access²

9% of residents report having no health insurance.

76% of Addison County adults received influenza immunization in 2008 (VT 66%).

10% of adults do not have a usual primary care physician (VT 15%).

3% of primary care physicians either limit or do not accept new patients.

Women & Infants²

89% of pregnant women receive prenatal care in the first trimester (VT 90%).

Teen birth rate among 15-17 year olds is 11.5 per thousand live births (VT 15.8).

Low birth weight rate (≤5.5 lbs) 5.1% (VT 6.4 %).

78% of women >40 years old have had a mammogram (VT 77%).

Disease Rates²

Heart disease death rate is 150 per 100,000 population (VT 138).

22% of adults are obese (VT 20%).

Stroke death rate of 50 per 100,000 (VT 44).

Diabetes-related deaths of 109 per 100,000 (VT 91 per 100,000).

Asthma hospitalizations rate among youth <18 is 3.3 per 10,000 (VT 9.1 per 10,000).

Chronic Obstructive Pulmonary Disease (COPD) death rate among people 45 and older is 108 per 100,000 (VT 123).

PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

Mountain Health Center...... www.mountainhealthcenter.com

HOSPITALS

Porter Hospital: Located in Middlebury, it is a Critical Access Hospital that offers comprehensive medical care and 24-hour emergency services. The Porter Hospital Medical Staff consists of more than 60 physicians offering primary care and an array of specialty medical care. www.portermedical.org

University of Vermont Medical Center: An academic medical center with a service area that includes Addison County and other areas totaling one million persons. UVMMC has 458 staffed beds, more than 30 care sites and Vermont's only Level 1 Trauma Center. www.uvmhealth.org

KEY STATE & COMMUNITY AGENCIES

2-1-1: Free information and referral from the United Ways of Vermont. Community members who need to identify resources for any need can receive information by dialing 2-1-1 toll-free from anywhere in Vermont. 2-1-1 works with TTY and provides interpreted services for limited English-speaking persons.

www.vermont211.org

United Way of Addison County: Provides a one-page list of frequently used local resources.

www.unitedwayaddisoncounty.org

Vermont Department of Health: District Office in Middlebury provides information for the public and providers about current health issues. www.healthvermont.org

Champlain Valley Office of Economic Opportunity (CVOEO):

Operating throughout the northwestern region to provide food shelf, home weatherization, tenant support, mobile home assistance, Head Start, housing assistance, emergency fuel assistance, food stamp outreach, community garden and farm-to-family voucher programs, tax filing and other form preparation services, information, and advocacy for low-income persons. The agency served nearly 10,000 households last year. www.cvoeo.org

Champlain Valley Agency on Aging: Provides information and referral for all seniors and their families/supporters, case management for frail elders and certain younger adults with physical disabilities, and administers other Older American Act programs for the region. Call an Agency on Aging toll free from anywhere in Vermont at 1-800-642-5119. www.cvaa.org

The Economic Services Division: The Vermont Department of Children and Families provides outreach, eligibility determination, and benefits administration for all state and federally funded basic and health needs programs. The Division has a phone-based client services system which can be accessed 24/7 at 1-800-479-4151. Transactions that require a discussion with a staff person must be made between 7:45 am and 4:30 pm Monday through Friday by calling the same number. www.dcf.vermont.gov/services

The Counseling Service of Addison County: A non-profit, comprehensive agency serving adults, families and children who may have a diversity of needs, including emotional problems, family issues, substance abuse, serious mental illness, and developmental disabilities. www.csac-vt.org

MEDIA, RECREATION & LEISURE

NEWS

Addison County Independent: Twice-weekly newspaper, including a calendar of community events. www.addisonindependent.com

Vermont Public Radio: Broadcasts at 107.9 and streams on the web. www.vpr.net

WVTK-FM: Broadcasts at 92.1 and offers local and state news. www.921wvtk.com

RECREATION

Green Mountain National Forest: Protects 400,000 acres that reach across nearly two-thirds the length of Vermont. Its mission is to sustain, protect, and enhance forest ecosystems.

www.fs.usda.gov/greenmountain

Trail Around Middlebury (TAM): A 16-mile footpath that encircles the town of Middlebury. It links several hundred acres of town land, conserved properties, schools, and local landmarks. www.maltvt.org

Vermont State Parks: Online at Find a State Park. There are several popular state parks in Addison County. www.vtstateparks.com

CULTURE AND LEISURE ATTRACTIONS

The Free Library System: Visit the library catalog page for Vermont to click on links to the library nearest you. Vermont libraries have free Internet service and community activities. Hours vary and may be limited to certain days of the week in rural towns.

www.publiclibraries.com/vermont.htm

Mahaney Center for The Arts: A visual and performing arts facility that serves Middlebury College and the surrounding communities. Its primary purpose is to provide an environment for the creation of art, and to invite audiences to experience the work of local, national, and international artists. www.middlebury.edu/arts/mcfa

Lake Champlain Maritime Museum: Brings to life the stories of Lake Champlain and its people. Its mission is to preserve and share the rich history of the Lake Champlain region. www.lcmm.org

Middlebury College Museum of Art: Contains the college's permanent collection, traveling exhibitions, antiquities, Asian art, photography, 19th-century European and American painting and sculpture, and contemporary prints. museum.middlebury.edu

Addison County Chamber of Commerce: Features information about county attractions, events and activities.

www.addisoncounty.com

Town Hall Theatre: Located in Middlebury, the beautifully restored 1883 Town Hall offers a variety of performances and exhibits. www.townhalltheatre.org

¹ From County Health Rankings, a project of Robert Wood Johnson Foundation in collaboration with the University of Wisconsin Population Health Institute www.countyhealthrankings.org/vermont

² The Health Status of Vermonters, March 2008, Vermont Department of Health, http://healthvermont.gov/research/healthstatusreport.aspx.See Appendix, county data.

³ U.S. Census Bureau OuickFacts

⁴ Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2009, 2007 data www.vtlmi.info/profile2009.pdf,