

Presented by UVM Integrative Health
Hosted by the University of Vermont College of Nursing and Health Sciences

April 7 Integrative Pain Management Conference

National Experts, Local Focus

Learn the basics
and the latest

8:00 AM – 5:00 PM | APRIL 7, 2018
DAVIS CENTER | UNIVERSITY OF VERMONT

Target Audience:

All healthcare professionals are welcome! This conference is specifically designed to meet the needs of an interdisciplinary healthcare community. Let's learn from the experts and one another!

Objectives:

- Provide an engaging conference offering didactic and experiential sessions to support providers in offering integrative pain management to their patients
- Give providers take-home documentation on the evidence-base for a wide array of complementary health care modalities
- Provide opportunities to observe and/or experience integrative healthcare techniques
- Provide opportunities for inter-disciplinary networking

What Will Happen:

In this daylong conference attendees will:

- Hear keynote addresses from experts in the VA, Dept. of Defense and civilian health care
- Network with colleagues across disciplines; meet new referral partners in your area
- Learn what others are doing to get integrative care covered
- Learn how to help patients unlearn pain
- Receive or observe a demo of acupuncture, massage, yoga, Feldenkrais and more
- Choose from over 20 sessions to create a day that meets your needs...including sessions on nutritional pain management, non-opioid pharmaceuticals for pain, inter-disciplinary case reviews, the role of fascia in pain and pain management, pediatric pain, and more.

Registration:

Fee includes full day all conference demos, breakfast, refreshments, and lunch.

- \$175 Physicians (DO & MD)
- \$115 Other Healthcare Professional
- \$115 Non-Healthcare Professional
- \$40 Students

[Learn More](#)

Questions? Contact Cara.Feldman-Hunt@med.uvm.edu | go.uvm.edu/integrativepain



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HEALTH NETWORK

Preliminary Agenda:

- 7:45-8:30** **Registration and Breakfast**
- 8:30-8:45** **Welcome:** Janet Kahn, PhD, LMT, Course Director
- 8:45-9:00** **Opening Remarks:** TBD
- 9:00-9:45** **Keynote:** *Fighting Cerberus: The Three-Headed Danger of Chronic Pain, Opioid Misuse, and Mental Health Conditions*, Bob Twillman, PhD, Executive Director, Academy of Integrative Pain Management
- 9:45-10:30** **Plenary:** *The How and Why of Integrative Medical Group Visits*, Paula Gardiner, MD, MPH, Dept. of Family Medicine, Boston University School of Medicine
- 10:30-11:15** **Plenary:** *Strategies for Addressing Trauma in the Chronic Pain Population*, Katy Hansen, ANP-BC, Vanderbilt University Medical Center
- 11:15-11:30** **Refreshments, Demos and Exhibitors**
- 11:30-12:15** **Breakout Session 1**
1. *Cognitive Behavioral Therapy Explained*, Ginger Cloud, MS, LCMHC, LADC
 2. *Fascia, Stretching, Inflammation and Musculoskeletal Pain*, Helene Langevin, MD PhD, Michael Kanevsky, MD
 3. *Medical Cannabis in the treatment of Chronic Pain: The Evidence and Clinical Essentials for Improving Function and Reducing Opioid Use in Your Patients*, Dustin Sulak, MD
 4. *The Healing Kitchen: Anti-Inflammatory Approach to Pain*, Andrea Fossati, MD; Kim Evans, MS, RD
- 12:15-12:50** **Lunch, Network & Integrative Practitioner Database**, Cara Feldman-Hunt, MA, UVM Integrative Health
- 12:50-1:45** **Plenary:** DoD & VA: Integrative Approaches to Pain Measurement & Management, Col. Chester "Trip" Buckenmaier III, MD (DoD & DVCIPM), Ben Kligler MD, MPH (VA)
- 1:45-2:30** **Breakout Session 2**
1. *Evidence-Informed Yoga for Chronic Pain*, Janet Carscadden, PT, DPT, PCS, E-RYT
 2. *Happiness of the Healer: Positive Psychology Applications*, Andrew Rosenfeld, MD
 3. *Communicating with Patients about Pain and Integrative Therapies*, Katie Hansen, ANP-BC
 4. *Integrative Approaches to Headaches*, John Bisaccia, DC, CSCS, CCSP; Anne Knott, MD; Shaun O'Connor, PT, CCTT
- 2:30-2:45** **Refreshments, Demos and Exhibits**
- 2:45- 3:30** **Breakout Session 3**
1. *New Data on Acupuncture for Medicaid Patients with Chronic Pain*, Robert Davis, MS, LAc
 2. *Rehabilitation Massage - Assisting Patients Through the Health Process with Orthopedic Massage Therapy*, Maureen Slayton, MT, AT
 3. *Moving Beyond Opioids: Non-Controlled Pharmaceuticals for the Management of Chronic Pain*, Clayton English, Pharm.D, BCPS, BCPP
 4. *Integrative Medicine for the Underserved*, Paula Gardiner, MD, MPH, Dept. of Family Medicine, Boston University School of Medicine
- 3:30- 4:15** **Breakout Session 4**
1. *Partnering with Parents on Safe Pediatric Pain Management*, Peter Bingham, MD
 2. *Integrating Allopathic and Chinese Medicine – A case of lower back pain*, Arthur Makaris, LAc; Richard Pinckney, MD
 3. *Panel on Payment for Integrative Care in VT*, Joshua Plavin, M.D., M.P.H. CMO BCBSVT; Scott Strenio, MD, Medicaid Medical Director; Beth Tanzman, MSW, Director, VT Blueprint for Health; Moderated by Janet Kahn, PhD
 4. *Feldenkrais: Why Movement Matters*, Carolyn King, MA, CFP
- 4:15-5:00** **Closing Panel:** *How to Create and Sustain Good Integrative Referral Relationships*
John Bisaccia, DC; Janet Carscadden, PT, DPT, E-RYT, YACEP; Susan Jaynes, FNP; Anne Knott, MD; Amy Littlefield, ND; Maureen Slayton, Massage Therapist, Moderated by Janet Kahn, PhD

