

## NORTHERN NEW ENGLAND CLINICAL & TRANSLATIONAL RESEARCH NETWORK

Health Equity through Innovative Research

## Virtual Seminar Series

Implementation of the Bright Bodies Program for Childhood Obesity: Helping Kids and Their Families Stay Healthy and Have Fun

Bright Bodies is an evidence-based, high-intensity, familybased intervention for childhood obesity. In this talk, we will introduce the program, discuss its efficacy, and describe our research to implement and test the program at three diverse sites across the United States, including in rural Maine.



Alyson Byard, LCSW, LADC Western Maine Primary Care



Abby Fleisch, MD, MPH Maine Medical Center

JOIN MEETING VIA ZOOM LINK HERE: https://uvmcom.zoom.us/j/98288210782

April 28, 2023

## 12-1pm

Please consider joining us. For more information, contact Sheila.Clifford-Bova@med.uvm.edu

