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**VERMONT GERIATRICS
CONFERENCE**

April 5, 2017

Capitol Plaza Hotel
Montpelier, Vermont

The Vermont Area Health Education Centers (AHEC) Network presents the

Includes Hospice, Palliative Care, Pain Management Credit

VERMONT GERIATRICS CONFERENCE

April 5, 2017

**Capitol Plaza Hotel
Montpelier, Vermont**

CONFERENCE DESCRIPTION

The twelfth annual Vermont Area Health Education Centers (AHEC) Geriatrics Conference will be a one-day symposium covering practical and innovative approaches to the medical care of older adults. Physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other health professionals with an interest in the care of older adults are encouraged to attend. This year's morning agenda focuses on geriatric medical issues that are commonly addressed in primary care practice, including caring for caregivers of patients with dementia, dementia care in the inpatient setting, an update on infectious diseases in geriatrics, and palliative care. Updates regarding guidelines for the elderly in the use of anticoagulation therapy, pain management, and promoting healthy nutrition and exercise will be the topics of afternoon concurrent sessions. Participants will have the opportunity to choose two of the three concurrent sessions. The symposium will end with a panel discussion that will focus on community outreach to improve care for elders. Ample time for discussion and questions has been built into the schedule.

Vermont AHEC improves access to primary care through its focus on workforce development; it is a partnership between the Northeastern Vermont AHEC, Champlain Valley AHEC, Southern Vermont AHEC, and Larner College of Medicine at The University of Vermont AHEC Program. AHEC believes that success in healthcare innovation, transformation, and reform depends upon an adequate supply and distribution of well-trained healthcare professionals.

LEARNING OBJECTIVES

At the end of this conference, participants should be able to:

1. Discuss evaluation and appropriate interventions for infectious diseases and palliative care in the elderly.
2. Describe approaches to dementia outcomes as they relate to caregivers and inpatient dementia care.
3. Discuss current anticoagulation therapy in the elderly.
4. Explain concepts of pain management in the elderly.
5. Describe approaches to nutrition and exercise to improve the health of elders.
6. Examine how community outreach and participation can improve the care of elders.

REGISTRATION

\$250 for physicians, \$175 for other health professionals and medical residents and \$75 for students. The fee includes the online course syllabus, continental breakfast, lunch and coffee breaks. Enrollment is limited; please register by **March 25, 2017**. An additional \$50 will be added after that date.

Refunds may be obtained, minus a \$50 administrative fee, if notice of cancellation is received by March 25, 2017. Refunds are not available after that date.

CONFERENCE LOCATION

The conference will be held at the Capitol Plaza Hotel in Montpelier, Vermont. www.capitolplaza.com

FACULTY

KEYNOTE

Mary Guerriero Austrom, PhD
Wesley P. Martin Professor of Alzheimer's Disease Education
Professor, Clinical Psychology in Clinical Psychiatry
Department of Psychiatry
Director, Outreach and Recruitment Core
Indiana Alzheimer Disease Center (IADC)
Associate Dean for Diversity Affairs
Indiana University School of Medicine
Indianapolis, Indiana

Linda L. Husband
SASH Coordinator
Springfield Housing Authority

Stephen F. Kline
Community Health Worker, Community Connections
Northeastern Vermont Regional Hospital (NVRH)

**UNIVERSITY OF VERMONT/
UVM MEDICAL CENTER FACULTY**

Nancy M. Gell, PT, PhD, MPH
Assistant Professor, Rehabilitation and Movement Science

Christopher J. Grace, MD
Professor Emeritus, Medicine

Robert E. Gramling, MD, DSc
Associate Professor of Family Medicine
Holly & Bob Miller Chair in Palliative Medicine
Chief, Division of Palliative Medicine

Jennifer M. Hall, DO
Assistant Professor, Psychiatry
Director of Geriatric Psychiatry

Chris E. Holmes, MD, PhD
Associate Professor, Medicine
Assistant Director, Thrombosis and Hemostasis Program
Director, Vermont Regional Hemophilia Treatment Center

Magdalena R. Naylor, MD, PhD
Professor, Psychiatry
Director, MindBody Medicine Clinic

Mary Val Palumbo, DNP, APRN, GNP-BC
Associate Professor, Nursing
Gerontological Nurse Practitioner
UVM Medical Center Memory Program

William W. Pendlebury, MD
COURSE DIRECTOR
Professor Emeritus, Pathology, Neurological
Sciences & Medicine
Director, The Center on Aging at UVM
Medical Director, UVM Medical Center Memory Program

Emily K. Tarleton, MS, RD, CD
Bionutrition Research Manager
UVM Clinical Research Center

SCHEDULE

REGISTRATION FORM Vermont Geriatrics Conference - April 5, 2017

7:30 AM Registration, Exhibits & Continental Breakfast

8:00 Welcome & Introduction
William Pendlebury, MD

8:05 **KEYNOTE**
Caring for the Caregivers of Patients with Dementia
Mary Guerriero Austrom, PhD

9:05 Caring for Dementia Patients in the Acute Hospital Setting
Jennifer Hall, DO

10:05 Break and Exhibits

10:20 Infectious Diseases in the Elderly
Christopher Grace, MD

11:20 Prognosis Communication in Palliative Medicine
Robert Gramling, MD, DSc
Talk approved for 1 credit in Hospice, Palliative Care & Pain Management

12:20 PM Lunch (provided)

1:20 **Concurrent Breakout Session I**
1. The Use of New Anticoagulants in the Elderly
Chris Holmes, MD, PhD
2. Pain Management in the Elderly
Magdalena Naylor, MD, PhD
Talk approved for 1 credit in Hospice, Palliative Care & Pain Management
3. Promoting Nutrition and Exercise in the Elderly
Nancy Gell, PT, PhD, MPH
Emily K. Tarleton, MS, RD, CD

2:25 **Concurrent Breakout Session II**
1. The Use of New Anticoagulants in the Elderly
Chris Holmes, MD, PhD
2. Pain Management in the Elderly
Magdalena Naylor, MD, PhD
Talk approved for 1 credit in Hospice, Palliative Care & Pain Management
3. Promoting Nutrition and Exercise in the Elderly
Nancy Gell, PT, PhD, MPH
Emily K. Tarleton, MS, RD, CD

3:25 Break and Exhibits

3:45 **Panel: Community Outreach to Improve Care**
Mary Guerriero Austrom, PhD
Linda Husband
Stephen Kline
Mary Val Palumbo, DNP, APRN, GNP-BC

5:00 Conference Adjourns

ACCREDITATION

The Robert Larner College of Medicine at The University of Vermont is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing medical education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been reviewed and is acceptable for up to 7.25 Nursing Contact Hours.

This program has been reviewed and is approved for pharmacists for up to 7.25 hours/.725 CEU
0621-0000-17-002-L01-P

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Credit is pending for the following providers: Nursing Home Administrator, Physical Therapy, Psychology and Social Work.

This conference includes 2 credits in Hospice, Palliative Care, Pain Management. Determination of Pharmacotherapeutic Credit is pending.

SYLLABUS- NEW THIS YEAR! The conference syllabus will be available as an electronic download with presentations as PDF files. Please bring your laptop/electronic device to view presentations as well as to complete the electronic conference evaluations. You will receive a notification via email prior to the conference start date with instructions for accessing the presentations. Printed syllabus, paper evaluations, and paper CME certificates will no longer be available.

Name (As you would like it to appear on name tag & CME Certificate)
Degree: DO MD ND NP PA PhD RN
 Other (please specify) _____

Your Worksite _____

Address _____

City _____ State _____ Zip _____

Phone _____ Specialty _____

Email Address _____

Breakout Sessions: Registrants will attend two of three breakout sessions offered. Please rank order your preferences from 1 (most) to 3 (least desirable). There is limited enrollment in each session. Based on receipt of registration, every effort will be made to provide you with your preferred sessions.

_____ Anticoagulants

_____ Pain Management

_____ Nutrition and Exercise

Registration Fee Summary

- \$250 Physicians
 \$175 Other Health Professionals and Residents
 \$75 Students
 Add \$50 after March 25, 2017

Payment Method

- To pay by credit card, please visit us on-line at: www.med.uvm.edu/cme
 To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT 05401

Phone: (802) 656-2292 **Fax:** (802) 656-1925
Online: www.med.uvm.edu/cme

Registration requested by March 25, 2017

Required for program's grant funding; information will be reported in aggregate.

Gender: Female
 Male
 Prefer Not to Answer

Age: <20 Years
 20-29 Years
 30-39 Years
 40-49 Years
 50-59 Years
 60 or older
 Prefer Not to Answer

Ethnicity: Hispanic or Latino
 Not Hispanic or Latino
 Prefer Not to Answer

Race: African American
 American Indian/Alaskan Native
 Asian
 Native Hawaiian or Pacific Islander
 White
 More Than One Race
 Prefer Not to Answer

Worksite Info: Academic Institution
 Community Mental Health
 Federally Designated Practice (FQHC/CHC/RHC)
 Government
 Hospital-Owned Practice
 Private Practice
 Public Health
 School-Based Practice
 Other (Please specify) _____

Please select one option that BEST applies to your position:

- Advocacy
 Health Care Administration
 Health Care Delivery
 Health Care Policy
 Health Promotion/Education
 Mental Health/Substance Abuse
 Outreach
 Primary Care
 Public/Community Health
 Student
 Other (Please specify) _____