



Kristina Foreman, MD
2nd Year Child & Adolescent Psychiatry Fellow

Hello, I am Kristie and I am a second-year child and adolescent psychiatry fellow at the University Of Vermont Medical Center.

I am originally from Victoria, British Columbia, Canada and I chose to go to St. George's University for one year of pre-med and my medical degree. Travel is one of my biggest passions and this afforded me the opportunity to live in Grenada, the UK, New York, and now Vermont! I did my adult psychiatry training here at the University of Vermont, and I fast-tracked into the Child Psychiatry Fellowship. I was drawn to this fellowship program because of the Vermont Family Based Approach and emphasis on well-being not only for patients and their families but also for staff. I appreciate the work-life balance this fellowship affords and the support I am given to pursue my own interests in positive psychiatry and departmental well-being.

I am infinitely glad that I matched at the University of Vermont for my adult training and even more pleased that I am continuing my child training in this lovely state.