PRIOR TO HOME NEWBORN VISIT

PRIOR TO DAY OF

1.) Front staff to call family and confirm home RN visit
2.) Confirm time/date, location and phone # with family (pt needs to be in Vermont due to licensing, if doesn’t live in Vermont can go to a home of family member/friend if needed)
3.) Front staff enters them in the nurse visit schedule for that day (first slots)
4.) Let them know RN will call them morning of to discuss timing of visit and screen them

DAY OF

1.) Front staff calls to register the patient upon office opening and prints consent
2.) RN calls family to set time for visit
3.) RN asks if anyone in home has cough/fever/SOB. If anyone does, discuss with provider and staff a way for baby to come in office with healthy adult.
4.) RN lets them know that she will be wearing mask/eye protection/gloves for safety of everyone
5.) RN reviews newborn course in hospital, birth and discharge weights, confers with provider if needed

MATERIALS: stethoscope, wipes, chux, hand sanitizer, scale, masks with visor, gloves, pulse ox (if needed), tape measure (if needed)

HOME NURSING ASSESSMENT FOR NEWBORNS

*Leave laptop and other items in car; only bring in what is necessary

*Have family sign consent form prior to visit

INTAKE/OUTPUT ASSESSMENT:

1) How often and how much is baby eating? Formula/BF? Any tolerance issues?
2) Wet diapers in last 24 hours
3) Stools in last 24 hours and appearance (mec vs transitional vs yellow seedy)

VITALS:

1) Naked weight
2) HR
3) RR

PHYSICAL EXAM

1) Heart and lung auscultation
2) Abdominal palpation for masses
3) Femoral pulses check
4) Fontanelle assessment
5) Skin assessment for jaundice, rashes
6) Mucous membranes for hydration status
Southwestern Vermont Health Care Home Newborn Visit protocol shared with VCHIP CHAMP
March 2, 2020

OTHER
1) Where does infant sleep? Reinforce safe sleep
2) Umbilical cord care – keep clean and dry, stump usually falls off at 1-2 weeks and should dry up within 3 days
3) Circumcision care – Vaseline until completely healed
4) No immersion bath until umbilical cord and circumcision healed (can do sponge bath prior)
5) General assessment of maternal depression, family needs - ? social work referral needed

*Call provider from the home if you have any acute concerns

AFTER HOME NEWBORN VISIT

1) Document in Centricity as a nurse visit
2) Upon returning to office, review patient visit with provider to determine follow-up plan