

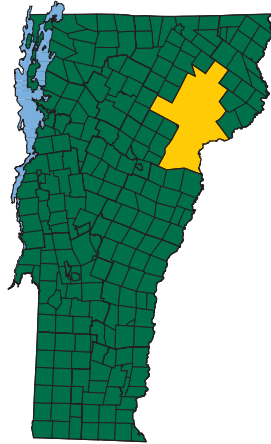
# Caledonia County

## POPULATION

Population (2013).....	31,157 <sup>1</sup>
Persons under 5.....	4.9%
Persons 5-18.....	15.9%
Persons 19-64.....	62.1%
Persons 65 years+.....	17.1%

## Race

White.....	96.5%
Black or African American.....	0.7%
American Indian & Alaska Native.....	0.5%
Asian.....	0.8%
Two or more races.....	1.4%



## Ethnicity and Language

For a handbook on cultural competency, visit the Champlain Valley AHEC web site: [www.cvahec.org/resources/cultural-competency](http://www.cvahec.org/resources/cultural-competency)

## SOCIOECONOMIC INDICATORS

	Caledonia County	Vermont
Per capita income (2012).....	\$36,208 <sup>2</sup>	\$29,167
Median household income (2008-12).....	\$44,435 <sup>1</sup>	\$54,267
Population below poverty (2012).....	14.4%	11.8% <sup>3</sup>
Total households countywide (2008-12) ...	12,525 <sup>1</sup>	
Persons per household (2008-12).....	2.4	2.34

## THE ECONOMY

### Major Employment Sectors<sup>2</sup>

Government.....	17.2%
Service Providing.....	59.9%
Manufacturing.....	22.9%

## HEALTH

### Risk Factors and Chronic Conditions<sup>4</sup>

	Caledonia County	Vermont
Adult smokers.....	18%	16% <sup>4</sup>
Adult obesity.....	28%	24%
Excessive drinking.....	15%	19%
Children under 18 in poverty.....	20.9%	16% <sup>3</sup>
Limited access to healthy foods*.....	2%	

\* Measured as proportion of the population who are low income ( $\leq$ 200% federal poverty threshold) and do not live close (10 miles rural, 1 mile nonrural) to a grocery store.

## HEALTH INDICATORS

### Access

9% of residents report having no health insurance (VT 8%).<sup>4</sup>

The population is older – 17.1% of residents are over 65 (VT 16.4%).<sup>1</sup>

There is a shortfall in the number (FTE) of primary care physicians for adults, combining family medicine and internal medicine.

15% of adults do not have a regular primary care provider.<sup>7</sup>

41.4% of primary care physicians are limiting or not accepting new patients.<sup>5</sup>

The county has an adequate number of primary care dentists for its population (1 FTE per 2,554 people),<sup>6</sup> but a future shortage is projected as many of these dentists near retirement.

## Women & Infants<sup>7</sup>

89% of pregnant women receive prenatal care in the first three months of pregnancy (VT 90%).

Teen birth rate ages 15-17 is 13.9 per 1,000 live births (VT 15.8 per 1,000).

Low birth weight rate ( $\leq$ 5.5 lbs) is 6.1% (VT 6.4%).

Breast cancer screening of women 40+ is 73% (VT 77%).

## Disease Rates<sup>7</sup>

Heart disease death rate is 169 per 100,000 (VT 138 per 100,000).

Stroke death rate is 48 per 10,000 (VT 44 per 10,000).

Diabetes-related deaths of 105 per 100,000 (VT 91 per 100,000).

Asthma hospitalizations among people under 18 is 17 per 10,000 (VT 9.1 per 10,000).

COPD death rate among people 45 and older is 138 per 100,000 (VT 123 per 100,000).

## PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

**Northern Counties Health Care:** Serves Caledonia, Essex and Orleans Counties with offices in St. Johnsbury and Hardwick. The Hardwick Area Health Center features a primary care dental office. The Caledonia Home Health Care and Hospice agency is the first Medicare and Medicaid certified home care and hospice provider in their service area. [www.nchcvt.org](http://www.nchcvt.org)

## HOSPITALS

**Northeastern Vermont Regional Hospital:** Located in Vermont's historic Northeast Kingdom, it is a not-for-profit, acute care, critical access hospital and the only Vermont hospital designated as a Baby Friendly hospital by the United Nations. NVRH provides primary and preventive care, surgical and specialty services, inpatient and outpatient care and 24 hour, physician-staffed emergency services. [www.nvrh.org](http://www.nvrh.org)

## KEY STATE & COMMUNITY AGENCIES

**Vermont Department of Health:** Regional office is located in St. Johnsbury and serves the municipalities of Barnet, Burke, Concord, Danville, East Haven, Granby, Groton, Guildhall, Kirby, Lunenburg, Lyndon, Maidstone, Newberry, Newark, Peacham, Ryegate, St. Johnsbury, Sheffield, Sutton, Topsham, Victory, Walden, Waterford, Wheelock. [www.healthvermont.gov](http://www.healthvermont.gov)

**Northeast Kingdom Community Action:** A private nonprofit organization serving the Northeast Kingdom. Programs include youth prevention and support, Head Start, food shelf and many others. [www.nekcavt.org](http://www.nekcavt.org)

**Area Agency on Aging for Northeastern Vermont:** A private, nonprofit with the mission to help people age with independence and dignity. Programs provide coordinated services for older persons in the region. Their service area includes Essex, Caledonia and Orleans counties. [www.nevaaa.org](http://www.nevaaa.org)

**Green Mountain United Way:** Serves all of Caledonia County and Essex, Orleans, Orange and Washington Counties. [www.gmunityway.org](http://www.gmunityway.org)

**Northeast Kingdom Human Services:** Provides services to children and adults with chronic mental health conditions, developmental disabilities, substance abuse problems and other medical psychiatric needs. [www.nkhs.org](http://www.nkhs.org)

## TRANSPORTATION

**Rural Community Transportation, Inc.:** A transportation brokerage that uses all modes of transportation including cars, taxis, vans, volunteer drivers and van pools to serve a wide range of passengers through several programs, and the general public. RCT's service area includes Essex, Caledonia, Orleans and Lamoille Counties of Vermont. RCT operates the Jay-Lyn shuttle between St. Johnsbury and Lyndonville and the new U.S. 2 Commuter between St. Johnsbury and Montpelier. [www.rideRCT.org](http://www.rideRCT.org)

## RECREATION & LEISURE

**St. Johnsbury Athenaeum:** A private, nonprofit public library and art gallery located in St. Johnsbury. The Athenaeum was founded by the Fairbanks family of St. Johnsbury, inventors and manufacturers of the world's first platform scale in 1871. [www.stjathenaeum.org](http://www.stjathenaeum.org)

**Burke Mountain:** Located in East Burke, it offers winter skiing as well as summer camping with lots of nearby hiking and snowshoeing through the Kingdom Trails. [www.skiburke.com](http://www.skiburke.com)

**Catamount Arts:** Founded in 1975, it is located in St. Johnsbury. The Catamount Arts mission is to enhance the cultural climate of the area by integrating arts into the community through a diversified schedule of film, music, theater, dance and visual arts. [www.catamountarts.org](http://www.catamountarts.org)

**Fairbanks Museum & Planetarium:** Located in St. Johnsbury, it holds over 175,000 objects from natural science specimens, historical artifacts, archival photographs, rotating exhibits, and weather exhibits. It is the only public planetarium in Vermont. [www.fairbanksmuseum.org](http://www.fairbanksmuseum.org)

**Kingdom Trails:** Located in East Burke, it is a multiple-use trail system unlike any other and voted the Best Trail Network in North America by *Bike Magazine* in their annual reader's poll. The trail is open during summer and winter season offering mountain biking, hiking, trail running, Nordic skiing and snowshoeing. [www.kingdomtrails.org](http://www.kingdomtrails.org)

**St. Johnsbury Parks and Recreation Department:** Offering a variety of classes, fitness and sports activities for youth and adults to stay active. For more information got to: [www.stjrec.com](http://www.stjrec.com)

1 U.S. Census Bureau, State and County Quick Facts: [quickfacts.census.gov](http://quickfacts.census.gov)

2 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2014, 2012 data. Available at [vtlmi.info](http://vtlmi.info)

3 U.S. Census Bureau, Small Area Income and Poverty Estimates, State and County Estimates for 2012. Available at [census.gov](http://census.gov)

4 County Health Rankings, a Robert Wood Johnson Foundation program in collaboration with the University of Wisconsin Population Health Institute. Available at [countyhealthrankings.org](http://countyhealthrankings.org)

5 Northeastern Vermont AHEC 2014 Primary Care Data Report, Northeastern Vermont Area Health Education Center, 347 Emerson Falls Road, Suite 3, St. Johnsbury, VT 05819, (802) 748-2506, [www.nevahec.org](http://www.nevahec.org)

6 Vermont Department of Health 2011 Dentist Survey Summary Report. Available at [healthvermont.gov/research/HlthCarePrvSrvys](http://healthvermont.gov/research/HlthCarePrvSrvys)

7 The Health Status of Vermonters, March 2008, Vermont Department of Health. Available at [healthvermont.gov/pubs/documents/HealthStatusRpt2008](http://healthvermont.gov/pubs/documents/HealthStatusRpt2008)