Implementation of the Bright Bodies Program for Childhood Obesity: Helping Kids and Their Families Stay Healthy and Have Fun

*Bright Bodies is an evidence-based, high-intensity, family-based intervention for childhood obesity. In this talk, we will introduce the program, discuss its efficacy, and describe our research to implement and test the program at three diverse sites across the United States, including in rural Maine.*

Alyson Byard, LCSW, LADC
Western Maine Primary Care

Abby Fleisch, MD, MPH
Maine Medical Center

JOIN MEETING VIA ZOOM LINK HERE:
https://uvmcom.zoom.us/j/98288210782

April 28, 2023

12-1pm

Please consider joining us. For more information, contact Sheila.Clifford-Bova@med.uvm.edu