

Adolescent and Youth Friendly Resource Guide

Clinic Characteristic	Comments & Recommendations
Accessibility	
LGBTQ Support	<ul style="list-style-type: none"> GLSEN safe space kit: http://www.glsen.org/safespace (made for schools but can be used in clinics) Safe Schools Coalition: http://www.safeschoolscoalition.org/RG-posters.html
LGBTQ VT resources	<ul style="list-style-type: none"> Outright Vermont: http://www.outrightvt.org
LGBTQ National Resources	<ul style="list-style-type: none"> The Trevor Project: http://www.thetrevorproject.org It Gets Better: http://www.itgetsbetter.org
Confidentiality	<ul style="list-style-type: none"> Adolescent Health Working Group-Confidentiality: http://ahwg.net/uploads/3/4/5/5/34557719/2010mcmoduleblankwhite.pdf (California focus but great general info/samples) ARSHEP Minors Access Cards by State: https://prh.org/teen-reproductive-health/minors-access-cards/
Environment	
Social Media	<p>Easiest thing to do:</p> <ul style="list-style-type: none"> Facebook group with potential to disseminate information but no opportunity for interaction that has to be monitored: https://www.facebook.com/help/356113237741414/?ref=u2u Recommend one “administrator” in the office that devotes time to posting and monitoring
Creating Youth Friendly Clinics: environment, décor, reading	<ul style="list-style-type: none"> http://www.med.uvm.edu/vchip/yhii See “Resources” on right side of page
Posters and Pamphlets	<ul style="list-style-type: none"> CDC Adolescent vaccines: http://www.cdc.gov/vaccines/who/teens/products/print-materials.html
Routine Screening	
PHQ-9	<ul style="list-style-type: none"> http://www.med.uvm.edu/vchip/yhii See “Tools and Resources” on right side of page
CRAAFT	<ul style="list-style-type: none"> http://www.med.uvm.edu/vchip/yhii See “Tools and Resources” on right side of page
Screening Recommendations and Periodicity	<ul style="list-style-type: none"> AAP Bright Futures Periodicity Schedule: https://www.aap.org/en-us/Documents/periodicity_schedule.pdf CDC STI Screening Guidelines: http://www.cdc.gov/std/tg2015/screening-recommendations.htm
Assessing Strengths	<ul style="list-style-type: none"> http://www.med.uvm.edu/vchip/yhii See “Tools and Resources” on right side of page

Difficult Conversations	<ul style="list-style-type: none"> • ARSHEP Videos: https://prh.org/teen-reproductive-health/standardized-case-videos-adolescent-reproductive-and-sexual-health/ • AAP Kognito Training: https://aap.kognito.com
Behavioral Health Questionnaires	<ul style="list-style-type: none"> • AAP Bright Futures Adolescent Tools: https://brightfutures.aap.org/materials-and-tools/tool-and-resource-kit/Pages/adolescence-tools.aspx • RAAPS Risk Assessment: http://www.possibilitiesforchange.com/raaps/
Overall Adolescent Friendly Resources	
Adolescent Friendly Websites and Handouts for patients	<p>For young women:</p> <ul style="list-style-type: none"> • http://youngwomenshealth.org/ • http://www.girlshealth.gov/index.html <p>For young men:</p> <ul style="list-style-type: none"> • http://youngmenshealthsite.org/ <p>For both:</p> <ul style="list-style-type: none"> • http://kidshealth.org/en/teens/?ref=t2t_tab
Youth Data	<ul style="list-style-type: none"> • CDC YRBS Data: http://www.cdc.gov/healthyouth/data/yrbs/index.htm • Vermont YRBS Data: http://healthvermont.gov/research/yrbs/2015/index.aspx
For Clinicians	<ul style="list-style-type: none"> • Society for Adolescent Health and Medicine (SAHM): https://www.adolescenthealth.org/Clinical-Care-Resources/Topics-in-Adolescent-Health.aspx • SAHM Weekly News Roundups: https://www.adolescenthealth.org/Clinical-Care-Resources/Clinical-Care-Resources.aspx • SAHM Position Papers and Statements: https://www.adolescenthealth.org/Advocacy/Position-Papers-Statements.aspx • Adolescent Health Provider Working Group-Providers: http://ahwg.net/resources-for-providers.html • AAP Section on Adolescent Health: http://www2.aap.org/sections/adolescenthealth/default.cfm
For Adolescents and Parents	<ul style="list-style-type: none"> • SAHM Resources for Adolescents and Parents: http://www.adolescenthealth.org/Clinical-Care-Resources/Resources-for-Adolescents-and-Parents.aspx • Adolescent Health Provider Working Group-Youth: http://ahwg.net/resources-for-youth.html • SAHM Healthy College Student Brochure: https://www.adolescenthealth.org/Clinical-Care-Resources/Healthy-Student-Brochure.aspx <p>In Vermont:</p> <ul style="list-style-type: none"> • ParentUp VT: http://parentupvt.org/

	<ul style="list-style-type: none">• Counter Balance: http://counterbalancevt.com/• OVX http://www.healthvermont.gov/media/calendar/our-voices-xposed-rally-state-house• VKAT & OVX http://www.healthvermont.gov/wellness/tobacco/state-and-community-partners• 3-4-50 http://www.healthvermont.gov/3-4-50 and http://www.healthvermont.gov/3-4-50/schools-child-care• ACEs http://www.healthvermont.gov/children-youth-families/infants-young-children/toxic-stress-and-trauma
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