

Washington County

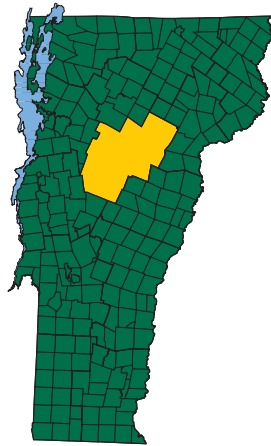
POPULATION

Population (2013).....	59,319 ¹
Persons under 5.....	5%
Persons 5-18.....	14.8%
Persons 18-64.....	63.8%
Persons 65 years+.....	16.4%

Population Density (2010):
86.6 per square mile (VT 67.9)¹

Race (2013¹)

White.....	96.7%
Black or African American.....	0.9%
American Indian & Alaska Native... ..	0.3%
Asian.....	0.4%
Two or more races.....	1.8%



For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

SOCIOECONOMIC INDICATORS

	Washington County	Vermont
Per capita income (2012).....	\$47,726 ²	\$29,167
Median household income (2008-12).....	\$57,276 ¹	\$54,267
Population below poverty (2012).....	9.5%	11.8% ³
Total households countywide (2008-12) ...	24,706 ¹	
Persons per household (2008-12).....	2.3 ¹	2.34

THE ECONOMY

Major Employment Sectors²

Government.....	24.4%
Service Providing.....	62.8%
Manufacturing.....	12.8%

HEALTH

Risk Factors and Chronic Conditions

	Washington County	Vermont
Adult smokers.....	16%	16% ⁴
Adult obesity.....	22%	24%
Excessive drinking.....	20%	19%
Children under 18 in poverty.....	12.5%	16% ³
Limited access to healthy foods*.....	2%	

* Measured as proportion of the population who are low income (≤200% federal poverty threshold) and do not live close (10 miles rural, 1 mile nonrural) to a grocery store.

HEALTH INDICATORS

Access

7% of residents report having no health insurance (VT 8%).⁴

Supply of primary care physicians meets the recommended full time equivalents for the population (actual: 48.72, recommended: 47.87).⁵

14% of adults do not have a regular primary care provider.⁷

62% of primary care physicians are limiting or not accepting new patients.⁵

The county has an adequate number of primary care dentists for its population (1 FTE per 2,880 people)⁶, but a future shortage is projected as many of these dentists near retirement.

Women & Infants⁷

90% of pregnant women receive prenatal care in the first three months of pregnancy (VT 90%).

Teen birth rate (ages 15-17) is 18.4 per 1,000 live births (VT 15.8 per 1,000).

Low birth weight rate (≤5.5 lbs) is 6.1% (VT 6.4%).

Breast cancer screening of women 40+ is 83% (VT 77%).

Disease Rates⁷

Heart disease death rate is 147 per 100,000 (VT 138 per 100,000).

Stroke death rate is 61 per 10,000 (VT 44 per 10,000).

Diabetes related deaths of 97 per 100,000; (VT 91 per 100,000).

Asthma hospitalizations among people under 18: 3.0 per 10,000 (VT 9.1 per 10,000).

COPD deaths among people 45 and older are 108 per 100,000 (VT 123 per 100,000).

PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

The Health Center: Located in Plainfield.

www.the-health-center.org

HOSPITALS

Central Vermont Medical Center: A 122-bed medical center, part of the University of Vermont Health Network; its campus includes Woodridge Nursing Home and medical practices. www.cvmc.org

KEY STATE & COMMUNITY AGENCIES

Vermont Department of Health: The regional office located in Barre serves the Washington and Central Vermont area. www.healthvermont.gov

Capstone Community Action: Serving Washington County. Programs include youth prevention and support services, Head Start, food shelf and many others. www.capstonevt.org

Central Vermont Council on Aging: Serving 54 towns including those within the Washington County. www.cvcoa.org

Green Mountain United Way: Serving all of Washington as well as Caledonia, Essex, Orange and Orleans Counties. www.gmunitedway.org

Washington County Mental Health: A comprehensive community mental health center designated by Vermont Statute to assure that a comprehensive range of services is available for: adults with mental illnesses, children and adolescents with serious emotional disturbances and people with developmental disabilities. Available to residents of Washington County. www.wcmhs.org

TRANSPORTATION

Rural Community Transportation, Inc.: A transportation brokerage that uses all modes of transportation including cars, taxis, vans, volunteer drivers, and van pools to serve a wide range of passengers through several programs, and the general public. RCT's service area includes Essex, Caledonia, Orleans and Lamoille counties of Vermont. RCT operates the new U.S. 2 Commuter between St. Johnsbury and Montpelier. www.rideRCT.org

RECREATION & LEISURE

Rock of Ages: Located in Graniteville, this is one of the largest producers of granite in North America. The visitor center offers tours of the quarry, as well as demonstrations from artisans cutting and polishing the rock. www.rockofages.com

Montpelier: The smallest state capital in the United States with a population of just over 8,000. But there is plenty to see, do and enjoy from cuisine to culture and history. Tour the State House, visit the Vermont Historical Museum, sample the savories at the New England Culinary Institute. www.montpelier-vt.org

Ben and Jerry's Ice Cream Waterbury Factory Tours: Washington County is home to the Ben and Jerry's factory. Take a tour and try new flavor samples. www.benjerry.com

Little River State Park: One of the most popular parks in central Vermont. Waterbury Reservoir is particularly favored for boating, with a portion of the reservoir devoted to quieter uses. Angling for bass and trout is as popular here as water-skiing. Enjoy swimming beaches, play areas, boat rentals and a launch, and miles of hiking and mountain bike trails in the adjacent Mount Mansfield State Forest. Self-guided history and nature trails are located close to the camping area. www.vtstateparks.com

COLLEGES

Community College of Vermont: A public, two-year, open-admissions institution that provides degree, transfer, occupational, and continuing education opportunities. It is a member of the Vermont State Colleges system and has 12 sites around the state, including one in Montpelier. www.ccv.edu

Goddard College: A private, liberal arts college that offers undergraduate and graduate degrees through individualized programs. www.goddard.edu

New England Culinary Institute: A culinary college established in 1980 that offers certificate, associate and bachelor degree programs. www.neci.edu

Norwich University: America's oldest private military colleges, established in 1819. It offers certificate, undergraduate and graduate degree programs to military and non-military students. www.norwich.edu

Vermont College of Fine Arts: A private college devoted to graduate fine arts education. www.vcfa.edu

1 U.S. Census Bureau, State and County Quick Facts: quickfacts.census.gov

2 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2014, 2012 data; available at vtlmi.info

3 U.S. Census Bureau, Small Area Income and Poverty Estimates, State and County Estimates for 2012. Available at census.gov

4 County Health Rankings, a Robert Wood Johnson Foundation program in collaboration with the University of Wisconsin Population Health Institute. Available at countyhealthrankings.org

5 Northeastern Vermont AHEC 2014 Primary Care Data Report, Northeastern Vermont Area Health Education Center, 347 Emerson Falls Road, Suite 3, St. Johnsbury, VT 05819, (802) 748-2506, www.nevahec.org

6 Vermont Department of Health 2011 Dentist Survey Summary Report. Available at healthvermont.gov/research/HlthCarePrvSrvys

7 The Health Status of Vermonters, March 2008, Vermont Department of Health. Available at healthvermont.gov/pubs/documents/HealthStatusRpt2008