Mental Health Providers Experienced with Trans Youth

If you are unsure of who to contact or have questions about mental health referrals for trans youth, please contact Dr. Marlene Maron:

Marlene Maron, PhD
802-847-3634
Leave a message for Dr. Maron, specify that you have a question about finding a provider for a trans-identified youth.

Providers by County

Addison County

Ximena Mejia, Ph. D, LMHC
152 Maple St., second floor
Middlebury, VT 05753
802-777-8636
Provides receipts for people to file with their own insurance.
Ages: 13+
Sliding Scale: yes

Charles Rossi, MA
36 Main St.
Middlebury, VT 05753
Phone: 802-388-1422
Insurance: Accepts BCBS, CBA, Medicaid, Cigna
Sliding Scale: yes

Bennington County

Lisa Carton, LICSW
469 Main Street
Bennington, VT 05201
802-379-5456
http://www.lisajcarton.com/
Ages: 4+/works with families
Insurance: accepts Medicaid, BCBS, and other major insurances.
Sliding Scale: yes

Lisa Pezzulich, Psy.D.
Mindful Solutions, PLLC
160 Benmont Ave, Suite 20
Bennington, VT 05201
(802) 442-3520 X211
Ages: 16+
Insurance: Medicaid, Medicare, BCBS, Cigna, MVP, United Health Care
Sliding Scale: yes

Claire Diamond, MA
Wellspring Mental Health and Wellness
39 Church St
Hardwick, Vermont 05843
Phone: 802-272-0770
Ages: Middle school, High School and Adult
Insurance: Medicaid and BCBS
Note: Also works at Haven Union High School

Note: Does both psychotherapy and music therapy

Caledonia County

Claire Diamond, MA
Wellspring Mental Health and Wellness
39 Church St
Hardwick, Vermont 05843
Phone: 802-272-0770
Ages: Middle school, High School and Adult
Insurance: Medicaid and BCBS
Note: Also works at Haven Union High School
Chittenden County

Christopher Janeway, MS, NCC
255 S Champlain St, Suite 14
Burlington, VT 05401
Phone: 802-557-1061
Website: http://www.christopherjaneway.com/
Ages: all
Insurance: BCBS, Medicaid, sliding scale

Kara Deleonardis Kraus, LICSW
1233 Shelburne Rd, Lakewood Commons
East O'Lake Building, Suite 120
South Burlington, VT
Phone: 802-999-7042
Ages: all
Insurance: most, including Medicaid, and sliding scale

Rebecca Sherlock, MSW, DCSW
8 Whiteface Street
South Burlington, VT
Phone: 802-865-7878 and 802-229-2946
Website: http://www.rebeccasherlock.com
Ages: 14+
Insurance: most, including Medicaid

Tom Barritt, LICSW
Associates at the Gables
183 Talcott Rd.
Williston, VT 05495
802-876-1100, ext. 313
Ages: Families with kids of any age, couples, and individual therapy for late adolescents-adults.
Insurance: most

Brian Cina, LICSW
200 Main Street
Burlington, VT 05401
Phone: 802-233-9131

Dan Duval, MA, LCMHC
Otter Creek Associates
15 Pinecrest Drive
Essex Junction, VT
Phone: 802-288-1087

Michael Gilman, LICSW, ACSW
Optima Vermont
2 Church Street, Suite 4G
Burlington, VT
Phone: 802-658-4888
Website: http://www.optimavt.org
Ages: 15+
Insurance: most, including Medicaid

Emiry Potter, MA, LCMHC, LADC, NCC
2 Church Street, Suite 4A
Burlington, VT 05401
Phone: 802-858-4998
Ages: 13+
Insurance: Medicaid, BCBS, MVP, United, Optum, sliding scale

Erika Meierdiercks, MS
47 Maple St, Ste 205
Burlington, VT 05401
Phone: 802-5788674
Ages: all
Insurance: BCBS, Medicaid, sliding scale

Gale Golden, LICSW
Burlington, VT
Phone: 802-864-0757
Ages: Adults only
Insurance: none, however provides detailed invoice that may be used to obtain insurance reimbursement
Note: Provides counseling and support to parents and adult family members of transgender youth.

Lauren Berrizbeitia, LCMHC
16 Orchard Terrace
Burlington, VT
Phone: 802-862-6931 (#2)
Ages: all

Ali Dumeer, LICSW
The Adams Center for Mind and Body
1233 Shelburne Rd.
Pierson House D2
South Burlington, VT
Phone: 802-859-1577, extension 316
Ages: all
Note: All intakes must go through Sue Adams

Marlene Maron*, PhD
111 Colchester Ave., Patrick 405,
Burlington, VT.
Phone: 802-847-3634 and 802-847-4880
Ages: All
Insurance: Most

Allison Prine
Optima
2 Church Street
Suite 4G
Burlington, VT 05401
Phone: (802) 651-9898
Insurance: accepts most

Kate Houston Littlefield, LCMHC
3000 Williston Rd. Suite #2
South Burlington, VT 05403
802-951-0450 x1032
www.nfivt-familycenter.org
Ages: Under 6-18
Insurance: accepts
Sliding Scale: Yes
Note: Does only family therapy work.

Nancy E. Feldman, LCMHC
2 Church St. Suite 4A, Burlington VT 05401
802-864-4949
www.nancyfeldmanvt.com
Ages: 16+, case by case basis for under 16 – family needs to be supportive
Logan Hegg, PsyD
UVM Medical Center
1 S Prospect St
Burlington, VT 05401
Phone: 802-847-4829
Ages: all
Insurance: most, including Medicaid
Note: Please state that your call is that regarding a transgender youth, to ensure that appointment scheduled promptly

Kate Dearth, MSW, AAP
The Adams Center for Mind and Body
1233 Shelburne Rd.
Pierson House D2
South Burlington, VT
Phone: 802-859-1577, x351
Ages: all
Note: All intakes must go through Sue Adams

Suzanne “Suzi” Tanner, LICSW, ASAC
Community Health Center of Burlington
Pearl Street Youth Center
179 Pearl Street
Burlington, VT 05401
Phone: 802-652-1080
Insurance: most, including Medicaid, sliding scale
Note: services only available to those who receive primary care through the Community Health Center.

Jennifer Kerns, MA
8269 Pearl St., Suite 3
Burlington, VT 05401
781-392-9969
Ages: 13+
Insurance: Accepts Medicaid, Medicare, BCBS
Sliding Scale: yes

Franklin County

Michelle Spaulding, MA
75 Fairfield St.
St. Albans, VT 05478
Phone: 802-598-8284
Ages: Works with teens and families
Insurances: All

Patrick Dunn, LMHC
156 North Main St
St. Albans, VT 05478
Phone: 802-933-4732 X 7
Ages: 10+
Insurances: Medicaid, BCBS, Cigna, United, MVP
Note: Available evenings and weekends

Lamoille County

Kate Donnelly, LICSW
34 Pleasant Street
Morrisville, VT 05661
Phone: 802-730-9086
http://katedonnally.com/
Ages: Teens, Youth & Families
Insurances: BCBS, Cigna, MVP, Medicaid, Medicare, Value Options
Sliding Scale: yes
Orange County

Allison Andrews, LICSW
74 Main St.
Wells River, VT
Phone: 802-274-5120
Ages: Works with children (5+), teens, adults
Insurance: Please contact

Susan Jacobs, MA, LCMHA, LADC
25 South Pleasant St.
Randolph, VT 05060
802-249-2973
Ages: Teens, young adults, and families
Insurance: Cigna, Medicaid, BCBS, United, MVP,
Sliding Scale: yes
Note: Can do home visits in area

Rutland County

Lindsey Johnston, MS
167 North Main St.
Wallingford, VT 05773
802-446-3577
mapleleafclinic@vermontel.net
www.mapleleafclinic.com
Ages: works with middle school through adulthood.
Insurance: Medicaid, out of network provider exceptions.
Sliding Scale: Please call if application

Washington County

Adam Grunt PhD
105 North Main St. Suite 10
Barre, VT 05641
802-441-4072
http://www.cvmhp.org/agrundt.html
Insurance: accepts Medicaid and other insurances
Note: Moving to Burlington in mid-July

Darlene Furey, LICSW, MSS, MLSP
Oak Tree Counseling Associates llc
147 State Street
Montpelier, Vermont 05602
Phone: (802) 279-4020
Insurance: BCBS, Medicaid, Cigna
Sliding Scale: Yes

PJ Desrochers, LMFT
174 Elm St
Montpelier, VT 05602
Phone: 802-851-5955
Insurance: Most
Sliding Scale: please call

Molly Bernardi-Smith, MA
138 Main St., Suite 5
Montpelier VT 05602
802-778-0483
Ages: 16+
Insurance: BCBS, Medicaid, Medicare
Sliding Scale: yes

Cory Gould, LPMA
149 State Street
Redfield House
Montpelier, Vermont 05602
(802) 992-1501
Ages: 14+
Insurance: Cigna, BCBS, Medicaid, MVP, Aetna

Julia Chafets
132 Main Street
Suite 2
Montpelier, Vermont 05602
Phone: 802-279-8850
Ages: 6+ years old
Insurance: BCBS and Medicaid

James Nelson, MA, LCMHC, LADC
250 Main Street
Montpelier, VT
(802) 318-5456
16 Orchard Terrace
Burlington, VT
(802) 862-6931 ext 3
Note: accepts patients 14 and up
Insurance: most, including Medicaid

Brooke White, PhD
Full Circle Health and Wellness
73 Main Street
Montpelier, VT
Suite 19
(802) 505-1748
Note: accepts patients 6 and up

Suzanne Mancinelli, MA
The Vermont Center for Integrative Herbalism
252 Main Street, Suite 2
Montpelier, VT 05602
Phone: 802-552-8560
Ages: preteen-adult
Insurance: Medicaid & BCBS-VT
Note: Please state that your call is regarding a transgender youth to ensure prompt response.
Windham County

Michael Gigante, Ph. D
31 Frog Hill
Brattleboro, VT 05301
802-254-8032
Ages: 15+
Please contact about health insurance info.
Sliding Scale: yes

Curtis Graf, Ph. D
139 Main St.
Brattleboro, VT 05301
802-254-2400
www.curtisgrafphd.com
Ages: Works with youth, teens, young adults
Insurance: Medicaid, BCBS, and others
Sliding Scale: yes

Laura Hoskins, MA, LCMHC, NCC
70 Orchard St.
Brattleboro, VT 05301
802-451-9557
www.laurahoskins.net
Ages: 8+ years old
Insurances: Accepts Medicaid and wide range or private insurances
Sliding Scale: Yes

Eli Burke, Med, LICSW
139 Main St.
Brattleboro, VT 05301
802-254-2400
www.curtisgrafphd.com
Ages: Works with youth, teens, young adults
Insurance: Medicaid, BCBS, Medicare, Medicaid

Windsor County

Allison Andrews, LICSW
The Writer’s Center
58 N Main St.
White River Junction, VT
Phone: 802-274-5120
Ages: Works with children (5+), teens, adults
Insurance: Please contact

Anneth Kennedy, Psy D
16 Beaver Meadow Rd
P.O. 801
Norwich, VT 05055
Phone: 802-785-2639
Ages: Works with teens (13+) and adults
Insurance: Please contact and sliding scale

Deb Harrison, LICSW
2091 Main St.
Cavendish, VT 05142
Phone: 802-226-7900
Ages: All
Insurances: Medicaid, BCBS, Cigna, MVP
Note: Also works at Black River High School

Provides in New York State

Moriah Warnne
Mental Health Counseling Services
6956 State Highway 56
Potsdam, NY
Phone: (315) 268-0264
Insurance: accepts most

Kelly Hornby, LCSW-R
Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Ages: all
Insurances: all
Note: Intake Coordinator is Anne Chauvin

Allsun Ozyesil
Plattsburgh, NY 12901
Phone: 518-566-7832
Ages: all
Insurances: Fedelis, BCBS, call for others
Sliding Scale: Yes

Bethany Waite
Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Ages: all
Insurances: all
Note: Intake Coordinator is Anne Chauvin

Erica Leonard
Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Ages: all
Insurances: all
Note: Intake Coordinator is Anne Chauvin

7/5/2017
Psychiatry Consultation
Please contact Dr. Marlene Maron* (above) if you need help reaching any of these providers.

Jeremiah Dickerson, MD
Child and Family-Based Psychiatry
UVM Medical Center
Burlington, VT
Phone: 802-847-4563
Ages: up to age 18
Note: Specifically state that this is a consultation regarding a transgender patient and ask to leave a message for Dr. Dickerson.

Evan Eyler, MD
Psychiatry
UVM Medical Center
Burlington, VT
Phone: (802) 847-4727
Note: Experienced in working with individuals with gender dysphoria. Prefers to serve as a consulting clinician for individuals already connected with another therapist or psychiatrist and provide expertise and assistance with diagnosis and treatment of gender dysphoria.

Harris Strokoff, MD
Adult and Child Psychiatry
Community Health Center Burlington
617 Riverside Ave
Burlington, VT 05401
Phone: 802-864-6309
Note: Services only able to those who receive primary care through Community Health Center.