Southwestern Vermont Health Care Home Newborn Visit protocol shared with VCHIP CHAMP March 2, 2020

PRIOR TO HOME NEWBORN VISIT

PRIOR TO DAY OF

- 1.) Front staff to call family and confirm home RN visit
- 2.) Confirm time/date, location and phone # with family (pt needs to be in Vermont due to licensing, if doesn't live in Vermont can go to a home of family member/friend if needed)
- 3.) Front staff enters them in the nurse visit schedule for that day (first slots)
- 4.) Let them know RN will call them morning of to discuss timing of visit and screen them

DAY OF

- 1.) Front staff calls to register the patient upon office opening and prints consent
- 2.) RN calls family to set time for visit
- 3.) RN asks if anyone in home has cough/fever/SOB. If anyone does, discuss with provider and staff a way for baby to come in office with healthy adult.
- 4.) RN lets them know that she will be wearing mask/eye protection/gloves for safety of everyone
- 5.) RN reviews newborn course in hospital, birth and discharge weights, confers with provider if needed

MATERIALS: stethoscope, wipes, chux, hand sanitizer, scale, masks with visor, gloves, pulse ox (if needed), tape measure (if needed)

HOME NURSING ASSESEMENT FOR NEWBORNS

*Leave laptop and other items in car; only bring in what is necessary

*Have family sign consent form prior to visit

INTAKE/OUTPUT ASSESSMENT:

- 1) How often and how much is baby eating? Formula/BF? Any tolerance issues?
- 2) Wet diapers in last 24 hours
- 3) Stools in last 24 hours and appearance (mec vs transitional vs yellow seedy)

VITALS:

- 1) Naked weight
- 2) HR
- 3) RR

PHYSICAL EXAM

- 1) Heart and lung auscultation
- 2) Abdominal palpation for masses
- 3) Femoral pulses check
- 4) Fontanelle assessment
- 5) Skin assessment for jaundice, rashes
- 6) Mucous membranes for hydration status

Southwestern Vermont Health Care Home Newborn Visit protocol shared with VCHIP CHAMP March 2, 2020

OTHER

- 1) Where does infant sleep? Reinforce safe sleep
- 2) Umbilical cord care keep clean and dry, stump usually falls off at 1-2 weeks and should dry up within 3 days
- 3) Circumcision care Vaseline until completely healed
- 4) No immersion bath until umbilical cord and circumcision healed (can do sponge bath prior)
- 5) General assessment of maternal depression, family needs ? social work referral needed

*Call provider from the home if you have any acute concerns

AFTER HOME NEWBORN VISIT

- 1) Document in Centricity as a nurse visit
- 2) Upon returning to office, review patient visit with provider to determine follow-up plan