April 7
Integrative Pain Management Conference
National Experts, Local Focus

8:00 AM – 5 PM | APRIL 7, 2018
DAVIS CENTER | UNIVERSITY OF VERMONT

Target Audience:
This conference is designed to meet the needs of an interdisciplinary healthcare community. All healthcare professionals are welcome! Let’s get together and learn from one another!

Objectives:
In the context of the current opioid and chronic pain epidemics this conference will:
• Help providers understand non-pharmacologic approaches to pain management, as well as non-opioid pharmacologic approaches
• Provide up-to-date information on and clarify the various rules and regulations
• Provide summary documents of the evidence for non-pharmacologic pain management modalities
• Discuss best practices in team-based care from an interdisciplinary panel.

What Will Happen:
In this day-long conference attendees will:
• Hear keynote addresses from experts in the VA, Dept. of Defense and civilian health care
• Network with colleagues across disciplines; meet new referral partners in your area
• Learn what others are doing to get integrative care covered
• Learn how to help patients unlearn pain
• Receive or observe a demo of acupuncture, massage, yoga, biofeedback, Feldenkrais
• Choose from over 20 sessions to create a day that meets your needs...including sessions on nutritional pain management, non-opioid pharmaceuticals for pain, inter-disciplinary case reviews, the role of fascia in pain and pain management, pediatric pain, and more.

Registration:
Fee includes full day all conference demos, breakfast, refreshments, and lunch.
• $175 Physicians (DO & MD)
• $115 Other Healthcare Professional
• $115 Non-Healthcare Professional
• $40 Students

Exhibitor and Supporter Fees:
• $300 Exhibit Fee
• $1,000 Bronze Level Supporter
• $3,000 Silver Level Supporter
• $7,500 Gold Level Supporter (One Spot)

Questions? Contact Cara.Feldman-Hunt@med.uvm.edu | go.uvm.edu/integrativedpain

Presented by UVM Integrative Health
Hosted by the University of Vermont College of Nursing and Health Sciences
Preliminary Agenda:

7:45-8:30  Registration and Breakfast
8:30-8:45  Opening Remarks
Janet Kahn, PhD, Course Director
8:45-9:30  Keynote
Bob Twillman, PhD, Executive Director, Academy of Integrative Pain Management
Treating Pain in the Context of an Opioid Crisis
9:30-10:15  Plenary
Paula Gardiner, MD, MPH, Dept. of Family Medicine, Boston University School of Medicine
The How and Why of Integrative Medical Group Visits
10:15-10:45  Plenary
Katy Hansen, ANP-BC, Vanderbilt University Medical Center; Trauma-Informed Care
10:45-11:00  Refreshments, Demos and Exhibitors
11:00-11:45  Breakout Session 1
1. Cognitive Behavioral Therapy Explained, TBD
2. The Role of Fascia in Pain and Pain Management, Helene Langevin, MD PhD, Michael Kanevsky, MD
3. The Science of Cannabinoids, Dustin Sulak, MD
4. Nutritional Pain Management, Andrea Fossati, MD; Kim Evans, MS, RD
12:00-12:45  Lunch, Network and Introduction to Integrative Practitioner Database
1:00-1:45  Panel
VA & DOD: Pain Treatment, Management and Measurement
Ben Kligler MD, MPH (VA), Col. Chester “Trip” Buckenmaier III, MD (DoD & DVCIPM)
1:45-2:30  Breakout Session 2
1. Evidence-Informed Yoga for Chronic Pain, Janet Carscadden, PT
2. Self-care for Healthcare Professionals, Andrew Rosenfeld, MD
3. Communicating with Patients about Pain and Integrative Therapies, Katie Hansen
4. Integrative Approaches to Headaches, TBD
2:30-2:45  Refreshments, Demos and Exhibitors
2:45-3:30  Breakout Session 3
1. New Data on Acupuncture for Medicaid Patients, Robert Davis, MS, LAc
2. Rehabilitation Massage Explained and Demonstrated, Maureen Slayton, Massage Therapist
3. Non-opioid Pharmaceuticals for Pain, Clayton English, Pharm.D, BCPS, BCPP
4. Integrative Medicine for the underserved, Paula Gardiner, MD
3:30-4:15  Breakout Session 4
1. Partnering with Parents on Safe Approaches to Pediatric Pain Management, Peter Bingham, MD
2. Case Review: Complex Low Back Pain, Arthur Makaris, LAc; Richard Pinckney, MD
3. Panel Update on Covering Integrative Care in VT, Government and Insurance Reps
4. Feldenkrais: Why Movement Matters, Carolyn King
4:15-5:00  Closing Panel
How to Create and Sustain Good Integrative Referral Relationships
John Bisaccia, DC; Janet Carscadden, PT, DPT, E-RYT, YACEP; Susan Jaynes, FNP, Anne Knott, MD; Maureen Slayton, Massage Therapist. Moderated by Janet Kahn, PhD