Mental Health Providers Experienced with Trans Youth

If you are unsure of who to contact or have questions about mental health referrals for trans youth, please contact Dr. Marlene Maron (see below):

Providers:

Marlene Maron*, PhD
111 Colchester Ave., Patrick 405,
Burlington, VT.
Phone: 802-847-3634 and 802-847-4880
Email: marlene.maron@UVMHealth.org
Ages: All
Insurance: Most

Christopher Janeway, MS, NCC
255 S Champlain St, Suite 14
Burlington, VT 05401
Phone: 802-557-1061
Email: Christopher@cjane way.com
Website: http://www.christopherjaneway.com/
Ages: all
Insurance: BCBS, Medicaid, sliding scale

Kara Deleonardis Kraus, LICSW
1233 Shelburne Rd, Lakewood Commons
East O’Lake Building, Suite 120
South Burlington, VT
Phone: 802-999-7042
Email: karadeleonardis@gmail.com
Ages: all
Insurance: most, including Medicaid, and sliding scale

Rebecca Sherlock, MSW, DCSW
8 Whiteface Street
South Burlington, VT
Phone: 802-865-7878 and 802-229-2946
Email: rs@rebeccasherlock.com
Website: http://www.rebeccasherlock.com
Ages: 14+
Insurance: most, including Medicaid

Tom Barritt, LICSW
Associates at the Gables
183 Talcott Rd.
Williston, VT 05495
802-876-1100, ext. 313
Ages: Families with kids of any age, couples, and individual therapy for late adolescents/adults.
Insurance: most

Brian Cina, LICSW
200 Main Street
Burlington, VT 05401
Phone: 802-233-9131

Dan Duval, MA, LCMHC
Otter Creek Associates
15 Pinecrest Drive
Essex Junction, VT
Phone: 802-288-1087

Michael Gilman, LICSW, ACSW
Optima Vermont
2 Church Street, Suite 4G
Burlington, VT
Phone: 802-658-4888
Email: mlgvt@comcast.net
Website: http://www.optimavt.org
Ages: 15+
Insurance: most, including Medicaid

Emiry Potter, MA, LCMHC, LADC, NCC
2 Church Street, Suite 4A
Burlington, VT 05401
Phone: 802-858-4998
Email: epotterpractice@gmail.com
Ages: 13+
Insurance: Medicaid, BCBS, MVP, United, Optum, sliding scale

Logan Hegg, PsyD
UVM Medical Center
1 S Prospect St
Burlington, VT 05401
Phone: 802-847-8299
Email: logan.hegg@uvmhealth.org
Ages: all
Insurance: most, including Medicaid

Note: Please state that your call is that regarding a transgender youth, to ensure that appointment scheduled promptly

PJ Desrochers, LMFT
174 Elm St
Montpelier, VT 05602
Phone: 802-851-5955

Suzanne “Suzi” Tanner, LICSW, ASAC
Community Health Center of Burlington
Pearl Street Youth Center
179 Pearl Street
Burlington, VT 05401
Phone: 802-652-1080
Email: stanner@chcb.org
Insurance: most, including Medicaid, sliding scale
Note: services only available to those who receive primary care through the Community Health Center.

Erika Meierdiercks, MS
47 Maple St, Ste 205
Burlington, VT 05401
Phone: 802-578-8674
Email: erikameierdiercks@gmail.com
Ages: all
Insurance: BCBS, Medicaid, sliding scale
Gale Golden, LICSW
Burlington, VT
Phone: 802-864-0757
Email: gale.golden@uvm.edu
Ages: Adults only
Insurance: none, however provides detailed invoice that may be used to obtain insurance reimbursement
Note: Provides counseling and support to parents and adult family members of transgender youth.

Lauren Berrizbeitia, LCMHC
16 Orchard Terrace
Burlington, VT
Phone: 802-862-6931 (#2)
Email: mlgvt@comcast.net
Ages: all

Ali Dumeer, LICSW
The Adams Center for Mind and Body
1233 Shelburne Rd.
Pierson House D2
South Burlington, VT
Phone: 802-859-1577, extension 316
Ages: all
Note: All intakes must go through Sue Adams

Moriah Warnne
Mental Health Counseling Services
6956 State Highway 56
Potsdam, NY
Phone: (315) 268-0264
moriah@mhcounselingofnny.com
Insurance: accepts most

Alison Prine
Optima
2 Church Street
Suite 4G
Phone: (802) 651-9898
alisonprine@msn.com
Insurance: accepts most

Brooke White, PhD
Full Circle Health and Wellness
73 Main Street
Montpelier, VT
Suite 19
(802) 505-1748
drwhitefullcircle@yahoo.com
Note: accepts patients 6 and up

James Nelson, MA, LCMHC, LADC
250 Main Street
Montpelier, VT
(802) 318-5456
Ages: accepts patients 14 and up
Insurance: most, including Medicaid
Note: Has an office in Burlington on Mondays

Adam Grunt PhD
105 North Main St. Suite 10
Barre, VT 05641
802-441-4072
http://www.cvmhp.org/agrundt.html
adam.grundt.phd@gmail.com
Insurance: accepts Medicaid and other insurances
Note: Moving to Burlington in mid-July

Dean Mooney, Ph.D
167 North Main St,
Wallingford, VT 05773
802-446-3577
mapleleafclinic@vermontel.net
www.mapleleafclinic.com
Ages: Middle school through adulthood
Insurance: Medicaid, out of network exceptions.

Kate Houston Littlefield, LCMHC
802-951-0450 x1032
www.nfivt-familycenter.org
katehouston@nafi.com
Ages: Under 6-18
Insurance: accepts
Sliding Scale: Yes
Note: Does only family therapy work.

Lindsey Johnston, MS
167 North Main St,
Wallingford, VT 05773
802-446-3577
mapleleafclinic@vermontel.net
www.mapleleafclinic.com
Ages: works with middle school through adulthood.
Insurance: Medicaid, out of network provider exceptions.
Sliding Scale: Please call if application

Michael Gigante, Ph. D
31 Frog Hill
Brattleboro, VT 05301
802-254-8032
31gigante@comcast.net
Ages: 15+
Please contact about health insurance info.
Sliding Scale: yes

Molly Bernardi-Smith, MA
138 Main St., Suite 5
Montpelier VT 05602
802-778-0483
Ages: 16+
Insurance: BCBS, Medicaid, Medicare
Sliding Scale: yes

Nancy E. Feldman, LCMHC
2 Church St. Suite 4A, Burlington VT 05401
802-864-4949
www.nancyfeldmanvt.com
nejesh49@gmail.com
Ages: 16+, case by case basis for under 16 – family needs to be supportive
Insurances: All except Aetna

Ximena Mejia, Ph. D, LMHC
152 Maple St., second floor
Middlebury, VT 05753
802-777-8636
xmejia@yahoo.com
Provides receipts for people to file with their own insurance.
Ages: 13+
Sliding Scale: yes
Lisa Carton, LICSW  
469 Main Street  
Bennington, VT 05201  
802-379-5456  
http://www.lisajcarton.com/  
lisa@lisajcarton.com  
Ages: 4+ / works with families  
Insurance: accepts Medicaid, BCBS, and other major insurances.  
Sliding Scale: yes

Beth Newman, LMFT, ATR-BC  
Bennington, VT 05201  
802-688-4557  
artstherapy@myfairpoint.net  
Ages: teenagers  
Insurance: BCBS, MVP, Medicaid, Optum, United  
Sliding Scale: yes

Sue Shaffer, LMHC, PAT  
The Adams Center for Mind and Body  
1233 Shelburne Rd.  
Pierson House D2  
South Burlington, VT  
Phone: 802-859-1577, x318  
Ages: all  
Note: All intakes must go through Sue Adams

Kate Dearth, MSW, AAP  
The Adams Center for Mind and Body  
1233 Shelburne Rd.  
Pierson House D2  
South Burlington, VT  
Phone: 802-859-1577, x351  
Ages: all  
Note: All intakes must go through Sue Adams

Susan Jacobs, MA, LCMHA, LADC  
25 South Pleasant St.  
Randolph, VT 05060  
802-249-2973  
Ages: Teens, young adults, and families  
Insurance: Cigna, Medicaid, BCBS, United, MVP,  
Sliding Scale: yes  
Note: Can do home visits in area

Curtis Graf, Ph. D  
139 Main St.  
Brattleboro, VT 05301  
802-254-2400  
www.curtisgrafphd.com  
cgraf@sover.net  
Ages: Works with youth, teens, young adults  
Insurance: Medicaid, BCBS, and others  
Sliding Scale: yes

Cory Gould, LPMA  
149 State Street  
Redfield House  
Montpelier, Vermont 05602  
(802) 992-1501  
Ages: 14+  
Insurance: Cigna, BCBS, Medicaid, MVP, Aetna

Kristine Mary Karge, LCSW  
Waters Edge Psychotherapy and Wellness Center  
47 Maple Street, Suite 303  
Burlington, Vermont 05401  
(802) 664-4304  
Ages: 14+  
Insurance: Aetna, BlueCross and BlueShield, Cigna,  
MVP, Medicaid, Medicare  
Note: Identifies as Hispanic/Latina and speaks Spanish

Jess Horner, MA LICSW  
Networks, Inc.  
149 Cherry Street  
Burlington, Vermont 05401  
(802) 863-2495 x710  
Ages: 10+ years old  
Insurance: Medicaid, Medicare, United, BCBS  
Sliding Scale: Yes

Claire Diamond, MA  
Wellsping Mental Health and Wellness  
39 Church St  
Hardwick, Vermont 05843  
Phone: 802-272-0770  
Ages: Middle school, High School and Adult  
Insurance: Medicaid and BCBS  
Note: Also works at Haven Union High School

Allison Andrews, LICSW  
74 Main St.  
Wells River, VT  
Phone: 802-274-5120  
Ages: Works with children (5+), teens, adults  
Insurance: Please contact

Darlene Furey, LICSW, MSS, MLSP  
Oak Tree Counseling Associates llc  
147 State Street  
Montpelier, Vermont 05602  
Phone: (802) 279-4020  
Insurance: BCBS, Medicaid, Cigna  
Sliding Scale: Yes

Michelle Spaulding, MA  
75 Fairfield St.  
St. Albans, VT 05478  
Phone: 802-598-8284  
michelle@healthmindsvt.com  
Ages: Works with teens and families  
Insurances: All

Michael Castelli, MA  
79 Court Street  
Middlebury, Vermont 05753  
802-324-1381  
Ages: 12+  
Insurances: Medicaid, BCBS  
Note: Does both psychotherapy and music therapy
Kelly Hornby, LCSW-R
Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Kelly.Hornby@clintoncountygov.com
Ages: all
Insurances: all
Note: Intake Coordinator is Anne Chauvin

Bethany Waite
Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Kelly.Hornby@clintoncountygov.com
Ages: all
Insurances: all
Note: Intake Coordinator is Anne Chauvin

Erica Leonard
Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Kelly.Hornby@clintoncountygov.com
Ages: all
Insurances: all
Note: Intake Coordinator is Anne Chauvin

Charles Rossi, MA
36 Main St.
Middlebury, VT 05753
Phone: 802-388-1422
chas.rossi@gmail.com
Insurance: Accepts BCBS, CBA, Medicaid, Cigna
Sliding Scale: yes

Kate Donnelly, LICSW
34 Pleasant Street
Morrisville, VT 05661
Phone: 802-730-9086
http://katedonnally.com/
Ages: Teens, Youth & Families
Insurances: BCBS, Cigna, MVP, Medicaid, Medicare, Value Options
Sliding Scale: yes

Laura Hoskins, MA, LCMHC, NCC
70 Orchard St
Brattleboro, VT 05301
802-451-9557
www.laurahoskins.net
Ages: 8+ years old
Insurances: Accepts Medicaid and wide range or private insurances
Sliding Scale: Yes

Allsun Ozyesil
Plattsburgh, NY 12901
Phone: 518-566-7832
Ages: all
Insurances: Fedelis, BCBS, call for others
Sliding Scale: Yes

Suzanne Mancinelli, MA
The Vermont Center for Integrative Herbalism
252 Main Street, Suite 2
Montpelier, VT 05602
Phone: 802-552-8560
Email: suzannemancinelli58@gmail.com
Ages: preteen-adult
Insurance: Medicaid & BCBS-VT
Note: Please state that your call is regarding a transgender youth to ensure prompt response.

Julia Chafets
132 Main Street
Suite 2
Montpelier, Vermont
Phone: 802-257-4880
Ages: Teens, young adults
Insurance: BCBS, Medicare, Medicaid

Patrick Dunn, LMHC
156 North Main St
St. Albans, VT 05478
Phone: 802-933-4732 X 7
Ages: 10+
Insurances: Medicaid, BCBS, Cigna, United, MVP

Deb Harrison, LICSW
2091 Main St
Cavendish, VT 05142
Phone: 802-226-7900
Ages: All
Insurances: Medicaid, BCBS, Cigna, MVP
Note: Also works at Black River High School

Jennifer Kerns, MA
8269 Pearl St., Suite 3
Burlington, VT 05401
781-392-9969
temenosVT@gmail.com
Ages: 13+
Insurance: Accepts Medicaid, Medicare, BCBS
Sliding Scale: yes

Lisa Pezzulich, Psy,D.
Mindful Solutions, PLLC
160 Bennmont Ave, Suite 20
Bennington, VT 05201
(802) 442-3520 X211
Ages: 16+
Insurance: Medicaid, Medicare, BCBS, Cigna, MVP, United Health Care

Annette Kennedy, Psy D
16 Beaver Meadow Rd
Norwich, VT 05055
Phone: 802-785-2639
Email: annettekenn@gmail.com
Ages: Works with teens (13+)
Insurance: Please contact and sliding scale
Psychiatry Consultation
Please contact Dr. Marlene Maron* (above) if you need help reaching any of these providers.

Jeremiah Dickerson, MD
Child and Family-Based Psychiatry
UVM Medical Center
Burlington, VT
Phone: 802-847-4563
Email: jeremiah.dickerson@uvmhealth.org
Ages: up to age 18
Note: Specifically state that this is a consultation regarding a transgender patient and ask to leave a message for Dr. Dickerson.

Evan Eyler, MD
Psychiatry
UVM Medical Center
Burlington, VT
Phone: (802) 847-4727
Note: Experienced in working with individuals with gender dysphoria. Prefers to serve as a consulting clinician for individuals already connected with another therapist or psychiatrist and provide expertise and assistance with diagnosis and treatment of gender dysphoria.

Harris Strokoff, MD
Adult and Child Psychiatry
Community Health Center Burlington
617 Riverside Ave
Burlington, VT 05401
Phone: 802-864-6309
Note: Services only able to those who receive primary care through Community Health Center.