

Chat summary and follow-up from Pediatric Grand Rounds 04/15/20

Resources / additional thoughts

Behavior and Mental Health:

- supporting children's behavior and mental health and home for teachers and parents: <https://www.pbisvermont.org/training-resources/pbis-during-extended-school-closures/>
- Some good resources for families with kiddos with ADHD is available from VCHIP as part of the CHAMP project - useful for practices, school professionals, and others

Child Safety:

- VT DCF Reporting Line is 800-649-5285, 24/7.
- DCF COVID-19 Information Page: <https://dcf.vermont.gov/COVID-19>
- Consider becoming a foster parent during this time

Basic needs:

- At every visit, consider asking parents if they are financially secure and if they are accessing the school meals
- Child Care Resources for Families: <https://dcf.vermont.gov/cdd/covid-19/families>

Additional Q&A:

1. Could you clarify what CAPPCON is, and accessibility to those outside of the UVMHC network?

CAPPCON (Child & Adolescent Psychiatry & Psychology Consult Program) is a service co-directed by child psychiatry and psychology, and based at UVMHC. In addition to providing consult services to the medical floors and ED, CAPPCON can field questions from providers statewide about acute presentations and whether a visit to the emergency department is indicated. CAPPCON can be reached via pager through UVMHC provider access (802-847-2700). UVMHC's Child Psychiatry outpatient department (Vermont Center for Children, Youth and Families/VCCYF) also provides a phone consult service for Vermont PCPs on questions related to child psychiatry, with contact info included in the slides. PCPs can expect to hear back from a child psychiatrist within 24 hours.

2. Is there any data on stress response during this pandemic stratified by income? (Anecdotally, many 11-20 year olds who have anxiety and are involved in multiple activities have seen a significant decrease in symptoms with sheltering at home)
We are looking into this and will get back to everyone on this if we find any data.
3. Does anyone know how the Burlington and Winooski schools are communicating about meals to the New American communities? How much is getting translated? I fear that this population is really suffering.

The school districts are utilizing Home- School Liaisons to contact families and translate information, as well as utilizing some of the documents and videos found on links shared in PP presentation. I am more personally aware of the efforts that Winooski is making, and know that school staff are contacting families multiple times per week via phone, email, and Zoom when possible, and have a set list of questions that they are asking each family re: basic needs. They are keeping track of any families that they are not reaching and making additional efforts to contact these families with the liaisons/ interpreters. I saw this effort in motion when I thought (falsely) that one family's needs were not being addressed, I contacted administrators, and got an almost immediate response. I encourage all participants to check out the resources on Burlington's Resources and Recovery Center website- mind blown! Also, the website for child care is embedded in my slide.