

## Bibliography on Strokes

### Books in the Frymoyer Collection

**My Stroke of Insight: A Brain Scientist's Personal Journey.** Taylor, Jill Bolte

**Out of the Blue: One Woman's Story of Stroke, Love, and Survival.** Klein, Bonnie Sherr

**Stroke and the Family: A New Guide.** Stein, Joel

**When Your Spouse has a Stroke: Caring for Your Partner, Yourself, and Your Relationship.** Palmer, Sara

### Websites

**National Heart, Lung, and Blood Institute - Stroke**

<https://bit.ly/2l7T1mD>

**Centers for Disease Control and Prevention – Stroke**

<https://bit.ly/2EIEAsK>

**U.S. Surgeon General's Office – Know the Risks; E-Cigarettes and Young People**

<https://bit.ly/2iBM3us>

**National Cancer Institute – Vaping Pods Produce High Nicotine Levels in Young Users**

<https://bit.ly/2BNCKit>

For assistance finding health information please contact the Frymoyer Community Health Resource Center at The University of Vermont Medical Center.

**Frymoyer Community Health Resource Center**  
**3rd Level Main Pavilion, University of Vermont Medical Center Campus**  
**802-847-8821 or Resourcecenter@UVMHealth.org**  
**UVMHealth.org/MedCenterCHRC**

