



**Avni Mehta, MD**  
**1<sup>st</sup> Year Child and Adolescent Psychiatry Fellow**

Hi, I'm Avni! I was born and raised in Michigan and did all of my schooling and medical training there. Moving to Vermont is a big move for me but I think it is going to be a great fit! In looking for a child fellowship program I wanted a program that took a holistic approach to treating child patients. I happened to hear about the program while I was on another interview and I'm so glad I applied.

I am excited to join the University of Vermont and find ways to continue to develop professionally and personally. During my interview I felt like this was a place where I could find like-minded practitioners who emphasized other aspects of treating patients alongside medication. I take my extracurriculars very seriously and am looking forward to finding ways to bring forth the therapeutic aspects of yoga, painting and writing into my practice of Medicine. I am also eagerly anticipating life in a small town and am very excited to explore some of Vermont's natural beauty!