

# Lamoille County

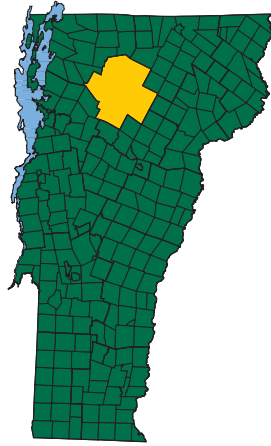
## POPULATION

Population (2013).....	25,067 <sup>1</sup>
Persons under 5.....	5.4%
Persons 5-18.....	16%
Persons 18-64.....	63.9%
Persons 65 years+.....	14.7%

Population Density (2010):  
53.3 per square mile (VT 67.9)<sup>1</sup>

## Race (2013<sup>1</sup>)

White.....	96.4%
Black or African American.....	0.8%
American Indian & Alaska Native.....	0.5%
Asian.....	0.6%
Two or more races.....	1.7%



For a handbook on cultural competency, visit the Champlain Valley AHEC web site: [www.cvahec.org/resources/cultural-competency](http://www.cvahec.org/resources/cultural-competency)

## SOCIOECONOMIC INDICATORS

	Lamoille County	Vermont
Per capita income (2012).....	\$43,020 <sup>2</sup>	\$29,167
Median household income (2008-12).....	\$54,064 <sup>1</sup>	\$54,267
Population below poverty (2012).....	11.4%	11.8% <sup>3</sup>
Total households countywide (2008-12).....	9,975 <sup>1</sup>	
Persons per household (2008-12).....	2.38	2.34

## THE ECONOMY

### Major Employment Sectors<sup>2</sup>

Government.....	15.1%
Service Providing.....	71.1%
Manufacturing.....	4.2%

## HEALTH

### Risk Factors and Chronic Conditions

	Lamoille County	Vermont
Adult smokers.....	18%	16% <sup>4</sup>
Adult obesity.....	26%	24%
Excessive drinking.....	22%	19%
Children under 18 in poverty.....	15.3%	16% <sup>3</sup>
Limited access to healthy foods*.....	8%	

\* Measured as proportion of the population who are low income (≤200% federal poverty threshold) and do not live close (10 miles rural, 1 mile nonrural) to a grocery store.

## HEALTH INDICATORS

### Access

9% of residents report having no health insurance (VT 8%).<sup>4</sup>

The population is older – 14.7% of residents are over 65 (VT 16.4).<sup>1</sup>

Supply of primary care physicians meets the recommended full time equivalents for the population (actual: 20.39, recommended: 20.09).<sup>5</sup>

12% of adults do not have a regular physician.<sup>7</sup>

52.4% of primary care physicians are limiting or not accepting new patients.<sup>5</sup>

The county has an adequate number of primary care dentists for its population (1 FTE per 2,785 people<sup>6</sup>), but a future shortage is projected as many of these dentists near retirement.

## Women & Infants<sup>7</sup>

89% of pregnant women receive prenatal care in the first three months of pregnancy (VT 90%).

Low birth weight rate (≤ 5.5 lbs) is 6.9% (VT 6.4%).

Breast cancer screening of women 40+ is 77% (VT 77%).

## Disease Rates<sup>7</sup>

Heart disease death rate is 151 per 100,000 (VT 138 per 100,000).

Stroke death rate is 47 per 10,000 (VT 44 per 10,000).

Diabetes-related death rate is 106 per 100,000 (VT 91 per 100,000).

Asthma hospitalizations among people under 18 are 3.9 per 10,000 (VT 9.1 per 10,000).

COPD death rate among people 45 and older is 114 per 100,000 (VT 123 per 100,000).

## PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

**Community Health Services of Lamoille Valley:** Five medical practices at three sites: Stowe Family Practice, Morrisville Family Health Care, The Women's Center, the Behavioral Health & Wellness Center, and the Neurological Clinic. Services include a new community dental clinic in Morrisville. [www.chslv.org](http://www.chslv.org)

## HOSPITALS

**Copley Hospital:** Located in Morrisville. Since 1932, Copley has been a community hospital for residents and visitors of the Lamoille Valley. [www.chsi.org](http://www.chsi.org)

## KEY STATE & COMMUNITY AGENCIES

**Vermont Department of Health:** The regional office is located in Morrisville. [www.healthvermont.gov](http://www.healthvermont.gov)

**Capstone Community Action:** Serving all of Lamoille County. Programs include youth prevention and support services, Head Start, food shelf and many others. [www.capstonevt.org](http://www.capstonevt.org)

**Central Vermont Council on Aging:** A private, nonprofit with the mission to help people age with independence and dignity, carrying out programs that provide coordinated services for older persons in the region. Their service area includes all of Lamoille County. [www.cvcoa.org](http://www.cvcoa.org)

**United Way of Lamoille County:** Serving all of Lamoille County. [www.uwlamoille.org](http://www.uwlamoille.org)

## TRANSPORTATION

**Rural Community Transportation, Inc.:** A transportation brokerage that uses all modes of transportation including cars, taxis, vans, volunteer drivers, and van pools to serve a wide range of passengers through several programs, and the general public. RCT's service area includes Essex, Caledonia, Orleans and Lamoille counties of Vermont. RCT operates the Ridgerunner shuttle between Morrisville and Craftsbury Common. [www.RCT.org](http://www.RCT.org)

## RECREATION & LEISURE

**Smugglers Notch:** A year round family resort for skiing, hiking, canoeing, golf, water slides, shops and more. [www.smuggs.com](http://www.smuggs.com)

**Stowe Mountain Resort:** A year round family resort for winter and summer activities. [www.summer.stowe.com](http://www.summer.stowe.com)

**Go Stowe:** A web site highlighting indoor and outdoor activities and adventures, culture and the arts, and an events calendar for the Stowe area. Sponsored by the Stowe Chamber of Commerce. [www.gostowe.com](http://www.gostowe.com)

**Underhill State Park:** Located within Vermont's 34,000-acre Mt. Mansfield State Forest. On the headwaters of the Brown's River, at about a 2,000 foot elevation, the park lies on the west slope of 4,300 foot Mt. Mansfield, the state's highest peak. Just over the summit ridge is the Stowe ski area, one of North America's original ski resorts. [www.vtstateparks.com](http://www.vtstateparks.com)

1 U.S. Census Bureau, State and County Quick Facts: [quickfacts.census.gov](http://quickfacts.census.gov)

2 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2014, 2012; [vtlmi.info](http://vtlmi.info)

3 U.S. Census Bureau, Small Area Income and Poverty Estimates, State and County Estimates for 2012. Available at [census.gov](http://census.gov)

4 County Health Rankings, a Robert Wood Johnson Foundation program in collaboration with the University of Wisconsin Population Health Institute. Available at [countyhealthrankings.org](http://countyhealthrankings.org)

5 Northeastern Vermont AHEC 2014 Primary Care Data Report, Northeastern Vermont Area Health Education Center, 347 Emerson Falls Road, Suite 3, St. Johnsbury, VT 05819, (802) 748-2506, [www.nevahec.org](http://www.nevahec.org)

6 Vermont Department of Health 2011 Dentist Survey Summary Report. Available at [healthvermont.gov/research/HlthCarePrvSrvys](http://healthvermont.gov/research/HlthCarePrvSrvys)

7 The Health Status of Vermonters, March 2008, Vermont Department of Health. Available at [healthvermont.gov/pubs/documents/HealthStatusRpt2008](http://healthvermont.gov/pubs/documents/HealthStatusRpt2008)