# **Bennington County**

# **POPULATION**

Population (2014)	36,4451
Area676	square miles
Persons under 5	4.8%
Persons 5-18	14.7%
Persons 18-64	59.9%
Persons 65 years+ (2013)	20.6%
Average household size	2.29
College graduates	32.3%



## **Race** (2013<sup>1</sup>)

White	6.5%
Black or African American	0.1%
American Indian & Alaska Native	0.3%
Asian	0.9%
Two or more races	1.3%

For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

# **SOCIOECONOMIC INDICATORS**

Benningt	on County	Vermont
Per capita income (2009-13)	. \$29,1962	\$29,167
Median household income (2008-12)	\$50,2211	\$54,267
Population below poverty (2012)	13.9%	11.8%³
Total households countywide (2009-13)	15,442	
Persons per household (2008-12)	2.31	2.34
Speak language other than English at ho	me 4.2%	
Annual Wage (2009-13)	. \$37,401	
Population below poverty line (2009-13	)13.9%	

Education	Bennington County	Vermont
High school graduation rate	% .	91.4%
College degree	32.3% .	34.8%

## THE ECONOMY

# Major Employment Sectors<sup>4</sup>

Government	20.7%
Service Providing	67.6%
Manufacturing	11.7%

#### **HEALTH**

## **Risk Factors and Chronic Conditions**

	Bennington County	Vermont
Adult smokers	19%	16%2
Adult obesity	24%	24%
Excessive drinking	19%	19%
Children under 18 in poverty	21%	16%³

## HEALTHCARE WORKFORCE5

Primary care practices				
Physicians by Specialty		Recommended FTE		Differences in FTE
Family Practice	7	11.9	15.1	3.2
Internal Medicine	4.	10.2	6	4.2
OB/GYN	4.	3.3	3	0.03
Pediatrics	8.	3.9	4	0.01

FTE= Full-time equivalent

## **HEALTH INDICATORS**

## Access

Bennington County falls 1.2 FTEs below the recommended level for all primary care practitioners. However, the recommended FTE for Internal Medicine (Adult Medicine) is short 4 FTEs of the recommended amount of 10 FTEs.5

61% of providers report they are accepting new patients.5

81% of primary care physicians accept Medicaid/Medicare patients.<sup>5</sup> 84% of adults have health insurance (VT 86%).2

#### Women & Infants<sup>3</sup>

91% of pregnant women receive prenatal care in the first trimester

Low birth weight rate (<5.5 lbs) is 6.7% (VT 6.4%).

# Disease Rates<sup>3</sup>

Heart disease death rate is 126 per 100,000 population (VT 138 per 100,000).

Stroke death rate is 58 per 10,000 (VT 44 per 100,000).

Adults with high blood pressure rate is 24 per 100,000 (VT 23 per 100,000).

19% of adults are obese (VT 21%).

# PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

Battenkill Valley Health Center in Arlington, VT www.battenkillvalleyhealthcenter.org

#### **HOSPITALS**

Southwestern Vermont Medical Center: A 99-bed community hospital located in Bennington, Vermont. Services include: the Center for Minimally Invasive Surgery, the Birth Place, Sleep Testing, Orthopedic Surgery, Sports Rehabilitation, Imaging and X-Ray, Emergency Department, Laboratory, Hospitalists, Intensive Care, Renal Dialysis. svhealthcare.org

# **United Counseling Service of Bennington County:**

Mental Health Services, 100 Ledge Hill Drive, Bennington, VT 05201 Northshire UCS, 5312 Main Street, Manchester, VT 05255 www.ucsvt.org

# Veterans Affairs Community-Based Outpatient Clinic (CBOC):

Services provided and arranged for through the Clinic: primary care physicians; electrocardiograms; laboratory tests; X-rays 186 North Street, Bennington, VT 05201 (802) 447-6913

#### **KEY STATE & COMMUNITY AGENCIES**

**Vermont 2-1-1:** Database contains information about available community resources for people throughout Vermont, including detailed data on health and human services. The Vermont 2-1-1 Database currently contains over 900 agencies, with more that 2,700 programs and 9,200 services. To contact them, simply dial 2-1-1 (a local call from anywhere in Vermont), 1-866-652-4636 (toll free in Vermont) or call 1-802-652-4636 (from outside Vermont). Available 24 hours a day, seven days a week.

Vermont Department of Health: Regional office located in Bennington. www.healthvermont.gov

# **BROC – Community Action in Southwestern Vermont:**

Services for the homeless.

Rutland: 60 Center Street, 1-800-717-BROC or 802-775-0878

Bennington: 332 Orchard Road, 802-447-7515

www.broc.org

Southwestern Vermont Council on Aging: A community organization which provides older Americans Act services to elders and their families in Rutland and Bennington Counties. Coordinated services include: Senior Help-Line, Meals on Wheels, Case Management, Congregate Dinners, Advocacy, Transportation, Senior Companion Program, Health Insurance Counseling and Assistance and Caregiver Resources. Their offices are located in Rutland and Bennington. www.svcoa.org

## **United Way of Bennington County:**

58 Bonnet Street, Manchester Center, VT 05255-1430 (802) 367-1155

# **Vermont Palliative and End-of-Life Care Resource Connections:**

Resources available by county. Provides information about decisions and choices available to patients and their families when confronted with a life-threatening illness. www.starttheconversationvt.org

## **RECREATION & LEISURE**

Bennington Banner	www.benningtonbanner.com
The Manchester Journal	www.manchester journal.com
Public Libraries www.pu	bliclibraries.com/vermont.htm
Vermont State Parks	www.vtstateparks.com

#### **COLLEGES**

**Bennington College:** Private liberal arts college located in Bennington. Major bachelor degree programs: visual and performing arts, interdisciplinary studies, social sciences, English, languages, five master's degree programs and a post baccalaureate certficate of completion in premedical and allied health science.

www.bennington.edu

Community College of Vermont (CCV): Vermont's second largest college, serving over 7,000 students each semester. With twelve locations and extensive online learning options, it offers twenty degree and six certificate programs, workforce, secondary and continuing education opportunities, and academic and veterans support services. Part of the Vermont State Colleges, it has 12 Centers around the state, including one in Bennington.

#### www.ccv.edu

**Southern Vermont College:** Private college located in Bennington. Offers 15 bachelor degree programs including: business, protective services, conservation, communications, public administration, and nursing. www.svc.edu

- 1 http://guickfacts.census.gov/gfd/states
- 2 County Health Rankings: www.countyhealthrankings.org
- 3 Health Status Report 2008 Appendix, 2000 Census Data, Vermont Department of Health, http://healthvermont.gov/pubs
- 4 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2013, www.vtlmi.info
- 5 The Vermont Primary Care Workforce 2013 Snapshot, www.med.uvm.edu/ahec