# Mental Health Providers Experienced with Trans Youth

If you are unsure of who to contact or have questions about mental health referrals for trans youth, please contact Dr. Marlene Maron:

**Marlene Maron, PhD**  
802-847-3634  
Leave a message for Dr. Maron, specify that you have a question about finding a provider for a trans-identified youth.

## Providers by County

### Addison County

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Services</th>
</tr>
</thead>
</table>
| **Ximena Mejia, Ph. D, LMHC**    | 152 Maple St., second floor            | 802-777-8636 | xemejia@yahoo.com        | Provides receipts for people to file with their own insurance.  
Ages: 13+  
Sliding Scale: yes                                              |
| **Charles Rossi, MA**            | 36 Main St.                            | Phone: 802-388-1422 | chas.rossi@gmail.com     | Insurance: Accepts BCBS, CBA, Medicaid, Cigna  
Sliding Scale: yes                                              |

**Michael Castelli, MA**  
79 Court Street  
Middlebury, Vermont 05753  
802-324-1381  
Ages: 12+  
Insurances: Medicaid, BCBS  
**Note:** Does both psychotherapy and music therapy

### Bennington County

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Services</th>
</tr>
</thead>
</table>
| **Lisa Carton, LICSW**           | 469 Main Street                        | 802-379-5456 | http://www.lisajcarton.com/  
lisa@lisajcarton.com | Ages: 4+/works with families  
Insurance: accepts Medicaid, BCBS, and other major insurances.  
Sliding Scale: yes                                              |
| **Lisa Pezzulich, Psy.D.**       | Mindful Solutions, PLLC                | (802) 442-3520 X211 | artstherapy@myfairpoint.net | Ages: teenagers  
Insurance: BCBS, MVP, Medicaid, Optum, United  
Sliding Scale: yes                                              |
| **Beth Newman, LMFT, ATR-BC**    | Bennington, VT 05201                   | 802-688-4557 |                        |                                                                          |

### Caledonia County

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Services</th>
</tr>
</thead>
</table>
| **Claire Diamond, MA**           | 39 Church St                           | 802-272-0770 |                           | Ages: Middle school, High School and Adult  
Insurance: Medicaid and BCBS  
**Note:** Also works at Haven Union High School |

**Claire Diamond, MA**  
Wellspring Mental Health and Wellness  
39 Church St  
Hardwick, Vermont 05843  
Phone: 802-272-0770  
Ages: Middle school, High School and Adult  
Insurance: Medicaid and BCBS  
**Note:** Also works at Haven Union High School
Chittenden County

Christopher Janeway, MS, NCC
255 S Champlain St, Suite 14
Burlington, VT 05401
Phone: 802-557-1061
Email: Christopher@cjjaneway.com
Website: http://www.christopherjaneway.com/
Ages: all
Insurance: BCBS, Medicaid, sliding scale

Kara Deleonardis Kraus, LICSW
1233 Shelburne Rd, Lakewood Commons
East O’Lake Building, Suite 120
South Burlington, VT
Phone: 802-999-7042
Email: karadeleonardis@gmail.com
Ages: all
Insurance: most, including Medicaid, and sliding scale

Rebecca Sherlock, MSW, DCSW
8 Whiteface Street
South Burlington, VT
Phone: 802-865-7878 and 802-229-2946
Email: rs@rebeccashерlock.com
Website: http://www.rebeccashерlock.com
Ages: 14+
Insurance: most, including Medicaid

Tom Barritt, LICSW
Associates at the Gables
183 Talcott Rd.
Williston, VT 05495
802-876-1100, ext. 313
Ages: Families with kids of any age, couples, and individual therapy for late adolescents-adults.
Insurance: most

Erika Meierdiercks, MS
47 Maple St, Ste 205
Burlington, VT 05401
Phone: 802-5788674
Email: erikameierdiercks@gmail.com
Ages: all
Insurance: BCBS, Medicaid, sliding scale

Gale Golden, LICSW
Burlington, VT
Phone: 802-864-0757
Email: gale.golden@uvm.edu
Ages: Adults only
Insurance: none, however provides detailed invoice that may be used to obtain insurance reimbursement
Note: Provides counseling and support to parents and adult family members of transgender youth.

Lauren Berrizbeitia, LCMHC
16 Orchard Terrace
Burlington, VT
Phone: 802-862-6931 (#2)
Email: mlgvt@comcast.net
Ages: all

Ali Dumeer, LICSW
The Adams Center for Mind and Body
1233 Shelburne Rd.
Pierson House D2
South Burlington, VT
Phone: 802-859-1577, extension 316
Ages: all
Note: All intakes must go through Sue Adams

Lauren Maron*, PhD
111 Colchester Ave., Patrick 405,
Burlington, VT.
Phone: 802-847-3634 and 802-847-4880
Email: marlene.maron@UVMHealth.org
Ages: All
Insurance: Most

Emery Potter, MA, LCMHC, LADC, NCC
2 Church Street, Suite 4A
Burlington, VT 05401
Phone: 802-858-4998
Email: epotterpractice@gmail.com
Ages: 13+
Insurance: Medicaid, BCBS, MVP, United, Optum, sliding scale
Note: Does only family therapy work.
<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Ages</th>
<th>Insurance</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Logan Hegg, PsyD</td>
<td></td>
<td>UVM Medical Center</td>
<td>1 S Prospect St</td>
<td>802-8474829</td>
<td>all</td>
<td>most, including Medicaid</td>
<td>Note: Please state that your call is that regarding a transgender youth, to ensure that appointment scheduled promptly</td>
</tr>
<tr>
<td>Kate Dearth, MSW, AAP</td>
<td></td>
<td>The Adams Center for Mind and Body</td>
<td>1233 Shelburne Rd.</td>
<td>802-859-1577, x351</td>
<td>all</td>
<td></td>
<td>Note: All intakes must go through Sue Adams</td>
</tr>
<tr>
<td>Suzanne “Suzi” Tanner, LICSW, ASAC</td>
<td>Community Health Center of Burlington</td>
<td>Pearl Street Youth Center</td>
<td>179 Pearl Street</td>
<td>802-652-1080</td>
<td>all</td>
<td>most, including Medicaid</td>
<td>Note: services only available to those who receive primary care through the Community Health Center.</td>
</tr>
<tr>
<td>Jennifer Kerns, MA</td>
<td></td>
<td></td>
<td>8269 Pearl St., Suite 3</td>
<td>781-392-9969</td>
<td>13+</td>
<td>Accepts Medicaid, Medicare, BCBS</td>
<td>Sliding Scale: yes</td>
</tr>
<tr>
<td>Nancy E. Feldman, LCMHC</td>
<td></td>
<td>2 Church St. Suite 4A</td>
<td>Burlington VT 05401</td>
<td>802-864-4949</td>
<td>16+</td>
<td>Medicaid, including Medicaid</td>
<td>Ages: 16+, case by case basis for under 16 – family needs to be supportive</td>
</tr>
<tr>
<td>Sue Shaffer, LMHC, PAT</td>
<td></td>
<td>The Adams Center for Mind and Body</td>
<td>1233 Shelburne Rd.</td>
<td>802-859-1577, x318</td>
<td>all</td>
<td></td>
<td>Note: All intakes must go through Sue Adams</td>
</tr>
<tr>
<td>Kristine Mary Karge, LCSW</td>
<td></td>
<td>Waters Edge Psychotherapy and Wellness Center</td>
<td>47 Maple Street, Suite 303</td>
<td>802-664-4304</td>
<td>14+</td>
<td>Aetna, BlueCross and BlueShield, Cigna, MVP, Medicaid, Medicare</td>
<td>Note: Identifies as Hispanic/Latina and speaks Spanish</td>
</tr>
<tr>
<td>Jess Horner, MA LICSW</td>
<td></td>
<td>Networks, Inc.</td>
<td>149 Cherry Street</td>
<td>802-863-2495 x710</td>
<td>10+</td>
<td>Medicaid, Medicare, United, BCBS, Cigna</td>
<td>Sliding Scale: Yes</td>
</tr>
<tr>
<td>Michelle Spaulding, MA</td>
<td></td>
<td>75 Fairfield St.</td>
<td>St. Albans VT 05478</td>
<td>802-598-8284</td>
<td>Works with teens and families</td>
<td></td>
<td>Insurances: All</td>
</tr>
<tr>
<td>Patrick Dunn, LMHC</td>
<td></td>
<td>156 North Main St</td>
<td>St. Albans VT 05478</td>
<td>802-933-4732 X 7</td>
<td>10+</td>
<td>Medicaid, BCBS, Cigna, United, MVP</td>
<td>Note: Available evenings and weekends</td>
</tr>
<tr>
<td>Kate Donnelly, LICSW</td>
<td></td>
<td>34 Pleasant Street</td>
<td>Morrisville, VT 05661</td>
<td>802-730-9086</td>
<td>Teens, Youth &amp; Families</td>
<td>BCBS, Cigna, MVP, Medicaid, Medicare, Value Options</td>
<td>Sliding Scale: yes</td>
</tr>
</tbody>
</table>
## Orange County

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Insurance</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allison Andrews, LICSW</td>
<td>74 Main St., Wells River, VT</td>
<td>802-274-5120</td>
<td>Works with children (5+), teens, adults</td>
<td>Please contact</td>
</tr>
<tr>
<td>Susan Jacobs, MA, LCMHA, LADC</td>
<td>25 South Pleasant St., Randolph, VT 5060</td>
<td>802-249-2973</td>
<td>Teens, young adults, and families</td>
<td>Cigna, Medicaid, BCBS, United, MVP, Sliding Scale: yes, Can do home visits in area</td>
</tr>
</tbody>
</table>

## Rutland County

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<tr>
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<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lindsey Johnston, MS</td>
<td>167 North Main St., Wallingford, VT 05773</td>
<td>802-446-3577</td>
<td>works with middle school through adulthood</td>
<td>Medicaid, out of network provider exceptions, Please call if application</td>
</tr>
</tbody>
</table>

## Washington County

<table>
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<tr>
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<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adam Grunt PhD</td>
<td>105 North Main St., Suite 10 Barre, VT 05641</td>
<td>802-441-4072</td>
<td>_softins</td>
<td>Moving to Burlington in mid-July</td>
</tr>
<tr>
<td>Darlene Furey, LICSW, MSS, MLSP</td>
<td>Oak Tree Counseling Associates llc, 147 State Street Montpelier, Vermont 05602</td>
<td>(802) 279-4020</td>
<td>Medicaid, Cigna</td>
<td>Yes</td>
</tr>
<tr>
<td>Molly Bernardi-Smith, MA</td>
<td>138 Main St., Suite 5 Montpelier, VT 05602</td>
<td>802-778-0483</td>
<td>BCBS, Medicaid, Cigna</td>
<td>Sliding Scale: Yes</td>
</tr>
<tr>
<td>Cory Gould, LPMA</td>
<td>149 State Street Redfield House Montpelier, Vermont 05602</td>
<td>(802) 992-1501</td>
<td>Cigna, BCBS, Medicaid, MVP, Aetna</td>
<td>14+</td>
</tr>
<tr>
<td>Julia Chafets</td>
<td>132 Main Street Suite 2 Montpelier, Vermont 05602</td>
<td>802-279-8850</td>
<td>BCBS and Medicaid</td>
<td>Sliding Scale: Yes</td>
</tr>
<tr>
<td>PJ Desrochers, LMFT</td>
<td>174 Elm St Montpelier, VT 05602</td>
<td>802-851-5955</td>
<td>BCBS, Medicaid, Sliding Scale: please call</td>
<td></td>
</tr>
<tr>
<td>James Nelson, MA, LCMHC, LADC</td>
<td>250 Main Street Montpelier, VT</td>
<td>(802) 505-1748</td>
<td>Most Sliding Scale: please call</td>
<td></td>
</tr>
<tr>
<td>Brooke White, PhD</td>
<td>Full Circle Health and Wellness 73 Main Street Montpelier, VT Suite 19</td>
<td>(802) 505-1748</td>
<td>Most Sliding Scale: please call</td>
<td></td>
</tr>
<tr>
<td>Suzanne Mancinelli, MA</td>
<td>The Vermont Center for Integrative Herbalism 252 Main Street, Suite 2 Montpelier, VT 05602</td>
<td>(802) 552-8560</td>
<td>Medicaid</td>
<td>6+</td>
</tr>
</tbody>
</table>

*Note: Please state that your call is regarding a transgender youth to ensure prompt response.*
### Windham County

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</tr>
</thead>
<tbody>
<tr>
<td>Michael Gigante, Ph. D</td>
<td>31 Frog Hill, Brattleboro, VT 05301</td>
<td>802-254-8032</td>
<td><a href="mailto:31gigante@comcast.net">31gigante@comcast.net</a></td>
<td>15+</td>
<td></td>
<td>Yes</td>
</tr>
<tr>
<td>Curtis Graf, Ph. D</td>
<td>139 Main St, Brattleboro, VT 05301</td>
<td>802-254-2400</td>
<td><a href="mailto:cgraf@sover.net">cgraf@sover.net</a></td>
<td></td>
<td>Medicaid, BCBS, and others</td>
<td>Yes</td>
</tr>
<tr>
<td>Laura Hoskins, MA, LCMHC, NCC</td>
<td>70 Orchard St, Brattleboro, VT 05301</td>
<td>802-451-9557</td>
<td><a href="http://www.laurahoskins.net">www.laurahoskins.net</a></td>
<td>8+ years old</td>
<td>Accepts Medicaid and wide range of private insurances</td>
<td>Yes</td>
</tr>
<tr>
<td>Eli Burke, Med, LICSW</td>
<td></td>
<td></td>
<td></td>
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### Windsor County

<table>
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<th>Insurance</th>
<th>Sliding Scale</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allison Andrews, LICSW</td>
<td>The Writer's Center, 58 N Main St, White River Junction, VT</td>
<td>802-274-5120</td>
<td></td>
<td>Works with children (5+), teens, adults</td>
<td>Medicaid, BCBS, Cigna, MVP</td>
<td>Yes</td>
</tr>
<tr>
<td>Deb Harrison, LICSW</td>
<td>2091 Main St, Cavendish, VT 05142</td>
<td>802-226-7900</td>
<td></td>
<td>All</td>
<td>Medicaid, BCBS, Medicare, Medicaid</td>
<td></td>
</tr>
<tr>
<td>Annette Kennedy, Psy D</td>
<td>16 Beaver Meadow Rd, P.O. 801, Norwich, VT 05055</td>
<td>802-785-2639</td>
<td><a href="mailto:annetteken@gmail.com">annetteken@gmail.com</a></td>
<td>Works with teens (13+)</td>
<td></td>
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### Provides in New York State

<table>
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<tr>
<th>Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Moriah Warnne</td>
<td>Mental Health Counseling Services, 6956 State Highway 56, Potsdam, NY</td>
<td>(315) 268-0264</td>
<td><a href="mailto:moriah@mhcounselingofnny.com">moriah@mhcounselingofnny.com</a></td>
<td>All</td>
<td>Accepts most</td>
<td></td>
</tr>
<tr>
<td>Kelly Hornby, LCSW-R</td>
<td>Clinton County Mental Health and Addiction Services, 130 Arizona Avenue, Plattsburgh, NY 12901</td>
<td>518-565-4060</td>
<td><a href="mailto:Kelly.Hornby@clintoncountygov.com">Kelly.Hornby@clintoncountygov.com</a></td>
<td>All</td>
<td>All</td>
<td></td>
</tr>
<tr>
<td>Bethany Waite</td>
<td>Clinton County Mental Health and Addiction Services, 130 Arizona Avenue, Plattsburgh, NY 12901</td>
<td>518-565-4060</td>
<td><a href="mailto:Kelly.Hornby@clintoncountygov.com">Kelly.Hornby@clintoncountygov.com</a></td>
<td>All</td>
<td>All</td>
<td>Intake Coordinator is Anne Chauvin</td>
</tr>
<tr>
<td>Erica Leonard</td>
<td>Clinton County Mental Health and Addiction Services, 130 Arizona Avenue, Plattsburgh, NY 12901</td>
<td>518-565-4060</td>
<td><a href="mailto:Kelly.Hornby@clintoncountygov.com">Kelly.Hornby@clintoncountygov.com</a></td>
<td>All</td>
<td>All</td>
<td>Intake Coordinator is Anne Chauvin</td>
</tr>
</tbody>
</table>

Note: Allsun Ozyesil and Bethany Waite are listed as working in Clinton County but are also in Plattsburgh, NY. Kelly Hornby is also listed as working at the Intake Coordinator's office in Plattsburgh.
Psychiatry Consultation
Please contact Dr. Marlene Maron* (above) if you need help reaching any of these providers.

Jeremiah Dickerson, MD
Child and Family-Based Psychiatry
UVM Medical Center
Burlington, VT
Phone: 802-847-4563
Email: jeremiah.dickerson@uvmhealth.org
Ages: up to age 18
Note: Specifically state that this is a consultation regarding a transgender patient and ask to leave a message for Dr. Dickerson.

Evan Eyler, MD
Psychiatry
UVM Medical Center
Burlington, VT
Phone: (802) 847-4727
Note: Experienced in working with individuals with gender dysphoria. Prefers to serve as a consulting clinician for individuals already connected with another therapist or psychiatrist and provide expertise and assistance with diagnosis and treatment of gender dysphoria.

Harris Strokoff, MD
Adult and Child Psychiatry
Community Health Center Burlington
617 Riverside Ave
Burlington, VT 05401
Phone: 802-864-6309
Note: Services only able to those who receive primary care through Community Health Center.