Discuss important updates for
Participate in workshops on
Review current recommendations

• Discuss the 10 practice changers for 2018, updates in palliative

Fishing opportunities abound.
UVM Morgan Horse Farm, and tours of the world’s largest granite quarry.

hour’s drive are the Stowe Alpine Slide, Ben & Jerry’s Ice Cream Factory, courts are accessible by cab or car. Historic Shelburne Farms and
Shelburne Museum are a 20-minute drive from the hotel. Within an hour’s drive are the Stowe Alpine Slide, Ben & Jerry’s Ice Cream Factory. Burlington offers panoramic views of the

A freshwater lake in the U.S. Burlington offers panoramic views of the

beautiful location on the shores of Lake Champlain, the sixth largest

When not in a course session, you can take advantage of Burlington’s

program includes lectures, workshops and extensive course materials.
This intensive four-day program for family physicians, advance practice

providers, nurses, and other primary care professionals will focus on
current issues in the practice of Family Medicine, with special attention to
critical updates. Emphasis is on practical, clinically applicable
diagnostic and management issues in primary care. The course faculty is
drawn from multiple specialties, including Family Medicine. The teaching
program includes lectures, workshops and extensive course materials.

when not in a course session, you can take advantage of Burlington’s beautiful
location on the shores of lake Champlain, the sixth largest freshwater lake in the U.S. Burlington offers panoramic views of the Adirondack and Green Mountains, great shopping and excellent restau-

rants. The Burlington Community Boathouse has boats for rent. A bike path explores several miles of the lakeshore and bikes are available for
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11:45am REGISTRATION
12:55-2:00pm Opening Remarks
Amy S. Koutras, MD, FAAPM; Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising, Robert Larner M.D. College of Medicine at the University of Vermont (UVM)
1:00-1:45 Most Frequently Asked Patient Questions for Endometrial Cancer
Elise N. Everett, MD, UVM Associate Professor of Obstetrics and Gynecology, Clerkship Director, and Vice-Chair of Education
1:45-2:30 Is It About the Numbers After AIT? An Update in Hyperlipidemia
Friederike K. Keating, MD, UVM Associate Professor of Medicine, Director of Nuclear Cardiology and Stress Testing, and Program Director of Cardiovascular Fellowship, UVM Medical Center
2:30-3:24 BREAK
2:45-3:30 Who, What, Where, When and Why — An Update on LARC
Elise N. Everett, MD, UVM Associate Professor of Obstetrics and Kirsten Berggren, PhD, APRN, Primary Care, UVM Medical Center
3:00-3:15 Break
3:15-4:45 Concurrent Sessions II
Yoga Therapeutics for Healthcare Providers: The History, The Science, the Practice
Janet L. Carsscadden, PT, DPT, OCS; E-RYT 200, Owner, Evolution Physical Therapy and Yoga
LARC Workshop: Practical Approaches to Insertion and Management
Cara M. Keegan, MD, UVM Associate Professor of Family Medicine and Thomas L. W. Bergstrom, MD, UVM Assistant Professor of Medicine
Opioid Use Disorder Treatment in the Primary Care Setting
Santhi Maruthi, MD, UVM Assistant Professor of Psychiatry
Clinical Decision Making and the Shoulder Exam
Timothy J. Partridge, MD, CAGS, Primary Care Sports Medicine, UVM Medical Center; and Kimberly A. Sikule, MD, UVM Assistant Professor of Family Medicine
EXK Review
Robert M. Label, MD, UVM Associate Professor of Medicine
4:45 Adjourn

Wednesday, May 30, 2018

7:30am CONTINENTAL BREAKFAST
8:00-8:45 Ridley Stone Prevention: An Ounce of Prevention is Worth a Pound of Lithotripsy
Petter A. Holoch, MD, UVM Assistant Professor of Surgery
8:45-9:30 Common Orthopaedic Problems that You May See (or May See You)
Robert A. Lubbers, MD, UVM Associate Professor of Family Medicine; Alison R. Landrey, MD, UVM Assistant Professor of Medicine; and Brian H. Iwins, MD, UVM Assistant Professor of Surgery
9:30 Adjourn

Thursday, May 31, 2018

7:30am CONTINENTAL BREAKFAST
7:45-8:40 Introductory Remarks — Amy S. Koutras, MD, FAAPM, BCC; Welcoming Remarks — Fay F. Haman, MD, President; Vermont Chapter, American Academy of Family Physicians
8:00-8:45 Healthcare-Affiliated Infection
W. Kemper Atston, MD, MPH, UVM Professor of Medicine and Chief of Infectious Disease, UVM Medical Center
8:45-9:30 The Skin Talk
Joseph J. Tompkins, MD, UVM Associate Professor of Dermatology and Dermaray Program Director, UVM Medical Center
9:30-10:00 BREAK, EXHIBITS AND POSTER SESSION
10:00-10:45 Table/Vermon: Moving From Decision-Directed to Value-Directed Plans of Care
Bob E. Gramling, MD, DSc, UVM Associate Professor and Research Director for the Newborn Nursery, UVM Medical Center; and Holly and Bob Miller Chair of Palliative Medicine, and Chief of Palliative Medicine, UVM Medical Center; and Stephen H. Barns, MD, UVM Assistant Professor of Family Medicine and Director of Education, Division of Palliative Medicine
10:45-11:30 Food Security Screening and Why It Matters
Richard E. Shurard, MPH, Deputy Director of Innovative Partnerships, Children’s HealthWatch
11:30-11:45 Family Medicine Department Awards
Thomas C. Peterson, MD, UVM Professor and Chair of Family Medicine
11:45-12:00 LUNCH and Poster Session
12:00-2:00 Opioid Use Disorder Treatment in Pregnancy
Kelsey A. Sain, MD, Assistant Professor of Obstetrics and Gynecology, Boston University School of Medicine
2:00-2:25 Healthcare Reform and Primary Care: What We Know and How We Should Speak Out
Alison R. Landrey, MD, Medical Director, People’s Health and Wellness Clinic, Member, Vermont Coalition of Clinics for the Uninsured and Assistant Medical Director of McCuller-Miller VMHA Respite House and Hospice of the Champlain Valley
2:45-3:30 Genetic Testing for Antidepressants at the PCP Office
John J. Arengus, MD, Medical Director of Vermont Collaborative Care, Blue Cross Blue Shield of Vermont
3:30-4:00 BREAK, EXHIBITS AND POSTER SESSION
4:00-4:45 Trends in Bariatric Surgery
Matthew P. Forgan, MD, FACS; UVM Associate Professor of Surgery and Director of Surgical Simulation, UVM Medical Center
4:45-5:30 Newborn Screening
Karen B. Berman, MD, UVM Assistant Professor of Pediatrics and Medical Director for the Newborn Nursery, UVM Medical Center
5:30 Adjourn
Friday, June 1, 2018

7:30am CONTINENTAL BREAKFAST
8:00-8:45 New Paradigm in Type 2 Diabetes Management — Cardiovascular and Renal Protection with SGLT2 Inhibitors and GLP-Review Course.
Robert M. Lobel, MD
9:30-10:30 Hit Me With Your Best Shot: An Update on Immunizations
Tiantian Li, MD, MPH, Assistant Professor of Medicine and Medical Director, Reproductive Health Access Project, UVM Medical Center
10:15-11:15 How We Should Speak Out
Kelley A. Saia, MD, Assistant Professor of Obstetrics and Gynecology, Chair of the Clinical Practice Committee and Michigan Wesleyan University
11:15-12:00 Office-Based Care for Early Pregnancy Loss
Linda W. Prine, MD, Assistant Professor of Obstetrics and Gynecology, Mount Sinai School of Medicine
11:45-12:00 Opioid Use Disorder Review
Robert M. Lobel, MD
11:45-12:15 End of Day — A Little Seminar To Reassure You that Amsterdam is a Great Place for a Summer” Vacation
Robert M. Lobel, MD

REGISTER ON-LINE: http://www.med.uvm.edu/cme

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ADDRESS: _________________________________
CITY: _________________________________
STATE: _________________________________
ZIP: _________________________________

PHONE: 802-656-2292
FAX: 802-656-1925

May 29–June 1, 2018

REGISTRATION FEE SUMMARY:
$425 Registration Fee — MD, DO, RN, Other (Received by April 26)
$425 Registration Fee — Residents*, Nurses, and Other Health Professionals
$825 Registration Fee — MD, DO, RN, Other (Received by April 26)
*$20 for a flash drive with pdf files of presentations
$425 for a flash drive with pdf files of presentations
$750 if received after April 26, 2017

Total Enclosed

PAYMENT METHOD
____ Check: payable to the University of Vermont
____ Money Order: payable to the University of Vermont
____ Wire Transfer:户名: University of Vermont
____ Credit Card: Visa, MasterCard, American Express

Enclosed check or money order should accompany registration. Please indicate your preference by completing the registration form below.

VERMONT FAMILY MEDICINE
REVIEW COURSE

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