

Orange County

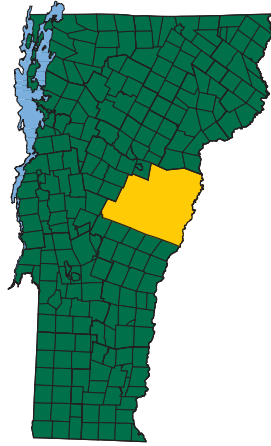
POPULATION

Population (2013).....	28,915 ¹
Persons under 5.....	4.9%
Persons 5-18.....	15%
Persons 18-64.....	63.1%
Persons 65 years+.....	17%

Population Density (2010):
42.1 per square mile (VT 67.9)¹

Race (2013¹)

White.....	96.9%
Black or African American.....	.0.6%
American Indian & Alaska Native... ..	0.5%
Asian.....	0.3%
Two or more races.....	1.6%



For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

SOCIOECONOMIC INDICATORS

	Orange County	Vermont
Per capita income (2012).....	\$39,005 ²	\$29,167
Median household income (2008-12).....	\$53,627 ¹	\$54,267
Population below poverty (2012).....	13.1%	11.8% ³
Total households countywide (2008-12) ...	11,824 ¹	
Persons per household (2008-12).....	2.39	2.34

THE ECONOMY

Major Employment Sectors²

Government.....	25.3%
Service Providing.....	55.1%
Manufacturing.....	19.7%

HEALTH

Risk Factors and Chronic Conditions

	Orange County	Vermont
Adult smokers.....	19%	16% ⁴
Adult obesity.....	28%	24%
Excessive drinking.....	21%	19%
Children under 18 in poverty.....	18.6%	16% ³
Limited access to healthy foods*.....	4%	

* Measured as proportion of the population who are low income (≤200% federal poverty threshold) and do not live close (10 miles rural, 1 mile nonrural) to a grocery store.

HEALTH INDICATORS

Access

- 8% of residents report having no health insurance (VT 8%).⁴
- The population is older – 17% of residents are over 65 (VT 16.4%).¹
- Shortage of primary care providers: actual primary care physician FTEs is 22, versus recommended FTEs 23.285.⁵
- 18% of adults do not have a regular primary care provider.⁷
- 11% of primary care physicians are limiting or not accepting new patients.⁵

Women & Infants⁷

- 92% of pregnant women receive prenatal care in the first three months of pregnancy (VT 90%).
- Teen birth rate (ages 15-17) is 13.1 per 1,000 live births (VT 15.8 per 1,000).
- Low birth weight rate (≤5.5 lbs) is 6.8% (VT 6.4%).
- Breast cancer screening of women 40+ is 80% (VT 77%).

Disease Rates⁷

- Heart disease death rate is 169 per 100,000 population (VT 138 per 100,000).
- Stroke death rate is 49 per 10,000 (VT 44 per 10,000).
- Diabetes-related deaths of 86 per 100,000 (VT 91 per 100,000).
- Asthma hospitalizations among people under 18 are 6.4 per 10,000 (VT 9.1 per 10,000).
- COPD deaths among people 45 and older are 164 per 100,000 (VT 123 per 100,000).

PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

Little Rivers Health Care: A federally qualified health center with offices in Wells River, East Corinth and Bradford.
www.littlerivers.org

HOSPITALS

Gifford Medical Center: Located in Randolph, it was started in 1903 by Dr. John Gifford. In addition to the main campus with an attached 30 bed nursing home, there are outlying family health centers and specialty clinics. www.giffordmed.org

KEY STATE & COMMUNITY AGENCIES

Vermont Department of Health: The district office serving Orange County is located in White River Junction.
www.healthvermont.gov

Capstone Community Action: Serving all of Lamoille County. Programs include youth prevention and support services, Head Start, food shelf and many others. www.capstonevt.org

Central Vermont Council on Aging: A private, nonprofit with the mission to help people age with independence and dignity carrying out programs that provide coordinated services for older persons in the region. Their service area includes 54 towns in Orange (except Thetford), Lamoille, and Washington Counties. www.cvcoa.org

Upper Valley United Way Serving 28 towns in the upper valley of Vermont and New Hampshire including Orange County.
www.uvuw.org

Clara Martin Center: A community mental health center located in Randolph provides adult, child and family, school corrections and substance abuse services. www.claramartin.org

TRANSPORTATION

Rural Community Transportation, Inc.: A transportation brokerage that uses all modes of transportation including cars, taxis, vans, volunteer drivers, and van pools to serve a wide range of passengers through several programs, and the general public. RCT's service area includes Essex, Caledonia, Orleans and Lamoille counties of Vermont. RCT operates the Green Leaf shuttle between Danville and the Wal-Mart in Woodsville NH. www.rideRCT.org

RECREATION & LEISURE

The Montshire Museum Of Science: Located in Norwich, it is a hands-on museum offering dozens of exhibits relating to the natural and physical sciences, ecology and technology. www.montshire.org

The Porter Music Box Museum: Located in Randolph, it has an exquisite collection of music boxes and offers guided tours to take you back in time to the era of the music box. www.portermusicbox.com

King Arthur Flour: Located in Norwich. In 2010 it was voted one of the best places to work in Vermont. It is a great destination for home baking enthusiasts looking for new and classic baking products, resources and tools. www.kingarthurfour.com

Thetford Hill State Park: A hidden gem, tucked away in the quiet confines of Thetford Hill State Forest. It includes a small campground and a world-class cross-country running trail. www.vtstateparks.com

Karmê Chöling: One of the first meditation centers established in North America, offering meditation retreats, Buddhist study seminars, and training in contemplative arts and body practices on 700 acres of wooded hills. www.karmecholing.org

1 U.S. Census Bureau, State and County Quick Facts: quickfacts.census.gov

2 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2014, 2012 data; .available at vtlmi.info

3 U.S. Census Bureau, Small Area Income and Poverty Estimates, State and County Estimates for 2012. Available at census.gov

4 County Health Rankings, a Robert Wood Johnson Foundation program in collaboration with the University of Wisconsin Population Health Institute. Available at countyhealthrankings.org

5 Northeastern Vermont AHEC 2014 Primary Care Data Report, Northeastern Vermont Area Health Education Center, 347 Emerson Falls Road, Suite 3, St. Johnsbury, VT 05819, (802) 748-2506, www.nevahec.org

7 The Health Status of Vermonters, March 2008, Vermont Department of Health. Available at healthvermont.gov/pubs/documents/HealthStatusRpt2008