

# 2019 Primary Care Sports Medicine

Agenda · Thursday, October 10, 2019

Time	Topic	Presenter
7:30-7:55 am	<b>Registration and Continental Breakfast</b>	
7:55-8:00	<b>Welcome Remarks</b>	Robert Luebbers, MD and Kimberly Sikule, MD, CAQSM
8:00-8:45	RED-S Syndrome: What Endurance Athletes Need to Know	Kimberly Sikule, MD, CAQSM
8:45-9:30	Therapeutic Yoga for Athletes with Pelvic Instability	Janet L. Carscadden, PT, DPT, OCS, E-RYT 200
9:30-10:15	Acute and Long-Term Management of Weightlifting and CrossFit Recreational Athletes	Casey Baczewski, DPT
10:15-10:30	<b>Break and Exhibits</b>	
10:30-11:15	Fascial Systems and Considerations in Treating Athletes	Matthew Lunser, DO
11:15-12:00 pm	Hip Arthroscopy: A Validated Treatment for Symptomatic Femoroacetabular Impingement (FAI)	J.P. Begly, MD
12:00-1:00	<b>Lunch (provided)</b>	
1:00-1:45	Lab Abnormalities in Endurance Athletes	Katherine W. Dolbec, MD, FACEP, CAQSM
1:45-2:30	The Preparticipation Physical; Benefits, Challenges and Controversies	Catherine Mygatt Naden, MD
2:30-3:15	Post-Concussion Management: A Multidisciplinary Approach	Lindsey Schneider, MS, OTR/L, and Henry Mercier, MS, LAT, ATC
3:15-3:30	<b>Break and Exhibits</b>	
3:30-4:15	ACL Injury Risk and Prevention	James R. Slauterbeck, MD
4:15-5:00	Drugs in Sports	Robert Dyer, MD
5:00	<b>Adjourn</b>	

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Time	Topic	Presenter
<b>7:30-7:55 am</b>	<b>Registration and Continental Breakfast</b>	
<b>7:55-8:00</b>	<b>Opening Remarks</b>	Robert Luebbers, MD and Kimberly Sikule, MD, CAQSM
<b>8:00-8:45</b>	Management of the Collapsed Athlete	James Glazer, MD, FACSM
<b>8:45-9:30</b>	The Disabled Athlete	Greg Durso, Carrie Kane, DPT, and Patrick M. Standen
<b>9:30-10:15</b>	Exercise and Team Sports in Children and Adolescents – Pathways to Emotional Behavioral Wellness	James Hudziak, MD
<b>10:15-10:30</b>	Break and Exhibits	
<b>10:30-11:15</b>	Symptoms After a Head Injury - When It's Not a Concussion	Matthew Gammons, MD
<b>11:15-12:00 pm</b>	Clavicle Fractures	Nathan Endres, MD
<b>12:00-1:30</b>	<b>Lunch (on your own)</b>	
<b>1:30-2:30</b>	<b>Workshop Session I</b>	
	The Shoulder Exam	Nathan Endres, MD
	An Introduction to Postural Restoration	Oliver Hall, PT, PRC
	Fracture Management	Katherine W. Dolbec, MD, FACEP, CAQSM
<b>2:30-3:30</b>	<b>Workshop Session II</b>	
	Management of Dislocations	Matthew Gammons, MD
	The Hip Exam	Nathaniel J. Nelms, MD
	The Knee Ultrasound	Kimberly Sikule, MD, CAQSM
<b>3:30-3:45</b>	<b>Break and Exhibits</b>	
<b>3:45-4:45</b>	<b>Workshop Session III</b>	
	The Knee Exam	James R. Slauterbeck, MD
	The Knee Ultrasound	Kimberly Sikule, MD, CAQSM
	The Hand and Wrist Exam	Adam Shafritz, MD
<b>4:45</b>	<b>Adjourn</b>	