Help Me Grow & Vermont 2-1-1: Addressing Social Determinants of Health by Linking to Resources

October 5, 2017
Disclosures

• We have no relevant financial relationships to disclose or conflicts of interest to resolve
• We will discuss no unapproved or off-label pharmaceuticals
With the goal of making kids and families happy, healthy and whole, key resources the AAP recommends that pediatricians utilize are Help Me Grow and 2-1-1.
What is Information & Referral?

- Information and Referral (I&R) is a human service field with national standards
- AIRS - Alliance of Information and Referral Systems publishes these standards
- National accreditation and national certification for call specialists and resource specialists

Why 2-1-1?
One call gives you access to resources across your community; 2-1-1 is efficient, fast and easy to use by telephone or internet or text
Help Me Grow Child Development Specialists screen for food insecurity and then link to food resources and other supports.

The Hunger Vital Sign™ identifies individuals and families as being at risk for food insecurity if they answer that either or both of the following two statements is ‘often true’ or ‘sometimes true’ (vs. ‘never true’):

“Within the past 12 months we worried whether our food would run out before we got money to buy more.”

“Within the past 12 months the food we bought just didn’t last and we didn’t have money to get more.”
Linkage is Key: Dial 2-1-1 ext. 6

To reach a HMG VT Child Development Specialist dial 2-1-1 ext. 6, Monday-Friday 9am-6pm or email at info@helpmegrowvt.org
New HMG VT Referral Form

Online referral form at www.helpmegrowvt.org

Indicate Reason for Referral

Help connect to:

- community resources/basic needs
- parent support/education/skills classes
- local developmental playgroups and extracurricular activities
- child care, preschool program or Head Start program
- specialized services such as Children’s Integrated Services (CIS)
- information on pregnancy, child development, and parenting
- tools for caregivers to track developmental milestones

HMG VT will confirm with the referring provider that the parent and/or child was connected to the service (with parent permission)