

Orleans County

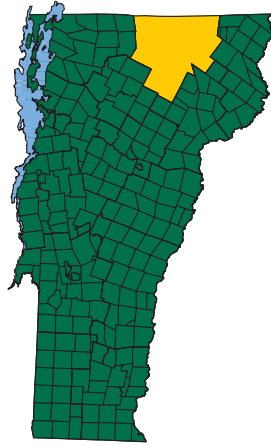
POPULATION

Population (2013).....	27,169 ¹
Persons under 5.....	4.9%
Persons 5-18.....	15.6%
Persons 18-64.....	59.8%
Persons 65 years+.....	19.7%

Population Density (2010):
39.3 per square mile (VT 67.9)¹

Race (2013¹)

White.....	96.7%
Black or African American.....	0.8%
American Indian & Alaska Native... ..	0.5%
Asian.....	0.4%
Two or more races.....	1.5%



For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

SOCIOECONOMIC INDICATORS

	Orleans County	Vermont
Per capita income (2012).....	\$38,194 ²	\$29,167
Median household income (2008-12).....	\$41,618 ¹	\$54,267
Population below poverty (2012).....	15.8%	11.8% ³
Total households countywide (2008-12) ...	10,991 ¹	
Persons per household (2008-12).....	2.4 ¹	2.34

THE ECONOMY

Major Employment Sectors²

Government.....	21.5%
Service Providing.....	56.47%
Manufacturing.....	22.1%

HEALTH

Risk Factors and Chronic Conditions

	Orleans County	Vermont
Adult smokers.....	22%	16% ⁴
Adult obesity.....	30%	24%
Excessive drinking.....	19%	19%
Children under 18 in poverty.....	22.8%	16% ³
Limited access to healthy foods*.....	5%	

* Measured as proportion of the population who are low income (≤200% federal poverty threshold) and do not live close (10 miles rural, 1 mile nonrural) to a grocery store.

HEALTH INDICATORS

Access

10% of residents report having no health insurance (VT 8%)⁴

The population is older – 19.7 of residents are over 65 (VT 16.4).¹

Supply of overall primary care physicians meets the recommended full time equivalents for the population (actual: 22.4, recommended: 21.82)⁵, but there is a shortage of primary care physicians who care for adult patients.

17% of adults do not have a regular primary care provider.⁷

31.8% of primary care physicians are limiting or not accepting new patients.⁵

Primary care dentist shortage: 1 FTE per 5,031 people⁶ (shortage area by federal definition: 1 dentist per 4,000 people).

Women & Infants⁷

90% of pregnant women receive prenatal care in the first three months of pregnancy (VT 90%).

Teen birth rate (ages 15-17) is 17.6 per 1,000 live births (VT 15.8 per 1,000).

Low birth weight rate (≤5.5 lbs) is 5.2% (VT 6.4%).

Breast cancer screening of women 40+ is 79% (VT 77%).

Disease Rates⁷

Heart disease death rate is 189 per 100,000 (VT 138 per 100,000).

Stroke death rate is 44 per 10,000 (VT 44 per 10,000).

Diabetes-related deaths of 110 per 100,000 (VT 91 per 100,000).

Asthma hospitalizations among people under 18 are 14.4 per 10,000 (VT 9.1 per 10,000).

COPD deaths among people 45 and older are 140 per 100,000 (VT 123 per 100,000).

PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

Northern Counties Health Care: Serving Caledonia, Essex and Orleans Counties. The Caledonia Home Health Care and Hospice agency is the first Medicare and Medicaid certified home care and hospice provider in their service area. www.nchcvt.org

HOSPITALS

North Country Hospital and North Country Health System:

Serving Orleans and Essex Counties. The system includes an acute care hospital and outpatient physician practices and a dialysis unit.

www.nchsi.org

KEY STATE & COMMUNITY AGENCIES

Vermont Department of Health: The regional office located in Newport serves the Orleans area and Northeast Kingdom.

www.healthvermont.gov

Northeast Kingdom Community Action: A private nonprofit organization serving the Northeast Kingdom with offices in St. Johnsbury, Newport, Canaan & Island Pond. Programs include youth prevention and support services, Head Start, food shelf and many others. www.nekcavt.org

Area Agency on Aging for Northeastern Vermont: A private, nonprofit with the mission to help people age with independence and dignity. Programs provide coordinated services for older persons in the region. Their service area includes Essex, Caledonia and Orleans counties with offices in St. Johnsbury, Newport and Hardwick.

www.nevaaa.org

Green Mountain United Way: Serving all of Caledonia County and Essex, Orleans, Orange and Washington Counties.

www.gmunitedway.org

Northeast Kingdom Human Services: Provides services to children and adults with chronic mental health conditions, developmental disabilities, substance abuse problems and other medical psychiatric needs. www.nkhs.org

TRANSPORTATION

Rural Community Transportation, Inc.: A transportation brokerage that uses all modes of transportation including cars, taxis, vans, volunteer drivers, and van pools to serve a wide range of passengers through several programs, and the general public. RCT's service area includes Essex, Caledonia, Orleans and Lamoille counties of Vermont. RCT operates the Highlander shuttle serving the communities of Newport, Derby and Derby Line. RCT also runs three of its 'Green Express' shuttle services in Orleans County; The Lowell Mountain Shopper runs between Lowell and Newport, The Northern Lights shuttle runs between Troy and Newport, and the Island Pond shuttle runs between Island Pond and Newport. www.rideRCT.org

RECREATION & LEISURE

Jay Peak Resort: Offers seasonal outdoor adventure in Jay, including skiing and riding on 76 trails, slopes and glades, the Jay Peak Championship Golf Course and the NHL-sized Ice Haus Arena.

www.jaypeakresort.com

Crystal Lake: Located in Barton, it is part of the Vermont State Parks system. This glacial lake has almost a mile of sandy beaches with boat rentals, and picnic area. www.vtstateparks.com

Lake Willoughby: Located in Westmore, it is a wonderful example of glacial scouring in the Northeast. It is the deepest lake in the state with depths in excess of 300 feet and is listed as a National Natural Landmark. This 1,600 acre lake offers great fishing, free public access beaches for swimming and boating, nearby hiking (Mt. Pisgah and Mt. Hor) and some of Vermont's best ice climbing.

www.vtstateparks.com

Lake Memphremagog: Located in Newport it crosses the border into Canada. Ice skating paths run along the shoreline in the winter. In the summer, there are a variety of public access points for boating, fishing and swimming. Visit the North Country Chamber web site for more information. www.vtnorthcountry.org

Bread and Puppet Museum: Located in Glover, it has one of the largest collections of some of the biggest puppets in the world. It is open daily from 10 am-6 pm until November 1st, and after that, by appointment. Free admission. Donations welcome.

www.breadandpuppet.org.

1 U.S. Census Bureau, State and County Quick Facts: quickfacts.census.gov

2 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2014, 2012 data; available at vtlmi.info

3 U.S. Census Bureau, Small Area Income and Poverty Estimates, State and County Estimates for 2012. Available at census.gov

4 County Health Rankings, a Robert Wood Johnson Foundation program in collaboration with the University of Wisconsin Population Health Institute. Available at countyhealthrankings.org

5 Northeastern Vermont AHEC 2014 Primary Care Data Report, Northeastern Vermont Area Health Education Center, 347 Emerson Falls Road, Suite 3, St. Johnsbury, VT 05819, (802) 748-2506, www.nevahec.org

6 Vermont Department of Health 2011 Dentist Survey Summary Report. Available at healthvermont.gov/research/HlthCarePrvSrvys

7 The Health Status of Vermonters, March 2008, Vermont Department of Health. Available at healthvermont.gov/pubs/documents/HealthStatusRpt2008